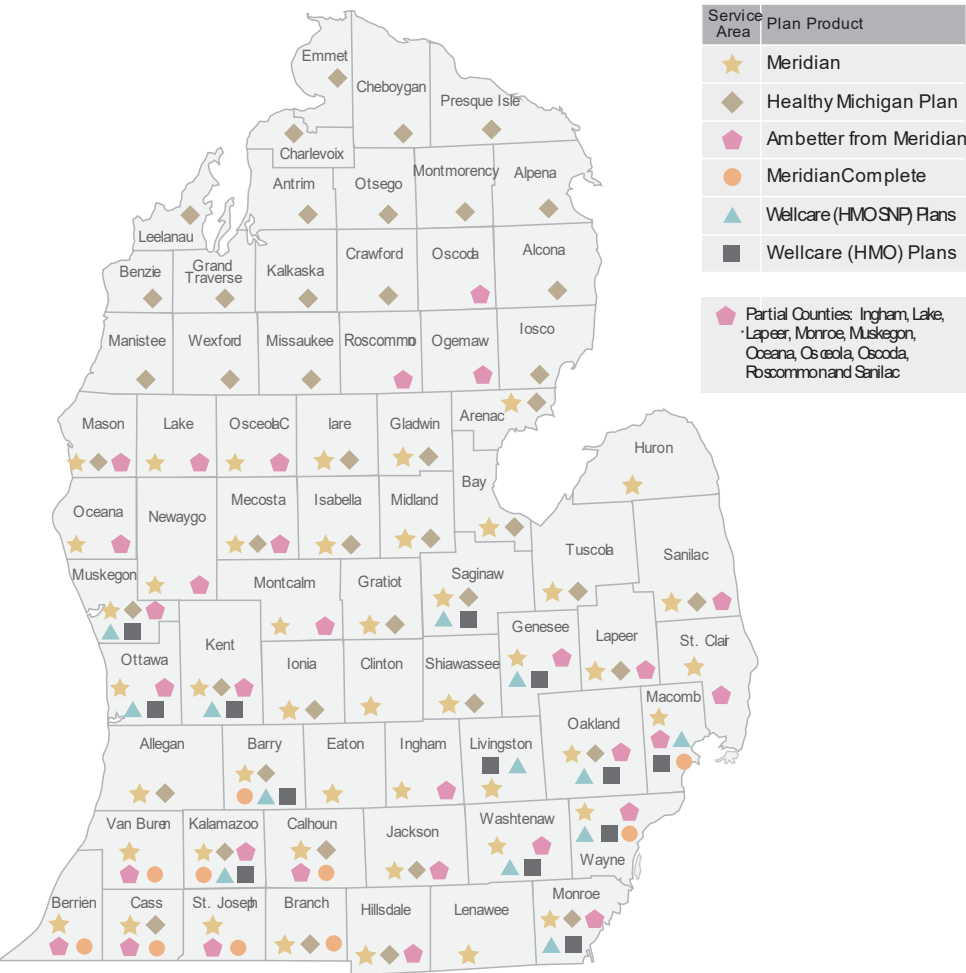


Meridian at a Glance

538+ thousand managed care members



We are passionate **leaders, achievers, and innovators** dedicated to making a difference in the lives of our **members**, our **providers** and in the healthcare industry

1,900+ employees

4 brands
68 counties
largest Medicaid plan in MI

394K Meridian
Medicaid members

30K Wellcare
Medicare members

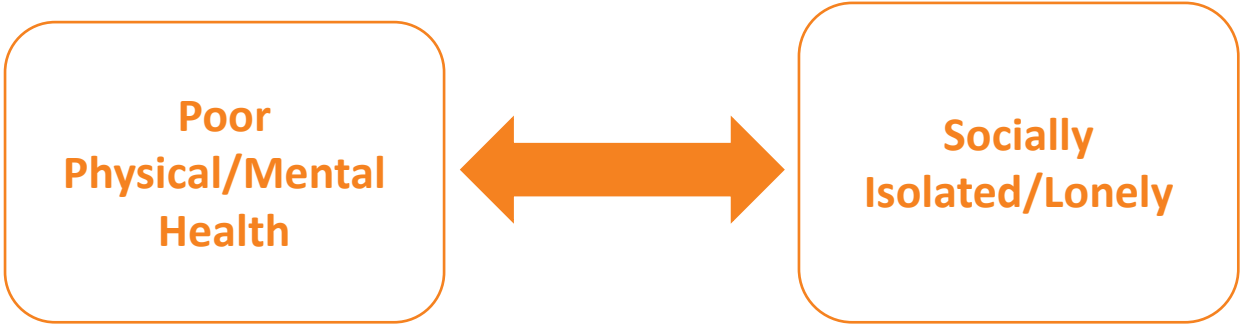
109K Ambetter from
Meridian
Marketplace members

5.4K MeridianComplete
Medicare-Medicaid members



Why should we address social isolation and loneliness?

