

Letter Template – Diabetes & High Blood Pressure

Subject: A simple test to check your kidney health

Dear [Patient Name],

We hope you are doing well. As part of your routine care, our records show you may be due for a kidney health check.

Because you have diabetes and/or high blood pressure, regular kidney testing is an important part of staying healthy.

Kidney disease often has no early warning signs, so testing helps detect problems early — when they are easiest to manage.

What tests are recommended?

Your provider may recommend two simple tests:

- Blood test (eGFR) – Shows how well your kidneys are working
- Urine test (uACR) – Checks for protein (albumin) in your urine

These tests are quick, safe, and may already be included with your routine lab work.

Why is this important?

Diabetes and high blood pressure are the leading causes of kidney disease.

Early testing can help:

- ✓ Protect your kidney function
 - ✓ Detect changes before symptoms occur
 - ✓ Guide treatment and medication decisions
 - ✓ Reduce the risk of complications
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What should you do next?

Please contact us to schedule your lab testing:

 Phone: [Clinic Phone Number]

 Online: [Scheduling Link]

 Location: [Lab / Clinic Information]

If you have completed kidney testing recently, thank you — no further action may be needed.

If you have questions about these tests, we are happy to help.

Sincerely,

[Provider / Clinic Name]

[Clinic Contact Information]

Short Version –

Subject: You may be due for a kidney health test

Dear **[Patient Name]**,

Because you have **diabetes and/or high blood pressure**, regular kidney testing is recommended.

Kidney disease often has no early symptoms. Testing helps detect concerns early.

Recommended tests:

- Blood test (eGFR)
- Urine test (uACR)

If you have completed kidney testing recently, thank you — no further action may be needed.

Please contact **[Clinic Name]** at **[Phone Number]** or visit **[Link]** to schedule.

Thank you,

[Clinic Name]