



Career Compatibility Checklist

Instructions:

For each career option you're considering, use this checklist to evaluate how well it aligns with your strengths, interests, and lifestyle preferences. Score each item on a scale from 1 (poor match) to 5 (excellent match), and add any comments in the space provided. Use your overall score to help compare different career options.

Career Name:

Industry/Field:

Brief Description:

Evaluation Criteria

1. Strength Alignment

- Does this career utilize your key strengths and talents?

Score (1-5):

Comments:

2. Interest & Passion Fit

- Does this career involve tasks and subjects that excite you?

Score (1-5):

Comments:

3. Skill Development

- Does the career require skills you already have or want to develop?

Score (1-5):

Comments:

4. Work Environment & Culture

- Do the typical work setting and culture match your preferred style (e.g., collaborative, independent, flexible, structured)?

Score (1-5):

Comments:

5. Educational/Training Requirements

- Are you willing and able to meet the necessary education or training demands?

Score (1-5):

Comments:

6. Growth and Stability

- Does the career offer opportunities for advancement and long-term stability?

Score (1-5):

Comments:

7. Additional Considerations

- Consider factors such as salary, benefits, location, and work-life balance.

Score (1-5):

Comments:

Overall Compatibility Score: / 35

Final Thoughts:

Write a brief summary of your overall impression of this career option and any next steps you plan to take in researching it further.

