



The State of Spartan Health 2026

Gambling and Sports Betting

Since the Supreme Court's 2018 ruling that overturned the federal ban on sports gambling, sports betting and internet gambling have been legalized across many of the United States. As a contributor to financial stress, gambling can impact a student's success in college.

Key Findings

29%

of students have **participated in gambling or sports betting at least once** in the past year. 71% of these were male students.

5%

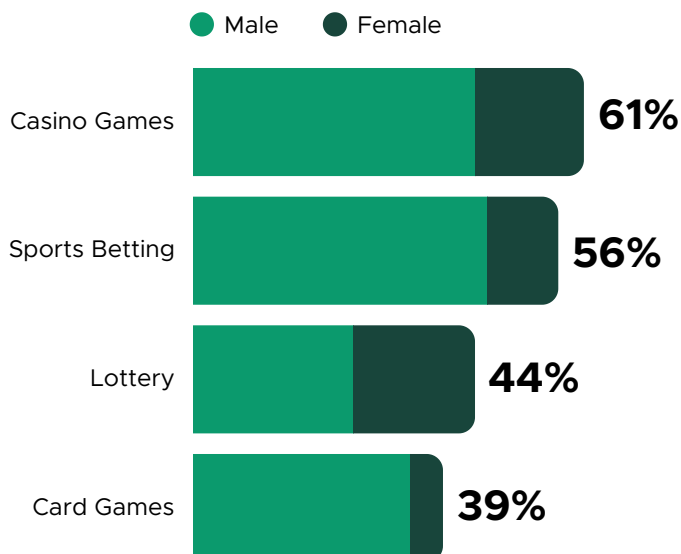
of students have **participated in gambling or sports betting once a week or more** in the past year.

8%

of the 29% of students who gambled reported that their gambling or sports betting activities caused problems in their daily life, school work, or work **some of the time or most of the time**.

- Of those who participated in sports betting, 14% experienced this issue.
- Of those who participated in casino games, 6% experienced this issue.

Top 4 Types of Gambling By % of Respondents Who Participated at Least Once (Last 12 Months)



Other Considerations

- Of the 29% of students who gambled, 23% reported they have ever tried to stop, cut down, or control their gambling or sports betting activities.
- MSU students who reported gambling daily were all male students.

Learn More

Scan the QR code to find more data at our State of Spartan Health webpage.

