

Curriculum Vitae

Kendal Holtrop, PhD, LMFT

Michigan State University
Human Development and Family Studies
13G Human Ecology
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East Lansing, MI 48824
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Academic and Professional Positions

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| 2024- | Director, Couple and Family Therapy Doctoral Program, Department of Human Development and Family Studies, Michigan State University. |
| 2017- | Associate Professor, Human Development and Family Studies, Michigan State University. |
| 2021-2022 | Acting Director, Couple and Family Therapy Doctoral Program, Department of Human Development and Family Studies, Michigan State University. |
| 2011–2017 | Assistant Professor, Family and Child Sciences, Florida State University. |

Education

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| 2011 | Ph.D., Michigan State University, East Lansing, MI. Major: Human Development and Family Studies. <i>Specialization in Marriage and Family Therapy.</i> |
| 2008 | M.A., Michigan State University, East Lansing, MI. Major: Marriage and Family Therapy. |
| 2005 | B.S., Michigan State University. Major: Psychology. <i>High Honor.</i> |

Professional Credentials

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| 2015–present | American Association for Marriage and Family Therapy (AAMFT) Approved Supervisor. |
| 2012–present | License in Marriage and Family Therapy (LMFT), State of Michigan.
License Number: 4101006451 |

Honors and Awards

- 2022 Outstanding Research Publication Award, American Association for Marriage and Family Therapy Research and Education Foundation for “Investigating active ingredients of the GenerationPMTO intervention: Predictors of post-intervention change trajectories in parenting practices,” *Journal of Family Psychology* (with co-authors Jared Durtschi and Marion Forgatch)
- 2020 Honorable Mention, *Journal of Marital and Family Therapy* Best Article of 2019 Award for “Strengthening clinical research in marriage and family therapy: Challenges and multilevel solutions” (with co-authors Andrea Wittenborn, Adrian Blow, and J. Rubén Parra-Cardona)
- 2019 Selected as one of Top 24 Most Influential Articles in Family Therapy (1980-2019) for “Culturally adapting an evidence-based parenting intervention for Latino immigrants: The need to integrate fidelity and cultural relevance” (with co-authors Parra-Cardona et al.)
- 2018 Honorable Mention, *Journal of Marital and Family Therapy* Best Article of 2017 Award for “Dissemination and implementation research in marriage and family therapy: An introduction and call to the field” (with co-authors Mathew Withers, Jamila Reynolds, and Kayla Reed)
- 2016 Selected for NIH Early Career Reviewer Program, National Institutes of Health
- 2016 Cutting Edge Research Award, American Association for Marriage and Family Therapy Annual Conference for research discussion “Predicting intervention response in formerly homeless families” (with co-authors Timothy Piehler, Abigail Gewirtz, and Gerald August)
- 2016 Honorable Mention, *Journal of Marital and Family Therapy* Best Article of 2015 Award for “‘It’s a struggle but I can do it. I’m doing it for me and my kids’: The psychosocial characteristics and life experiences of at-risk homeless parents residing in transitional housing” (with co-authors Sharde’ McNeil and Lenore McWey)
- 2015 2015-2016 Child Intervention, Prevention, and Services (CHIPS) Fellowship, Funded by the National Institute for Mental Health
- 2012 New Writers Fellowship, Family Process Institute
- 2011 Jean Davis Schlater Dissertation Fellowship Award, Department of Human Development and Family Studies, Michigan State University
- 2011 NCFR Honors Student Recognition, National Council on Family Relations
- 2011 Research Enhancement Award, The Graduate School & Department of Human Development and Family Studies, Michigan State University

2010	2010 Family Therapy Section Student Paper Award, National Council on Family Relations for “Examining evidence-based intervention development research in MFT” (with co-author J. Rubén Parra-Cardona)
2010	Dean's Office Research Enrichment Fellowship, College of Social Science, Michigan State University
2007	2007 Family Therapy Section Student Poster Award, National Council on Family Relations for “Adapting preventive interventions for the next generation of Latino parents” (with co-authors J. Rubén Parra-Cardona and David Cordova)
2007	Paolucci Scholarship, Department of Family and Child Ecology, Michigan State University
2006	Research Enhancement Award, The Graduate School & Department of Family and Child Ecology, Michigan State University

RESEARCH

Program of Research

Many families across the United States and around the world continue to experience notable disparities in mental health conditions and access to evidence-based interventions. My program of research is addressing this problem by expanding the reach of evidence-based parenting interventions, particularly among underserved populations. This includes: a) elucidating how parenting interventions achieve positive change, and b) investigating the adaptation and implementation of parenting interventions in community settings.

Funded Research

Grants and Contracts Funded

Department of Health and Human Services (DHHS/SAMHSA)

via Michigan Department of Health and Human Services

2024-2025

MA-2024-38-6005984-PMTOQM-MS

MA-2025-38-6005984-PMTOQM-MS

Principal Investigator: **Holtrop**

PMTO Quality Monitoring and Improvement

Total Funding: \$31,755

Michigan Health Endowment Fund

2018-2021

R-1712-142490

Principal Investigator: **Holtrop**

An Online Parenting Intervention Program to Support Michigan Families

Total Funding: \$99,954

National Institutes of Health (NIH/NICHD) 2018-2020

R03HD091640

Principal Investigator: **Holtrop**

Determining Functional Components of an Evidence-Based Parenting Intervention

Total Funding: \$153,111

Trifecta Initiative, Michigan State University 2017-2018

Co-Investigator: **Holtrop**

*A Targeted Social Media-Based Intervention for Young Mothers: Improving Child Outcomes by
Developing Artificial Intelligence and Intervention to Support Adolescent Mothers from
Lower SES Backgrounds*

Total Funding: \$5,000

Hampton Wray (PI)

Florida Institute for Child Welfare 2015-2016

Co-Investigator: **Holtrop**

Evidence-Based Parenting Intervention for Youth Aging Out of the Child Welfare System

Total Funding: \$60,000

Schelbe (PI)

Council on Research & Creativity, Florida State University 2013-2014

Principal Investigator: **Holtrop**

Adapting a Brief Parenting Intervention for Homeless Families

Total Funding: \$13,000

Council on Research & Creativity, Florida State University 2012

Principal Investigator: **Holtrop**

*Exploring the Life Experiences and Parenting Needs of Homeless Families: A Collaborative
Needs Assessment to Improve Parenting Intervention Efforts*

Total Funding: \$17,000

Grants Awarded but Not Accepted

City of Lansing 2022-2023

Co-Investigator: **Holtrop**

*Empowering Marginalized Children and Families: Coping with Racism, Advancing Racial
Equity and Opportunity*

Funding Requested: \$67,439.71

Smith (PI)

* Grant was awarded based on scientific merit but not accepted due to the City of Lansing and MSU not reaching agreement on the contract terms

Grants Under Review

National Institutes of Health (NIH/NIMH) Pending Review 2025-2028

Principal Investigator: **Holtrop**

Promoting Child Mental Health Equity Through Cultural Coaching Groups: The Development and Testing of a Cultural Adaptation Model Compatible with The Public Mental Health System
Total Requested: \$695,909

Grants Not Awarded

National Institutes of Health (NIH) (Submitted Feb 2023) 2023-2028
Principal Investigator (Multi-PI): **Holtrop**
Prevention Addressing Social Determinants of Poverty and Discrimination Among African Americans: Mental Health and Opioid Effects
Funding Requested: \$6,882,286.91
Smith (Multi-PI)
Scored: Impact Score of 44

National Institutes of Health (NIH) (Submitted May 2022) 2023-2028
Principal Investigator (Multi-PI): **Holtrop**
Lifting the Hands that Rock the Cradle: Empowering Parenting Approaches to Address Work, Discrimination, and Substance Use
Funding Requested: \$6,175,817.79
Smith (Multi-PI)
Scored: 28th Percentile

