

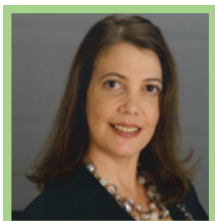
The Transformative Power of Teaching Kitchens to Address Nutrition Security & Population Health.

October 30, 2025

12 pm – 1 pm EST

Zoom Webinar

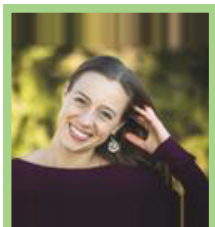
Dietetics Grand Rounds



SPEAKERS:

Paula Martin, MS, RDN, LDN

Community Nutrition Specialist,
Groundwork Center for
Resilient Communities



Kelly Wilson, RDN, DipACLM

Lifestyle and Culinary Medicine Program
Coordinator,
Trinity Health

Objectives:

- Define and describe teaching kitchens and culinary medicine using current research on their effectiveness to address population health.
- Compare two Teaching Kitchen operations and programs in Michigan.
- Connect and evaluate future uses of teaching kitchens to address local food access, nutrition security and improvements in population health.

Learning Outcome:

At the end of this session, participants will be able to define Teaching Kitchens and culinary medicine, and explain how hands-on cooking can improve diet-related diseases, food access, and health outcomes.

Continuing Education Information

Physicians

Community Health Workers

Social Workers

Nurses

Nutritionists

Advanced Practice Providers

Dietitians

All Participants who attend the entire session and complete the evaluation form will receive a certificate for 1.0 contact hours. This will allow physicians to self-claim credit for this program.

Michigan State University College of Nursing is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

The Michigan Center for Rural Health is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC-0070

Michigan Center for Rural Health has applied for CEUs with the Commission on Dietetic Registration.

The Michigan Center for Rural Health is an approved provider with the Michigan Community Health Worker Association.



Questions? Contact Renee Calkins



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College of Nursing
MICHIGAN STATE UNIVERSITY

