



The State of Spartan Health 2026

Alcohol and Other Drugs

The data shows that most MSU students use alcohol and other legal substances responsibly. Still, it's important that students have accurate information about alcohol and other drugs in order to prevent high-risk use. High-risk use is often associated with many of the most serious trauma and disappointments students experience while in college.

Key Findings

31%

of MSU students either **have not had a drink** in the past 3 months or **have never had alcohol**.

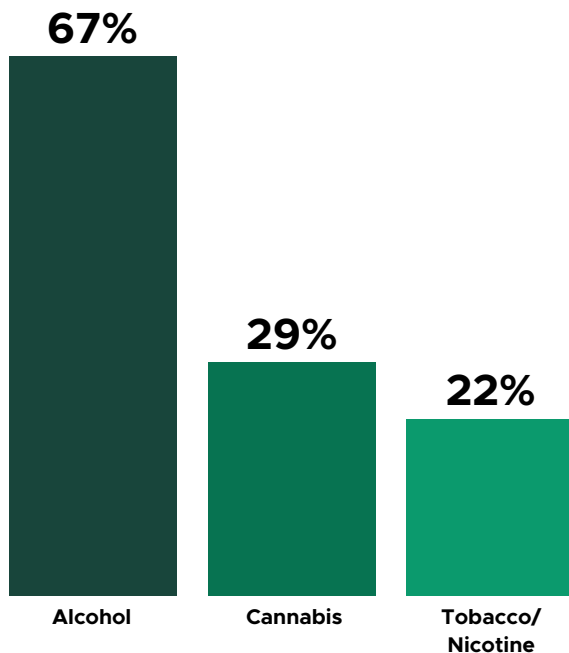
42%

of MSU students **have ever smoked cannabis**. 22% of these students reported smoking weekly or more in the past 3 months.

8%

of MSU students reported **smoking tobacco or nicotine products weekly or more** in the past 3 months.

Top 3 Substances by % of MSU Students Reporting Use at Least Once (Past 3 Months)



Other Considerations

- The percentage of students who reported doing something while drinking that they later regretted was 16% in 2026, down from 20% in 2024.
- 31% of students report ever smoking tobacco or nicotine products. 44% of these students report using vapes/e-cigs in the past 3 months, and 17% are daily users.

Learn More

Scan the QR code to find more data at our State of Spartan Health webpage.