USDA/NIFA (Submitted Feb 2022) 2022-2027
Co-Investigator: **Holtrop**
Michigan State University Extension (MSUE) Sustainable Communities Project
Funding Requested: \$640,000
Zoromski (PD)

National Institutes of Health (NIH) (Submitted May 2021) 2021-2026
Co-Investigator: **Holtrop**
Lifting the Hands that Rock the Cradle: Decreasing Racial Ethnic Disparities and Promoting Parental and Child Well-Being
Funding Requested: \$10,623,983.76
Smith (PI)

Publications (*Denotes graduate student co-author)

Peer-Reviewed Publications

40. Smith, E. P., Bibbs, S. E.*, Johnson, D. J., Dwanyen, L., **Holtrop, K.**, & Gipson-Tansil, L. (under review). *Out of the Mouths of Babes: Black Children's Experiences of Emotion-focused Racial-ethnic socialization, coping, and Anti-racist resistance.*
39. Dwanyen, L., **Holtrop, K.**, Johnson, D., Stepter, A., & Smith, E. (under review). *A Phenomenological Study of Socioeconomic Socialization Practices in Black Families: Contextualizing "The Hustle."*

38. Young, D. L.*, Edwards, C.*, Pratt, F.*, Hickman, T.*, Titus, M.*, Hathaway, S., Gray, L. J., & **Holtrop, K.** (in press). Lessons learned from a DEI evaluation initiative in a mental health services context using an academic-community partnership. *Psychiatric Services*.
37. Yzaguirre, M., Miller, D. L., Padilla Flores, D., & **Holtrop, K.** (2025). Building the next generation of researchers: An “EPIC” student mentoring process. *International Journal of Mentoring and Coaching in Education*. Advance online publication. <https://doi.org/10.1108/IJMCE-02-2024-0019>
36. **Holtrop, K.**, Piehler, T. F., & Gray, L. J. (2025). Telehealth delivery of GenerationPMTO in the public mental health system: A pragmatic, non-inferiority study. *Journal of Marital and Family Therapy*, 51(1), e12751. <https://doi.org/10.1111/jmft.12751>
35. Yzaguirre, M. M., & **Holtrop, K.** (2025). Naming and navigating matters: Family therapists’ perspectives facilitating ethnic-racial socialization conversations with Latino parents. *Journal of Marital and Family Therapy*, 51(1), e12755. <https://doi.org/10.1111/jmft.12755>
34. **Holtrop, K.**, Piehler, T. F., Miller, D., Young, D.*, Tseng, T.-F., & Gray, L. J. (2024). The effectiveness of GenerationPMTO during sustained implementation in the public mental health system. *Behavior Therapy*, 55(2), 248-262. <https://doi.org/10.1016/j.beth.2023.06.004>
33. Casaburo, G. M.*, Asiimwe, R.*, Yzaguirre, M. M.*, Fang, M.*, & **Holtrop, K.** (2023). Identifying beneficial training elements: Clinician perceptions of learning the evidence-based GenerationPMTO intervention. *Journal of Child and Family Studies*, 32, 2331–2346. <https://doi.org/10.1007/s10826-023-02600-5>
32. **Holtrop, K.**, Casaburo, G.*, Hickman, T.*, Yzaguirre, M. M.*, & Young, D.* (2023). The acceptability and preliminary effectiveness of a brief, online parenting program: Expanding access to evidence-based parenting intervention content. *Family Process*, 62(4), 1506-1523. <http://doi.org/10.1111/famp.12883>
31. Casaburo, G. M.*, Yzaguirre, M.*, Subramaniam, S., & **Holtrop, K.** (2023). A systematic review of Family Stress Theory in mental health research (2010-2020). *Families in Society*, 104(4), 557-569. <https://doi.org/10.1177/10443894231152511>
30. Wittenborn, A. K., & **Holtrop, K.** (2022). Introduction to the special issue on the efficacy and effectiveness of couple and family interventions: Evidence base update 2010-2019. *Journal of Marital and Family Therapy*, 48(1), 5-22. <https://doi.org/10.1111/jmft.12576>
* Recognized as a top cited article in *Journal of Marital and Family Therapy* 2021-2022
29. Dwanyen, L., **Holtrop, K.**, & Parra-Cardona, J. R. (2022). Reducing mental health disparities among racially and ethnically diverse populations: A review of couple and

family intervention research methods (2010-2019). *Journal of Marital and Family Therapy*, 48(1), 346-365. <https://doi.org/10.1111/jmft.12573>

* Recognized as a top cited article in *Journal of Marital and Family Therapy* 2021-2022

28. **Holtrop, K.**, Durtschi, J. A., & Forgatch, M. S. (2021). Investigating active ingredients of the GenerationPMTO intervention: Predictors of post-intervention change trajectories in parenting practices. *Journal of Family Psychology*, 36(2), 212-224. <http://dx.doi.org/10.1037/fam0000925>

‡ Outstanding Research Publication Award 2022, American Association for Marriage and Family Therapy Research and Education Foundation

27. **Holtrop, K.**, Miller, D. L.*, Durtschi, J. A., & Forgatch, M. S. (2021). Development and evaluation of a component level implementation fidelity rating system for the GenerationPMTO intervention. *Prevention Science*, 22(3), 288-298. <https://doi.org/10.1007/s11121-020-01177-5>

26. Wolford, S. N.*, & **Holtrop, K.** (2020). Examining the emotional experience of mothers completing an evidence-based parenting intervention: A grounded theory analysis. *Family Process*, 59(2), 445-459. <https://doi.org/10.1111/famp.12441>

25. Wittenborn, A. K., Blow, A. J., **Holtrop, K.**, & Parra-Cardona, J. R. (2019). Strengthening clinical research in marriage and family therapy: Challenges and multilevel solutions. *Journal of Marital and Family Therapy*, 45(1), 20-32. <https://doi.org/10.1111/jmft.12338>

‡ Honorable mention, *Journal of Marital and Family Therapy* Best Article of 2019 Award

24. **Holtrop, K.**, & Holcomb, J. E.* (2018). Adapting and pilot testing a parenting intervention for homeless families in transitional housing. *Family Process*, 57(4), 884-900. <https://doi.org/10.1111/famp.12341>

23. **Holtrop, K.**, Canto, A. I., Schelbe, L., McWey, L. M., Radey, M., & Montgomery, J. E.* (2018). Adapting a parenting intervention for parents aging out of the child welfare system: A systematic approach to expand the reach of an evidence-based intervention. *American Journal of Orthopsychiatry*, 88(3), 386-398. <https://doi.org/10.1037/ort0000308>

22. Schelbe, L., Radey, M., **Holtrop, K.**, Canto, A. I., & McWey, L. M. (2018). Recruitment and retention in a parenting intervention: A case study with parents aging out of the child welfare system. *Journal of Social Service Research*, 44(4), 557-568. <https://doi.org/10.1080/01488376.2018.1477701>

21. ‡ **Holtrop, K.**, Piehler, T. F., Gewirtz, A. H., & August, G. J. (2017). Observed parenting in families exposed to homelessness: Child and parent characteristics as predictors of response to the Early Risers intervention. *SpringBriefs in Psychology: Advances in Child and Family Policy and Practice*, 1, 27-48. https://doi.org/10.1007/978-3-319-50886-3_3