3 of the top **10** chronic conditions for Meridian Medicaid adults are mental health related: anxiety, depression, and serious mental illness



Adults who are lonely or socially isolated tend to be less healthy and have increased rates of:		
Heart Disease	Weakened Immune Systems	Length of Hospital Stays
Depression/Anxiety	Type 2 Diabetes	Hospital Readmissions
Cognitive Decline	Stroke	Premature Death

Increased physical and mental health needs  increased healthcare \$

Pyx Health

Pyx Health is tool designed to provide companionship delivered through a mobile app – offering friendly chat bot services or human telephonic connection.

Pyxir is available 24/7 and check-ins are based on tailored profiles, which are built through screening tools including:

- UCLA Loneliness Screening
- CMS Health-Related Social Needs Screening tool
- SDOH Mini Screen

Pyx users, from our Arizona Medicaid plan, resulted in members reporting:

- 45% reduction in loneliness
- 42% reduction in depression

And a reduction in ED visits and inpatient stays based on claims data.



Pyx Health[®]
Because no one gets better alone[™]

615 Members
Enrolled

54% of
members
scored as lonely

1,309 Pyxir
Conversations

1,281 Human
Connections

54% Indicate
SDOH need

2,177 Resource
Connections

Choose Tomorrow

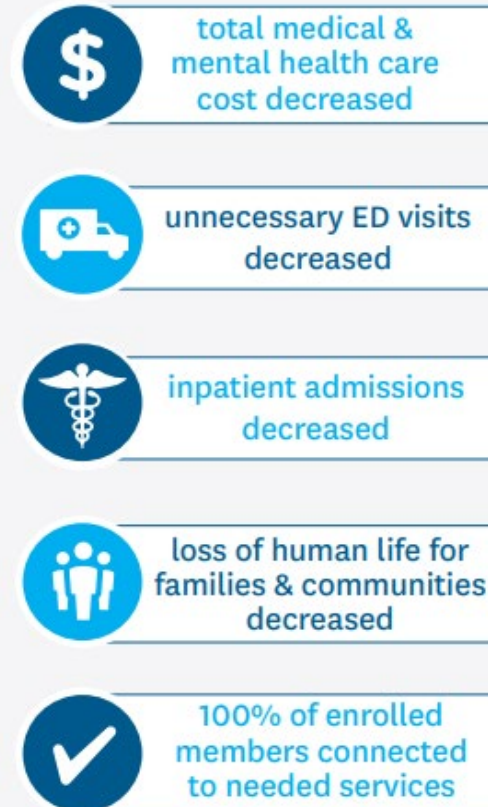
Suicide is one of the top 10 leading causes of death in the U.S., and the second-leading cause among 10-34 year olds.

In December of 2023, we partnered with Zero Suicide to implement the Choose Tomorrow program, an effort to **reduce the number of deaths by suicide to zero.**

Early intervention is key! Members who screen as at risk for suicidal ideations through predictive modeling, can be enrolled into the program.

A **person-centered safety plan** is developed that includes what to expect from treatment, placement on a high-risk pathway, and ongoing monitoring of appointments.

