

# Rural and Urban Differences in Suicide

October 22, 2025  
12 pm – 1 pm EST  
Zoom Webinar

## Psychiatry Grand Rounds



### Speaker:

**Qian Huang**, PhD, MA, MPA  
Research Assistant Professor  
East Tennessee State University

## Continuing Education Information

Advanced Practice Providers

Nurses

Community Health Workers

Physicians

Social Workers

**All Participants who attend the entire session and complete the evaluation form will receive a certificate for 1.0 contact hours. This will allow physicians to self-claim credit for this program.**

Michigan State University College of Nursing is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

The Michigan Center for Rural Health is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC-0070

The Michigan Center for Rural Health is an approved provider with the Michigan Community Health Worker Association.

### Objectives:

- Summarize suicide rate trends (2018–2021), noting rural vs. urban differences by age, sex, race/ethnicity, and region.
- Identify factors driving higher rural suicide rates—like limited care access, stigma, and economic challenges—and compare with urban areas.
- Review rural-focused suicide prevention strategies and relate them to participants' professional or community settings.

### Learning Outcome:

At the end of this session, participants will be able to explain how geography, demographics, and social factors affect suicide rates, and identify one evidence-based rural intervention.



Questions? Contact Renee Calkins



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