‡ Peer reviewed, original research published in a bound volume

20. **Holtrop, K.**, Scott, J. C.*, Parra-Cardona, J. R., McNeil Smith, S.*, Schmittel, E., & Larance, L. Y. (2017). Exploring factors that contribute to positive change in a diverse, group-based male batterer intervention program: Using qualitative data to inform implementation and adaptation efforts. *Journal of Interpersonal Violence*, 32(8), 1267-1290. <https://doi.org/10.1177%2F0886260515588535>
19. Withers, M. C.*, Reynolds, J. E.*, Reed, K.*, & **Holtrop, K.** (2017). Dissemination and implementation research in marriage and family therapy: An introduction and call to the field. *Journal of Marital and Family Therapy*, 43(2), 183-197. <https://doi.org/10.1111/jmft.12196>
‡ Honorable mention, *Journal of Marital and Family Therapy* Best Article of 2017 Award
18. Radey, M., Schelbe, L., McWey, L., & **Holtrop, K.** (2017). Me, myself, and I: Perceptions of social capital for mothers aging out of the child welfare system. *Child and Family Social Work*, 22(2), 981-991. <https://doi.org/10.1111/cfs.12318>
17. Radey, M., Schelbe, L., McWey, L. M., **Holtrop, K.**, & Canto, A. (2016). "It's really overwhelming": Perspectives of parents and services providers about experiences leaving care as parents. *Children and Youth Services Review*, 67, 1-10. <https://doi.org/10.1016/j.childyouth.2016.05.013>
16. **Holtrop, K.**, Chaviano, C. L.*, Scott, J. C.*, & McNeil Smith, S.* (2015). Identifying relevant components to include in a parenting intervention for homeless families in transitional housing: Using parent input to inform adaptation efforts. *American Journal of Orthopsychiatry*, 85(6), 600-611. <https://doi.org/10.1037/ort0000111>
15. **Holtrop, K.**, McNeil Smith, S.*, & Scott, J.* (2015). Associations between positive parenting practices and child externalizing behavior in underserved Latino immigrant families. *Family Process*, 54(2), 359-375. <https://doi.org/10.1111/famp.12105>
14. **Holtrop, K.**, McNeil, S.*, & McWey, L. M. (2015). "It's a struggle but I can do it. I'm doing it for me and my kids": The psychosocial characteristics and life experiences of at-risk homeless parents residing in transitional housing. *Journal of Marital and Family Therapy*, 41(2), 177-191. <https://doi.org/10.1111/jmft.12050>
‡ Honorable mention, *Journal of Marital and Family Therapy* Best Article of 2015 Award
13. McNeil Smith, S.*, **Holtrop, K.**, & Reynolds, J.* (2015). Do positive parenting practices moderate parental mental health and child behavior among homeless families? *Family Relations*, 64(5), 606-620. <https://doi.org/10.1111/fare.12166>
12. McWey, L. M., Cui, M., & **Holtrop, K.** (2015). Caregiver-adolescent dyadic disagreement and problem behaviors of adolescents in the child welfare system. *Journal of Research on Adolescence*, 25(1), 44-50. <https://doi.org/10.1111/jora.12105>
11. McWey, L. M., **Holtrop, K.**, Stevenson Wojciak, A.*, & Claridge, A. M.* (2015). Retention in a parenting intervention among parents involved with the child welfare system.

Journal of Child and Family Studies, 24(4), 1073-1087. <https://doi.org/10.1007/s10826-014-9916-5>

10. Córdova, D., Ciofu, A., Park, K., Parra-Cardona, J. R., **Holtrop, K.**, & Cervantes, R. (2014). The role of intrapersonal and ecodevelopmental factors in the lives of Latino alternative high school youth. *Journal of Ethnic and Cultural Diversity in Social Work*, 23(2), 148-167. <https://doi.org/10.1080/15313204.2013.809510>
9. **Holtrop, K.**, Parra-Cardona, J. R., & Forgatch, M. S. (2014). Examining the process of change in an evidence-based parent training intervention: A qualitative study grounded in the experiences of participants. *Prevention Science*, 15(5), 745-756. <https://doi.org/10.1007/s11121-013-0401-y>
8. Seedall, R. B., **Holtrop, K.**, & Parra-Cardona, J. R. (2014). Diversity, social justice, and intersectionality trends in C/MFT: A content analysis of three family therapy journals, 2004-2011. *Journal of Marital and Family Therapy*, 40(2), 139-151. <https://doi.org/10.1111/jmft.12015>
7. Parra-Cardona, J. R., Escobar-Chew, A. R., **Holtrop, K.**, Carpenter, G., Guzmán, R., Hernandez, D., Zamudio, E., & González Ramírez, D. (2013). "En el grupo tomas conciencia (In group you become aware)": Latino immigrants' satisfaction with a culturally informed intervention for men who batter. *Violence Against Women*, 19(1), 107-132. <https://doi.org/10.1177%2F1077801212475338>
6. Blow, A., MacInnes, M. D., Hamel, J., Ames, B., Onaga, E., **Holtrop, K.**, Gorman, L., & Smith, S. (2012). National Guard service members returning home after deployment: The case for increased community support. *Administration and Policy in Mental Health and Mental Health Services Research*, 39(5), 383-393. <https://doi.org/10.1007/s10488-011-0356-x>
5. Parra-Cardona, J. R., Domenech Rodríguez, M., Forgatch, M., Sullivan, C., Bybee, D., **Holtrop, K.**, Escobar-Chew, A. R., Tams, L., Dates, B., & Bernal, G. (2012). Culturally adapting an evidence-based parenting intervention for Latino immigrants: The need to integrate fidelity and cultural relevance. *Family Process*, 51(1), 56-72. <https://doi.org/10.1111/j.1545-5300.2012.01386.x>
‡ Selected as one of Top 24 Most Influential Articles in Family Therapy (1980-2019)
4. Ames, B., Smith, S., **Holtrop, K.**, Blow, A., Hamel, J., MacInnes, M., & Onaga, E. (2011). Meeting the needs of National Guard families: The vital role of Extension. *Journal of Extension*, 49(5), Article 5FEA7. https://www.joe.org/joe/2011october/pdf/JOE_v49_5a7.pdf
3. Parra-Cardona, J. R., **Holtrop, K.**, Córdova, D., Escobar-Chew, A. R., Tams, L., Horsford, S., Villarruel, F. A., Villalobos, G., Dates, B., Anthony, J. C., & Fitzgerald, H. E. (2009). "Queremos aprender": Latino immigrants' call to integrate cultural adaptation with best

practice knowledge in a parenting intervention. *Family Process*, 48(2), 211-231.
<https://doi.org/10.1111/j.1545-5300.2009.01278.x>

2. Parra-Cardona, J. R., Córdova, D., **Holtrop, K.**, Villarruel, F. A., & Wieling, E. (2008). Shared ancestry, evolving stories: Similar and contrasting life experiences described by foreign born and U.S. born Latino parents. *Family Process*, 47(2), 157-172.
<https://doi.org/10.1111/j.1545-5300.2008.00246.x>
1. Parra-Cardona, J. R., **Holtrop, K.**, & Córdova, D. (2005). "We are clinicians committed to cultural diversity and social justice": Good intentions that can wane over time. *Guidance & Counselling*, 21(1), 36-46. <http://www.utpress.utoronto.ca/GCentre/07784guidco.html>

Book Chapters

Holtrop, K., Sigmarisdóttir, M., Rains, L. A., & Gewirtz, A. H. (in press). GenerationPMTO: An overview of the intervention and summary of recent research and implementation efforts. In T. Del Vecchio & M. Terjesen (Eds.), *Handbook of Behavioral Parent Training*. American Psychological Association.

Holtrop, K., Edwards, C.*, Huang, Y.*, & Dwanyen, L. (in press). Cultural adaptation research. In R. B. Miller, & L. N. Johnson (Eds.), *Advanced Methods in Family Therapy Research* (2nd Ed.). New York: Routledge.