The Impact of Choose Tomorrow

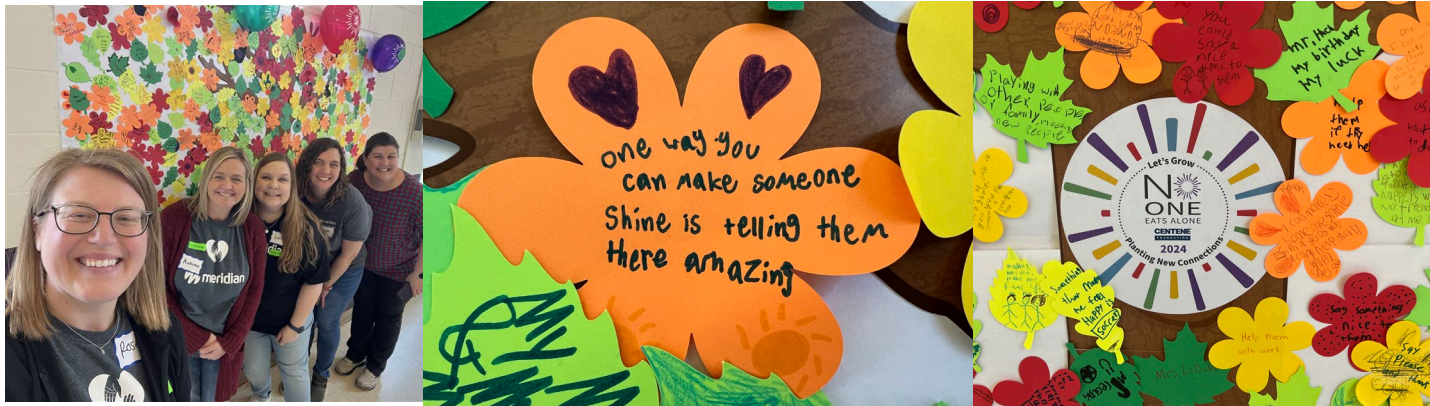


No One Eats Alone

Every year, Meridian partners with Beyond Differences to celebrate **No One Eats Alone Day**.

This initiative is designed to combat social isolation for middle school youth. Through guided group activities, students are encouraged to serve as student leaders and create a **culture of belonging** within their schools.

In 2024, Meridian staff facilitated four No One Eats Alone Day celebrations and **connected with over 400 students** through food, meaningful conversation, and a group art project.

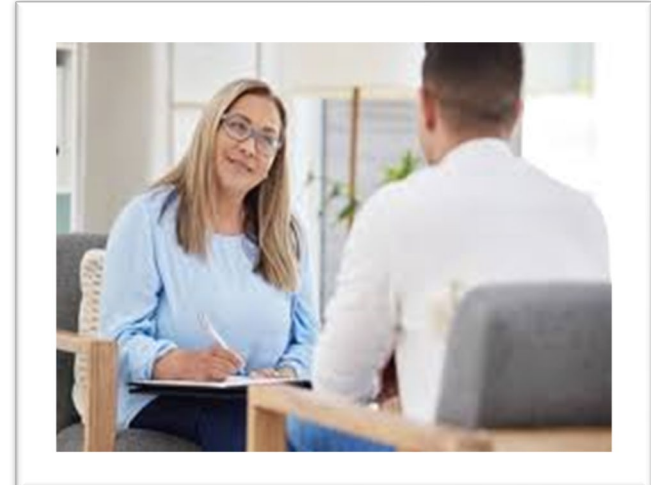
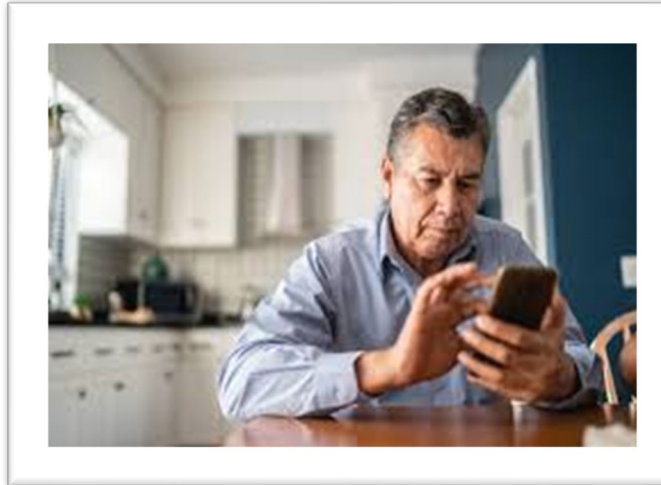
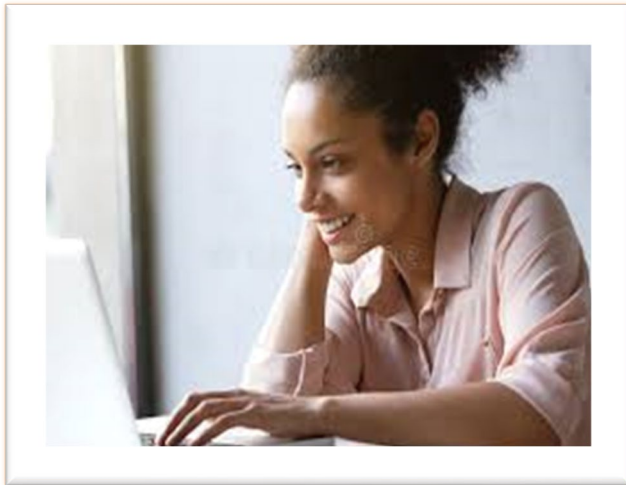


88%
of student
leaders reported
the program
made an impact
at school

Future Programs

Tailored approaches are key!

Resources and services need to be adaptable to the user's preference, to increase engagement and improve health outcomes.



Let's connect!

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