



The State of Spartan Health 2026

Sexual Health

The decision to be sexually active is a personal one. This choice should reflect one's values, goals, relationships, and readiness. Healthy sexuality involves understanding potential benefits and risks, communicating openly and respectfully, and considering how sexual decisions may affect one's well-being and relationships.

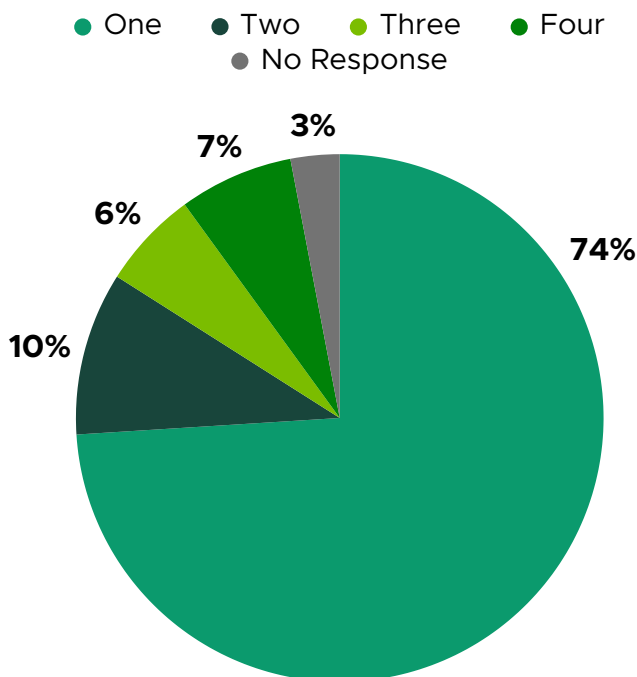
Key Findings

45% of students report **not having any type of intercourse** within the last year, or ever.

83% of students who had vaginal sex within the last 12 months **used a method to prevent pregnancy**.

14% of students reported **ever getting tested for HIV**.

Number of Sexual Partners (Oral, Vaginal, Anal Intercourse) Students Had in Past 12 Months



Other Considerations

- Of the students who used a method to prevent pregnancy after vaginal sex within the last 12 months, the top three pregnancy prevention methods were external condoms (54%), birth control pills (35%) and withdrawal (25%).

Learn More

Scan the QR code to find more data at our State of Spartan Health webpage.

