TRANSITION OF CARE FROM HOSPITAL TO HOME

DISCHARGE PLANNING CHECKLIST

Dear Patient,

You and your family members play a crucial role in our discharge planning team. Throughout your stay, our team will work with you to plan and prepare so that you are comfortable in managing your health when you leave. Use this checklist as a guide for yourself and your family members. It will help us to learn about your preferences after you leave the hospital and will ensure a smooth care transition, whether you'll be going to your home or to another health care setting. Check off or fill in each item as you discuss it with your health care team (hospitalists, nurses, social worker, therapists, etc.).

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|  | If the answer is **no** to the question below, ask to see the Social Worker. | Notes and Contact Information |
| What do I need to have at home to be able to take care of myself? What do I need? |  |  |
|  | If the answer is **yes** to the questions below, ask to see the Social Worker. | Notes and Contact Information |
| Do I need any medical equipment (walker)?  Do I need help with:   1. Grocery shopping? 2. Meal preparation? 3. House cleaning? 4. Transportation? 5. Financial counseling? |  |  |
|  | Ask to see the Social Worker or nurse if you need assistance with any of the questions below. | Notes and Contact Information |
| Do I have an adequate support system? Who can I ask for help? |  |  |
| Do I understand my diagnosis? What symptoms should I be concerned about? |  |  |
| Do I understand my test results and my medications? |  |  |
| Do I need education about how to manage my health at home? |  |  |
| Who do I call if I have questions once I get home? |  | Nurses Station (906) 293-9219  Social Worker (906) 293-9223  Pharmacy (906) 293-9221  After Hours (906) 293-9219 |
| Does my family/caregiver have any questions or concerns? |  |  |
| Do I know how to get copies of my medical records? |  | Call the Health Information Management Department at (906) 293-9236 |