Holtrop, K., Krauthamer Ewing, E. S., Topham, G. L., & Miller, D.* (2020). Prevention of parent-child relational problems: The role of parenting interventions. In K. Wampler (Ed.), *Handbook of Systemic Family Therapy* (Vol. 2; pp. 57-86). John Wiley & Sons.
<https://doi.org/10.1002/9781119788393.ch3>

Parra-Cardona, J. R., Whitehead, M., Escobar-Chew, A. R., **Holtrop, K.**, Lappan, S., Horsford, S., Domenech-Rodriguez, M., & Bernal, G. (2014). Cultural adaptation research: A critical opportunity for addressing mental health disparities in the couple and family therapy field. In R. B. Miller, & L. N. Johnson (Eds.), *Advanced methods in family therapy research: A focus on validity and change* (pp. 161-177). New York: Routledge.

Parra-Cardona, J. R., Córdova, D., **Holtrop, K.**, Escobar-Chew, A. R., & Horsford, S. (2009). Culturally informed emotionally focused therapy with Latino/a immigrant couples. In M. Rastogi, & V. Thomas (Eds.), *Multicultural couple therapy* (pp. 345-368). Thousand Oaks, CA.: Sage Publication, Inc.

Non-Refereed Reports

Schelbe, L., McWey, L., Radey, M., Canto, A., & **Holtrop, K.** (2015). *Parents aging out of the child welfare system* (Technical Report). Tallahassee, FL: Florida Institute for Child Welfare.

Burgess-Proctor, A., **Holtrop, K.**, & Villarruel, F. A. (2006). *Youth transferred to adult court: Racial disparities* (Policy brief: Adultification, Vol. 2). Washington, DC: Campaign 4 Youth Justice.

Other Publications

Wittenborn, A. A., & **Holtrop, K.** (2022, January/February). Evidence base update on the efficacy and effectiveness of couple and family interventions, 2010-2019. *Family Therapy Magazine*, 21(1), 6-10.

Wittenborn, A. K., Blow, A. J., **Holtrop, K.**, & Parra-Cardona, J. R. (2019, September/October). Strengthening clinical research in marriage and family therapy. *Family Therapy Magazine*, 18(5), 45-46.

Holtrop, K. (2019, May/June). Positive parenting interventions: An ongoing research project. *Family Therapy Magazine*, 18(3), 6-9.

Manuals

Holtrop, K., Miller, D. L., & Forgatch, M. S. (2019). *Component level implementation fidelity rating system (CLIFRS) manual*. East Lansing, MI: Authors.

Presentations (*Denotes graduate student; †Denotes undergraduate student)

Peer-Reviewed Conference Presentations

Holtrop, K., Piehler, T. F., & Gray, L. J. (2024, November). *Is it just as good over telehealth?: A pragmatic, non-inferiority study of GenerationPMTO in the public mental health system*. Paper presented at the 2024 Systemic Family Therapy Conference, Orlando, FL, United States.

Hickman, T.*, Huang, H.*, & **Holtrop, K.** (2024, November). *Don't let that confidence sway because it could help you stay: The role of parent self-efficacy in program engagement, retention, and completion*. Poster presented at the 2024 Systemic Family Therapy Conference, Orlando, FL, United States.

Yzaguirre, M., & **Holtrop, K.** (2023, November). *Translating ethnic-racial socialization to the therapeutic context when working with Latino parents*. Paper presented at the National Council on Family Relations annual conference, Orlando, FL, United States.

Huang, Y.*, Edwards, C.*, Dwanyen, L., & **Holtrop, K.** (2023, November). Cultural adaptation: A critical approach for couple and family intervention research. Paper presented at the National Council on Family Relations annual conference, Orlando, FL, United States.

Wittenborn, A., **Holtrop, K.**, Dwanyen, L., & Tseng, C.-F. (2023, September). *Engaging underrepresented populations in couple and family intervention research*.

Recommendations and considerations. Workshop presented at the Intervention Research in Systemic Family Therapy annual conference, Provo, UT, United States.

Holtrop, K. (2023, June). *Leveraging online programming to expand access to parenting interventions: An initial evaluation of acceptability and preliminary effectiveness.* Paper session at the 2023 International Congress on Evidence-Based Parenting Support, Virtual.

Holtrop, K. (2023, March). *Parenting practices to support caregivers and reduce coercive processes in families.* Paper session presented at the International Family Therapy Association 2023 World Family Therapy Congress, Málaga, Spain.

Edwards, C.*, Pratt, F.*, & **Holtrop, K.** (2023, March). *Community engaged research: Working together to enhance diversity, equity, and inclusion.* Poster presented at the International Family Therapy Association 2023 World Family Therapy Congress, Málaga, Spain.

Hickman, T.*, **Holtrop, K.**, Casaburo, G.*, Yzaguirre, M. M.*, & Young, D.* (2022, November). *Examining the acceptability and preliminary effectiveness of an online parenting program.* Paper presented at the National Council on Family Relations annual conference, Minneapolis, MN, United States.

Young, D.*, **Holtrop, K.**, Miller, D., Tseng, C.-F., & Gray, L. J. (2022, November). *Parents are their children's best teachers! Examining outcomes of the Parent Management Training-Oregon (PMTO) model in the real world.* Paper presented at the National Council on Family Relations annual conference, Minneapolis, MN, United States.

Miller, D. L., Casaburo, G.*, Yzaguirre, M.*, Asimwe, R.*, Bayardo, J., Gray, L., & **Holtrop, K.** (2022, October). *Advancing intervention reach through academic-community partner research strategies.* Workshop presented at the Intervention Research in Systemic Family Therapy annual conference, East Lansing, MI, United States.

Pratt, F.*, Young, D.*, Titus, M.*, Edwards, C.*, Hickman, T.*, Hathaway, S., & **Holtrop, K.** (2022, October). *Building and sustaining partnerships with community agencies: Working together to enhance diversity, equity, and inclusion in evidence-based programs.* Workshop presented at the Intervention Research in Systemic Family Therapy annual conference, East Lansing, MI, United States.

Yzaguirre, M. M*. & **Holtrop, K.** (2022, October). *Family therapists' lived experiences of discussing ethnic-racial socialization with Latino parents.* Poster presented at the Intervention Research in Systemic Family Therapy annual conference, East Lansing, MI, United States.

Miller, D.*, Blow, A., & **Holtrop, K.** (2021, November). *Core therapist skills supporting the implementation of evidence-based practices with severe emotionally disturbed children: A community engaged, mixed-method Delphi study.* Paper presented at the Systemic Family Therapy Conference 2021, Virtual.

- Holtrop, K.**, Krauthamer Ewing, E. S., Topham, G., & Miller, D.* (2021, November). Using parenting interventions to prevent parent-child relational problems and nurture supportive parenting. In Christi McGeorge & Richard Wampler (chairs), *Systemic Family Therapy: A Celebration of the Handbook*. Symposium presentation at the annual conference of the National Council on Family Relations, Virtual.
- Miller, D.*, **Holtrop, K.**, & Blow, A. (2021, November). Supporting family focused evidence-based practices for SED youth: Necessary skillsets and training methods. Paper presented at the annual conference of the National Council on Family Relations, Virtual.
- Yzaguirre, M.*, **Holtrop, K.**, & Parra-Cardona, J. R. (2021, November). Family profiles of stress among Latino immigrants and their link to parenting practices. Paper presented at the annual conference of the National Council on Family Relations, Virtual.
- Casaburo, G*., Yzaguirre, M.*, & **Holtrop, K.** (2021, November). *Investigating the clinical application of family stress theory: A systematic review of the literature*. Paper presented at the annual conference of the National Council on Family Relations, Virtual.
- Durtschi, J., **Holtrop, K.**, Gimarc, C.*, & Miller, D.* (2021, August). *Contextual factors linked with change in a parenting intervention*. Intervention Research in Systemic Family Therapy Annual Conference (AAMFT TIN), Virtual.
- Holtrop, K.** (2021, March – June). *Reaching families through online programs: Parents teaching parents evidence-based tools*. International Family Therapy Association 2021 World Family Therapy Congress, Virtual.
- Yzaguirre, M.*, **Holtrop, K.**, & Parra-Cardona, J. R. (2020, November). *Change in stress predicting Latino immigrant parent outcomes* [Conference session canceled due to COVID-19]. American Association for Marriage and Family Therapy Annual Conference, Orlando, FL, United States.
- Miller, D.L.*, **Holtrop, K.**, Casaburo, G.*, & Yzaguirre, M.* (2020, November). *More tools for the box: Strengthening parent-child relationships* [Conference session canceled due to COVID-19]. American Association for Marriage and Family Therapy Annual Conference, Orlando, FL, United States.
- Holtrop, K.** (2020, March). *Reaching families through online programs: Parents teaching parents evidence-based tools* [Conference session]. International Family Therapy Association 2020 World Family Therapy Congress, Basel, Switzerland. (Conference canceled due to COVID-19)
- Holtrop, K.**, Miller, D. L.*, Durtschi, J., & Forgatch, M. (2019, December). *Development of a component-specific measure of implementation process*. Poster presented at the 12th Annual Conference on the Science of Dissemination and Implementation, Washington, DC.

