

# Circle of Support and Connection for Pregnant and Postpartum People

Health Policy Forum

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# Recipe for Isolation

- Location.
- Weather.
- Family and support networks.
- Role norms of new family members.

# Fostering Support & Connection

- Home Visiting Programs.
- Doula Initiative.
- 24/7 support/access.
  - 2-1-1.
  - Web-based information and linkages.
  - Pregnancy+
- Centering Pregnancy.
- MI Perinatal Quality Collaborative.
- Community Health Workers (CHWs).
- Other important support mechanisms.

# Thank you!



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