Making Connections: Supporting Student Mental Health

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Former School Social Worker (6 Buildings) Former Outpatient Therapist

Work Part-Time for TRAILS

Business Owner-Living S.L.O.W. LLC

- DHHS=31n/School Mental Health
- Misc contracts (Selfcare/SEL/Mental Health)

National Association of State Boards of Education

"Health and success in school are interrelated. Schools cannot achieve their primary mission of education if students and staff are not healthy and fit physically, mentally, and socially."

School Mental Health Funding History

- The State began with \$0 in the State School Aid budget for mental health services until Fiscal Year18-19
- In the years since, there is continued investments from the legislature
- A portion of these funds (line item 31n) go to Intermediate School Districts (ISDs) to hire or contract for direct service MH providers.

Fiscal Year	
FY18	\$0
FY19	\$31.3m
FY20	\$31.3m
FY21	\$45.8m
FY22	\$179.3m
FY23	\$290.04m
FY24	\$361m
FY25	\$134m

Providing Comprehensive & Integrated Mental Health Services in Michigan's Schools

Intensive Intensive School mental supports for a few School health professional Interventions children **Community Support** and community IEPs, behavior plans, providers progress monitoring Individual Interventions **Targeted** Targeted Interventions supports for Assessments, academic supports, some children individual and small group interventions Strategies for parents and teachers School mental health School-Based Prevention & Universal Interventions professionals Positive school climate and sense of belonging Universal for School emotional learning all children School-wide Positive Behavioral Supports Bullying prevention programs







TRAILS offers a multi-tiered system





Universal Education and Awareness:

A social and emotional learning curriculum for all students

Training for all staff



Early Intervention:

Services for students with mental health concerns

Training for **school mental health professionals**



Crisis Intervention:

Support for **students in crisis**

Training for **select school professionals**

Contact me:

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