- Holtrop, K.**, Miller, D. L.*, Yzaguirre, M.*, Durtschi, J. A., & Forgatch, M. (2019, November). *A look inside the black box: Determining the functional components of an evidence-based parenting intervention*. Paper presented at the annual conference of the National Council on Family Relations, Fort Worth, TX.
- Miller, D. L.*, **Holtrop, K.**, Gray, L. J., & Pavangadkar, A. S. (2019, November). *Developing and testing an online parenting program: Expanding the reach of evidence-based parenting interventions*. Poster presented at the annual conference of the National Council on Family Relations, Fort Worth, TX.
- Holtrop, K.**, Miller, D.*, Yzaguirre, M.*, & Forgatch, M. (2019, August). *Measuring active intervention components in a parenting program*. Research discussion presented at the annual conference of the American Association for Marriage and Family Therapy, Austin, TX.
- Holtrop, K.** (2018, June). Using video data to determine effective components of an evidence-based parenting intervention. In Marion Forgatch (chair), *Innovative Research Designs in Parenting Intervention Science*. Symposium presentation at the meeting of the Society for Prevention Research, Washington, DC.
- Wolford, S. N.*, & **Holtrop, K.** (2017, November). *"It was me that they changed": Examining the emotional process of mothers in PMTO*. Paper presented at the annual conference of the National Council on Family Relations, Orlando, FL.
- Wolford, S. N.*, & **Holtrop, K.** (2017, October). *Examining the emotional process of mothers in PMTO*. Research discussion presented at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.
- Holtrop, K.** (2016, October). Adapting and implementing evidence-based parenting interventions with homeless families. In Mary Haskett (chair), *Parenting Interventions to Reduce Risk of Child Welfare Involvement Among Families Experiencing Homelessness*. Symposium presentation at the meeting of National Association for the Education of Homeless Children and Youth (NAEHYC), Orlando, FL.
- Holtrop, K.**, Piehler, T. F., Gewirtz, A. H., & August, G. J. (2016, September). *Predicting intervention response in formerly homeless families*. Research discussion presented at Annual Conference, American Association for Marriage and Family Therapy, Indianapolis, Indiana.
- ‡ Awarded "Cutting Edge Research" presentation
- Murray, K.*, Godfrey, K.*, Fitzgerald, M.*, & **Holtrop, K.** (2016, September). *Parenting factors and risky behavior in gifted college students*. Research discussion presented at annual conference of the American Association for Marriage and Family Therapy, Indianapolis, IN.
- Schelbe, L. A., **Holtrop, K.**, Canto, A., McWey, L. M., & Montgomery, J.* (2016, September). *Adapting an evidence-based parenting intervention for youth aging out of the child*

welfare system. Poster presented at the meeting of National Conference on Child Abuse and Neglect, Washington, DC.

Holtrop, K., & Reynolds, J. E.* (2015, November). *Adapting a parenting intervention for homeless families in transitional housing*. Roundtable presentation at Annual Conference, National Council on Family Relations, Vancouver, British Columbia, Canada.

Reynolds, J.*, & **Holtrop, K.** (2015, September). *Adapting and Testing a Parenting Program for the Homeless*. Poster presented at Annual Conference, American Association for Marriage and Family Therapy, Austin, TX.

Holtrop, K., & Reynolds, J. E.* (2015, May). *Adapting and pilot testing an evidence-based parenting intervention for homeless families*. Poster presented at The Annual Meeting, Society for Prevention Research, Washington, DC.

Holtrop, K., Smith, S.*, Scott, J.*, & Chaviano, C.* (2014, May). *Adapting an evidence-based parenting intervention for homeless families in transitional housing*. Poster presented at The Annual Meeting, Society for Prevention Research, Washington, DC.

Parra-Cardona, J. R., Bybee, D., **Holtrop, K.,** & Forgatch, M. (2014, May). *Culturally adapting an evidence-based parenting intervention for Latino immigrants: The need to integrate fidelity and cultural relevance*. Paper presented at The Annual Meeting, Society for Prevention Research, Washington, DC.

Smith, S.*, & **Holtrop, K.** (2013, November). *Using the experiences of homeless parents to inform parenting interventions*. Poster presented at The Annual Conference, National Council on Family Relations, San Antonio, Texas.

‡ **Family Therapy Section Outstanding Student Poster Award (Graduate student recipient)**

Smith, S.*, **Holtrop, K.,** & McWey, L. (2013, October). *The psychosocial experiences of homeless families with children*. Poster presented at The Annual Conference, American Association for Marriage and Family Therapy, Portland, Oregon.

Holtrop, K., & McWey, L. M. (2013, February). *Parenting needs of at-risk homeless families: Using research to inform intervention*. Paper presented at The World Family Therapy Congress, International Family Therapy Association, Orlando, FL.

McWey, L. M., & **Holtrop, K.** (2013, February). *Retention in a parenting intervention for parents involved with the child welfare system*. Paper presented at The World Family Therapy Congress, International Family Therapy Association, Orlando, FL.

Scott, J.*, Schmitt, E., McNeil, S.*, **Holtrop, K.,** Parra-Cardona, J. R., & Escobar-Chew, A. R. (2012, September). *Men's experiences in a batterer treatment intervention: Identifying potential contributors to a positive change process*. Poster presented at The Annual Conference, American Association for Marriage and Family Therapy, Charlotte, NC.

- Parra-Cardona, J. R., Whitehead, M., Escobar-Chew, A. R., **Holtrop, K.**, Carpenter, G., & Lappan, S. (2012, September). *Empowering Latinas through parenting and domestic violence interventions*. Workshop delivered at The Annual Conference of the American Association for Marriage and Family Therapy, Charlotte, NC. (National)
- Parra-Cardona, J. R., Sullivan, C., Bybee, D., Domenech-Rodríguez, M. M., Escobar-Chew, R., **Holtrop, K.**, Bernal, G., & Forgatch, M. (presented 2011, September). *Testing relevance and efficacy in a culturally adapted parenting program*. Paper presented at The Annual Conference, National Hispanic Science Network, Coral Gables, FL.
- Holtrop, K.**, & Parra-Cardona, J. R. (2010, November). *Examining evidence-based intervention development research in MFT*. Paper presented at The Annual Meeting, National Council on Family Relations, Minneapolis, MN.
- Escobar-Chew, A. R., Horsford, S., & **Holtrop, K.** (2010, April). *Community-based participatory research with Latino/a communities in Michigan*. Workshop delivered at Psychology Multicultural Student Conference: Touching and Transforming Lives, East Lansing, MI.
- Escobar-Chew, A. R., Horsford, S., & **Holtrop, K.** (2010, April). *Community-based participatory research with Latino/a communities in Michigan*. Workshop delivered at Psychology Multicultural Student Conference: Touching and Transforming Lives, East Lansing, MI.
- Escobar-Chew, A. R., Horsford, S., & **Holtrop, K.** (2010, April). *Community-based participatory research with Latino/a communities in Michigan*. Workshop delivered at Psychology Multicultural Student Conference: Touching and Transforming Lives, East Lansing, MI.
- Holtrop, K.**, Parra-Cardona, J. R., Escobar-Chew, A. R., Horsford, S., Córdova, D., Tams, L., & Dates, B. (2009, November). *Priority in cultural adaptation research: Fidelity or cultural relevance?* Paper presented at The Annual Meeting, National Council on Family Relations, San Francisco, CA.
- Downs, K. J., & **Holtrop, K.** (2009, November). *An informed not-knowing stance: Therapy with an Indian immigrant family*. Poster presented at The Annual Meeting, National Council on Family Relations, San Francisco, CA.
- Escobar-Chew, A. R., **Holtrop, K.**, Córdova, D., Horsford, S., & Parra-Cardona, J. R. (2009, November). *Recruiting and retaining Latinos/as in community research and service programs*. Presentation at The 20th Anniversary Celebration Conference "Latino/a Communities in the Midwest", Julian Samora Research Institute, East Lansing, MI.
- Seedall, R. B., **Holtrop, K.**, & Parra-Cardona, J. R. (2009, November). *Social justice and MFTs: Important initial steps, but much work remains*. Paper presented at The Annual Meeting, National Council on Family Relations, San Francisco, CA.

- Parra-Cardona, J. R., **Holtrop, K.**, Escobar-Chew, A. R., Horsford, S., Torres, J., & Córdova, D. (2008, November). *Similar and diferentes: Debunking the myth of Latino/a sameness by learning from the voices of Latinos/as*. Workshop delivered at Annual Conference of the American Association for Marriage and Family Therapy, Memphis, TN. (National)
- Holtrop, K.**, Parra-Cardona, J. R., & Cordova, D. (2007, November). *Adapting preventive interventions for the next generation of Latino parents*. Poster presentation at The Annual Meeting, National Council of Family Relations, Pittsburgh, PA.
- Parra-Cardona, J. R., Horsford, S., Escobar, R., Cordova, D., **Holtrop, K.**, & Villarruel, F. (2007, November). *Common and contrasting life experiences: Immigrant Latino parents in the U.S.* Poster presented at The Annual Meeting, National Council of Family Relations, Pittsburgh, PA.
- Cordova, D., **Holtrop, K.**, & Parra-Cardona, J. R. (2007, October). *"Everyday is a fighting and challenging day": Stories of persons with disabilities*. Poster presented at The Annual Meeting, American Association for Marriage and Family Therapy, Long Beach, CA.
- Escobar-Chew, A. R., Horsford, S. R., Cordova, D., **Holtrop, K.**, Torres, J., & Parra-Cardona, J. (2007, October). *Latinos in the U.S.: Common ancestry, unique experiences*. Poster presentation at The Annual Conference, American Association for Marriage and Family Therapy, Long Beach, CA.
- Cordova, D., **Holtrop, K.**, & Parra-Cardona, J. R. (2007, September). *"I think we're trapped": Conversations about contextual challenges with high-risk Mexican American youth*. Poster presented at The Annual International Meeting, National Hispanic Science Network on Drug Abuse, Miami Beach, FL.
- Parra-Cardona, J. R., Cordova, D., **Holtrop, K.**, Wieling, E., Villarruel, F., & Domenech-Rodriguez, M. (2007, June). *Qualitative methodologies as key precursors of community-based participatory research*. Poster presented at The Annual Meeting, Society for Prevention Research, Washington, DC.
- Parra-Cardona, J. R., Domenech-Rodriguez, M., **Holtrop, K.**, Cordova, D., & Villarruel, F. (2007, June). *PMTO for Latinos: Cultural adaptation by learning from the voices of participants*. Paper presented at The Annual Meeting, Society for Prevention Research.
- Holtrop, K.**, Parra-Cardona, J. R., Córdova, D., Villarruel, F., Wieling, E., Domenech-Rodríguez, M., Forgatch, M., & Knutson, N. (2006, November). *PMTO for Latinos/as: Learning from the voices of participants* [paper presentation]. National Council on Family Relations Annual Meeting, Minneapolis, MN.
- Córdova, D., **Holtrop, K.**, & Parra-Cardona, J. R. (2006, October). *"They just spit on our face": Giving voice to the experiences of Mexican-American adolescents*. Poster presented at the Annual Meeting, American Association for Marriage and Family Therapy, Austin, TX.

Córdova, D., Aguilar, E., Parra-Cardona, J. R., & **Holtrop, K.** (2006, October). *Engaging Latino/a clients in community-based prevention interventions*. Workshop delivered at Annual Conference of the American Association for Marriage and Family Therapy, Austin, TX.

Parra-Cardona, J. R., **Holtrop, K.**, Cordova, D., & Villarruel, F. A. (presented 2006, June). *"They are not interested": Failure to engage Latinos in prevention research*. Poster presentation at The Annual Meeting, Society for Prevention Research, San Antonio, TX.

Holtrop, K. (2006, March). *Under pressure: Factors that challenge cultural competence over time*. Poster presented at The Annual Meeting, Michigan Association for Marriage and Family Therapy, Lansing, MI.

Córdova, D., **Holtrop, K.**, Parra-Cardona, J. R., Wampler, R. S., & Villarruel, F. (presented 2005, October). *"They don't want to come!": When failure to engage turns into blaming*. Poster presented at The Annual Meeting, American Association for Marriage and Family Therapy, Kansas City, MO.

Holtrop, K., & Stollak, G. (2004, May). *Am I a boy or a man? Am I a girl or a woman?: Transitions in gender self-referencing*. Poster presentation at The Annual Meeting, American Psychological Society, Chicago, IL.

Invited Conference Presentations

Tseng, C.-F., & **Holtrop, K.** (2024, November). *Demystifying clinical trials: A practical step-by-step roadmap*. Workshop presented at the 2024 Systemic Family Therapy Conference, Orlando, FL, United States.

Holtrop, K. (2023, August). The diamonds in the data: Examining the research evidence supporting Michigan PMTO and MI Parenting Resource. Keynote presentation at the 2023 Michigan PMTO State Conference, Kalamazoo, MI.

Young, D.*, Edwards, C.*, Titus, M.*, Pratt, F.*, Hickman, T.*, & **Holtrop, K.** (2023, August). Assessing the integration of diversity, equity, and inclusion within MI PMTO: A collaborative project between MI PMTO and Michigan State University. Breakout session at the 2023 Michigan PMTO State Conference, Kalamazoo, MI.

Holtrop, K. (2022, October). *Reflections on the JMFT decade review special issue: Stepping stones and next steps*. Featured speaker at the Intervention Research in Systemic Family Therapy annual conference, East Lansing, MI.

Holtrop, K. (2022, August). *The effectiveness of Generation PMTO during sustained implementation: Shining the light on Michigan*. Online presentation at the 2022 Michigan PMTO Celebration Event [virtual].

Holtrop, K., Miller, D., & Casaburo, G.* (2020, September). Parents are the best teachers: Using data to learn about Michigan PMTO. Online presentation at the 2020 MDHHS Evidence-Based Practice Conference [virtual].

Holtrop, K., & Miller, D.* (2019, June). *Michigan PMTO survey project: SAGA initial report*. Presentation at the 2019 PMTO State Conference, Kalamazoo, MI.

Holtrop, K., & Miller, D.* (2018, June). *Michigan PMTO survey project: Preliminary report*. Presentation at the 2018 PMTO State Conference, Kalamazoo, MI.

Holtrop, K., & Wolford, S. N.* (2017, June). *Change in parenting practices and maternal emotional experience: A qualitative understanding of PMTO*. Poster presented at the International PMTO Conference, Aarhus, Denmark.

Holtrop, K., & Parra-Cardona, J. R. (2017, June). *PMTO-informed parenting intervention with Latino families: Outreach, engagement, and retention*. Workshop presented at the International PMTO Conference, Aarhus, Denmark.

Baumann, A., Wieling, L., **Holtrop, K.,** & Rains, L. (2017, June). *Blending learning as a feasible training strategy*. Workshop presented at the International PMTO Conference, Aarhus, Denmark.

Invited University Presentations

Holtrop, K., & Gray, L. J. (2019, May). *Family therapy series: Parenting*. Presentation invited by the MSU Psychiatry Residency Program. Michigan State University, East Lansing, MI.

Holtrop, K. (2018, October). *Expanding the reach of parenting interventions through systematic research*. Presentation invited by the Human Development Initiative/Interdepartmental Graduate Specialization in Infancy and Early Childhood. Michigan State University, East Lansing, MI.

Invited Outreach Panels/Presentations

Role: Featured Guest Speaker

Topic: *Getting children to listen and follow directions*

Extension Extras Family FAQs [virtual panel]. Discussion series presented by MSU Extension, Michigan State University. February, 2021.

Role: Panel Discussant

Topic: *COVID-19 and our children: Worry now or worry later?*

Brews & Views: At Home Edition [virtual panel]. Discussion series presented by the Institute for Quantitative Health Science and Engineering in collaboration with the Center for Ethics and Humanities in the Life Sciences, Michigan State University. April, 2020.

Local/Regional Presentations

- Young, D., Pratt, F., Titus, M., Edwards, C., Hickman, T., & **Holtrop, K.** (2023, June). *Assessing the integration of diversity, equity, and inclusion within MI PMTO*. Virtual research presentation delivered to PMTO leadership in the state of Michigan.
- Casaburo, G. *, Yzaguirre, M. *, Miller, D. *, & **Holtrop, K.** (2020, November) *PMTO in real time! Access MI Parenting Resource online* [Conference session]. Community Sharing for Healthy Caring Regional Early Childhood Conference, Howell, MI. (Conference canceled due to COVID-19)
- Holtrop, K.** (2019, June). *The Strength and Growth Areas (SAGA) Survey*. Webinar delivered to supervisors of PMTO clinicians in the state of Michigan.
- Bowdish, J. †, Rinkevicz, H. †, Tripathi, A. †, & **Holtrop, K.** (2019, April). *Reliability ratings in research*. Poster presented at the University Undergraduate Research and Arts Forum at Michigan State University, East Lansing, MI.
- Wolford, S. N. *, & **Holtrop, K.** (2017, March). *"I thought it was me, that I was destroying them": Examining the emotional process of mothers in PMTO*. Oral paper presentation for the Florida State University College of Human Sciences Research & Creativity Day Conference, Tallahassee, FL.
- ‡ Research and Creativity Day 1st Place Oral Presentation (Graduate student recipient)
- Chege, S. †, Smith, S. †, & **Holtrop, K.** (2017, March). *Parent-child dynamics in emerging adults: A focus on conflicts*. Poster presented at the Florida State University Undergraduate Research Symposium, Tallahassee, FL.
- Armstrong, J. *, Murray, K. *, Fitzgerald, M. *, **Holtrop, K.**, Godfrey, K. *, Friar, E. † (2016, July). *Parenting styles effects on alcohol use in gifted college students*. Poster presented at the Florida Alliance Health Diversity Scholars Program, Gainesville, FL.
- Friar, E. †, Murray, K. *, Godfrey, K. *, Fitzgerald, M. *, Armstrong, J. *, **Holtrop, K.** (2016, March). *Investigating relationships among parenting practices, social competence, and risky behaviors in gifted college students*. Poster presented at the Florida State University Undergraduate Research Symposium, Tallahassee, FL.

Selected Media Features

- The Systemic Way Podcast. (March 05, 2023). *Research, Evidence, Practice: A decade review of effective systemic interventions with Dr. Andrea Wittenborn and Dr. Kendal Holtrop*.
- The AAMFT Podcast. (April 29, 2022). *Episode 75: Andrea Wittenborn and Kendal Holtrop*.

TEACHING

Courses Taught

Graduate Courses

HDFS 892	Grant Writing for CFT Students (Michigan State University)
HDFS 903	Evidence-Based CFT Intervention Programs (Michigan State University)
HDFS 910	Contemporary Family Therapy Theories (Michigan State University)
HDFS 993	Internship in MFT [Practicum] (Michigan State University)
FAD 5256	Seminar in Parent-Child Relations (Florida State University)
FAD 6608	Effectiveness and Translation Research (Florida State University)
	‡ Developed as new course
FAD 6940	Practicum in Marriage and Family Therapy (Florida State University)

Undergraduate Courses

CHD 4537	Parenting (Florida State University)
FAD 3271	Ecological Contexts for Individual & Family Development (Florida State University)

Mentoring and Advising

Doctoral Committee Chair

Student	Year	Dissertation	Position
Huang, Yaochong (Lucinda)	2027	TBD	Doctoral student
Young, Deja	2026	TBD	Doctoral candidate
Hickman, Tanner	2026	TBD	Doctoral candidate
Casaburo, Gianna	2023	Examining the transmission of adverse childhood experiences in a sample of rural families using a path analysis	Director, Student Counseling Center, Purdue University Fort Wayne
Yzaguirre, Melissa	2023	Family therapists' lived experiences of discussing ethnic-racial socialization with Latino parents	Assistant Professor, University of San Diego
Miller, Debra	2021	Core therapist skills supporting implementation of evidence-based practices with serious emotionally disturbed children in community mental health settings: A modified mixed methods Delphi study <i>Co-chair, with A. Blow</i>	Faculty Behaviorist, University of Michigan Health
Scott, Jenna	2015	Caregivers' experience of adolescent substance use: A phenomenological study <i>Co-chair, with L. McWey</i>	LMFT, Private Practice

Advisee Awards and Accolades (selected)

2024	American Association for Marriage and Family Therapy Dissertation Award, Melissa Yzaguirre
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- 2024 American Association of Hispanics in Higher Education Outstanding Dissertation Competition Award, Melissa Yzaguirre
- 2024 American Association for Marriage and Family Therapy Minority Fellowship Program (funded by SAMHSA), Lucinda Huang
- 2023 American Association for Marriage and Family Therapy Minority Fellowship Program (funded by SAMHSA), Deja Young
- 2022 American Association for Marriage and Family Therapy Minority Fellowship Program (funded by SAMHSA), Tanner Hickman
- 2022 MSU College of Social Science Dean's Diversity, Equity, and Inclusive Excellence Graduate Student Award, Melissa Yzaguirre
- 2021 American Association for Marriage and Family Therapy Minority Fellowship Program (funded by SAMHSA), Gia Casaburo
- 2020 American Association for Marriage and Family Therapy Minority Fellowship Program (funded by SAMHSA), Melissa Yzaguirre
- 2020 American Association for Marriage and Family Therapy MFP Dissertation Completion Fellowship, Debra Miller
- 2019 American Association for Marriage and Family Therapy Minority Fellowship Program (funded by SAMHSA), Melissa Yzaguirre
- 2019 National Council on Family Relations Family Therapy Section Best Poster Award – Student, Debra Miller

Master's Committee Chair

Student	Year	Thesis	Position
Berthiaume, Kelly	2016	The college experience of gifted emerging adults: Factors associated to social adjustment to college	Postdoc, University of North Texas

Graduate Student Committee Member

Current	Kayla Stinson	Doctoral Committee (MSU – HDFS)
Current	Alyssa LaBerge	Doctoral Committee (MSU – SCJ)
2024	Morgan Titus	Doctoral Committee (MSU – HDFS)
2024	Caitlin Edwards	Doctoral Committee (MSU – HDFS)
2023	Youchuan Zhang	Doctoral Committee (MSU – HDFS)
2023	Ronald Asiimwe	Doctoral Committee (MSU – HDFS)
2023	Paul Lepley	Doctoral Committee (MSU – HDFS)
2022	Jennifer Vanboxel	Doctoral Committee (MSU – HDFS)
2022	Tim Welch	Doctoral Committee (MSU – HDFS)
2022	Gisela Leija	Doctoral Committee (MSU – HDFS)
2022	Kyle Frost	Doctoral Committee (MSU – PSY)
2022	Emma Nathanson	Doctoral Committee (MSU – CEPSE)
2021	Ashleigh Apel	Master's Committee (MSU – HDFS)
2020	Kathleen Grobbel	Master's Committee (MSU – HDFS)
2020	Heather Randle	Master's Committee (MSU – HDFS)
2019	Megan Lachmar	Doctoral Committee (MSU – HDFS)
2019	Lacey Hood	Master's Committee (MSU – HDFS)
2017	Anthony Ferraro	Doctoral Committee (FSU – FCS)

2017	James Duncan	Doctoral Committee (FSU – FCS)
2016	Peter Rivera	Doctoral Committee (FSU – FCS)
2016	Rachel Savasuk	Master’s Committee (FSU – FCS)
2016	Samantha Howard	Master’s Committee (FSU – FCS)
2015	Casey Chaviano	Doctoral Committee (FSU – FCS)
2015	Shirley Zahn	Doctoral Committee (FSU – FCS)
2015	Hey-Jung Yun	Doctoral Committee (FSU – FCS)
2014	Shardé McNeil Smith	Doctoral Committee (FSU – FCS)
2014	Amy Claridge	Doctoral Committee (FSU – FCS)
2013	Daniel Puhlman	Doctoral Committee (FSU – FCS)
2013	Jacob Priest	Doctoral Committee (FSU – FCS)
2013	Heather Farineau	Doctoral Committee (FSU – FCS)

Undergraduate Research Advisor

Bowdish, J. (2018-29). Michigan State University.
 Rinkevicz, H. (2018-19). Michigan State University.
 Ezell, E. (2018-19). Michigan State University.
 Tripathi, A. (2018-19). Michigan State University.
 Chege, S. (2016–17). Florida State University.
 Smith, S. (2016–17). Florida State University.
 Friar, E. (2015–16). Florida State University.
 Bor, E. (2013). Florida State University.

The Profession

Minority Fellowship Program Mentor (2018-present)

American Association for Marriage and Family Therapy Research and Education Foundation
 Providing academic, professional, and career development guidance to AAMFT MFP Fellows as part of a SAMHSA-funded initiative to expand delivery of culturally competent mental health and substance abuse services to underserved minority populations and increase the number of culturally competent marriage and family therapists.

CLINICAL

Advanced Clinical Training

Certification in Parenting Through Change (PTC) group delivery based on Parent Management Training-Oregon (PMTO) model (February, 2024); Michigan Department of Health and Human Services and Michigan PMTO

Emotionally Focused Therapy Externship (2023) presented by the Michigan Community for Emotionally Focused Therapy and Michigan State University; Trainer: Elana Katz

Telehealth for Mental Health Professionals: Two-Day Distance Therapy Training (2020); Professional Education Systems Institute (PESI)

Parent Management Training – the Oregon Model (PMTO) Blended Learning Course (2015-2016); Instructors: Dr. Ana Bauman (Washington University in St. Louis) & Dr. Melanie Domenech Rodríguez (Utah State University)

Clinical Practice

Parenting Through Change (PTC). Genesee Health Systems Center for Children's Integrated Services, Flint, MI. Group Co-leader. Providing evidence-based parenting intervention services to caregivers of children with a serious emotional disturbance (2023).

Parent Management Training – the Oregon Model (PMTO). The Center for Couple and Family Therapy, Florida State University, Tallahassee, FL. Interventionist. Providing evidence-based parenting intervention services to families in the community (2016).

Parent Management Training – the Oregon Model (PMTO) Adaptation. HOPE Community – Big Bend Homeless Coalition. Interventionist. Providing evidence-informed parenting intervention services to homeless families in transitional housing (2014).

Families in Transition (FIT) Program. Lansing, MI. Doctoral Intern in Marriage and Family Therapy – Providing home-based therapy services to families involved in the child welfare system (2011).

Family and Child Clinic. Michigan State University, East Lansing, MI. Marriage and Family Therapy Intern – Providing therapy services from a systemic framework to families, couples, and individuals of all ages (2010).

Care Free Medical, Inc. Lansing, MI. Marriage and Family Therapy Intern – Providing therapy services to the multi-stressed populations of Lansing who are uninsured or underinsured (2007).

Michigan National Guard. Various Locations, MI. Marriage and Family Therapy Intern – Facilitating group sessions for National Guard members and/or their partners at Family Reunion Workshops following return from deployment (2007).

Supervision of Clinical Practice

Practicum supervisor for couple and family therapy doctoral students at the Couple and Family Therapy Clinic at Michigan State University (2020-present)

Practicum supervisor for marriage and family therapy doctoral students at the Center for Couple and Family Therapy at Florida State University (2014-2017)

SERVICE

The Profession

Commission on Accreditation for Marriage and Family Therapy Education

Site visitor (2024-present)

Michigan Board of Marriage and Family Therapy

Board member, appointed by Governor Whitmer (2019-2024)

Editorial Board Member

Journal of Marital and Family Therapy (2019-present; 2013–2017)

Advisory Editor

Family Process (2012–present)

Special Issue Guest Editor

Journal of Marital and Family Therapy (with A. Wittenborn)

Efficacy and Effectiveness of Couple and Family Interventions (Published January 2022)

Ad Hoc Reviewer

Child and Adolescent Mental Health

Child Development

Children and Youth Services Review

Clinical Psychology Review

Journal of Children and Poverty

Journal of Child and Family Studies

Service to Professional Associations

Proposal Reviewer for Annual Conference - Family Therapy Section, National Council on Family Relations (2012, 2016)

Abstract Reviewer for Annual Conference, Society for Prevention Research (2016, 2019)

Abstract Reviewer for Annual Conference, American Association for Marriage and Family Therapy (2013, 2016, 2017, 2018, 2019)

* Dates indicate year of conference for which reviewing was done, not necessarily year reviews were completed

University Service

Michigan State University

Member, University Award Committee (2025)

Michigan State University, College of Social Science

Member, Research Committee (2018-2020)

Michigan State University, Department of Human Development and Family Studies

Member, Undergraduate Education Committee (2024-

Co-Chair, HDFFS Faculty Search Committee (2022 – 2023)

Member, Graduate Education Committee (2022-2023)

Chair, Dean's Research Associate Transition Search Committee (2021-2022)

Member, Department Advisory Committee (2020 – 2022)

Member, Diversity Sub-Committee (2020 – 2021)

Member, Faculty Search Committee (2019 – 2020)
Member, Graduate Education Committee (2018-2020)
Member, Awards Committee (2017-2019)

Florida State University, College of Human Sciences

Member, CHS Scholarship Committee (2015–2016)
Member, CHS Scholarship Committee (2016–2017)

Florida State University, Department of Family and Child Sciences

Chair, FCS Scholarship Committee (2015–2016)
Chair, FCS Scholarship Committee (2016–2017)
Member, Center for Couple & Family Therapy Task Force (2014–2015)
Chair, MFT Program Director Search Committee (2014–2015)
Member, Undergraduate Committee (2013–2014)
Member, Family Relations Search Committee (2012–2013)
Member, Marriage and Family Therapy Search Committee (2012–2013)
Participant, Marriage and Family Therapy Reaccreditation Learning Community (2011–2013)
Member, Scholarship Committee (2011–2012)