

# The Women's Outcomes Research & Knowledge Study

NEWSLETTER

2nd Edition

#### Hello Again! From the Research Team at Michigan State University



HOPE Village Health and Wellness Party - Detroit, MI

The W.O.R.K. Study Team would like to give a huge shout out to those helping us spread the word about this important study! We could not do this without you and we value each and every one of you.

We are excited to share that we have been attending in-person events throughout Michigan, and we look forward to future events where we will continue inviting girls and young women to join the study through December 2022.

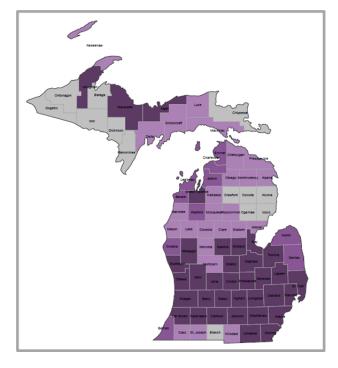
#### 1 in 3 women suffer from pelvic pain...

and over 800 of you are being the voice for women in communities all over Michigan, confidentially sharing your experiences with pain in an effort to help those in the future.

**So powerful!** Again, our sincere THANK YOU to each of you for participating in the W.O.R.K. Study, for your time and valuable input, and for making a difference for women's health research!

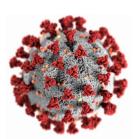
#### Michigan Map

Each county shaded purple is represented in the study!



Fall

#### You're Invited!



W.O.R.K. Study participants will be invited to take a "new" online COVID-19 survey! This extra survey is *optional* and takes about 10 minutes to complete. If you choose to fill it out, you will receive an extra \$5.00 Amazon.com gift card claim code to thank you for your time. An email invite for the survey will be sent out in October 2022.

#### Meet our Newest Team Member!

My name is Quiana Powell. I was born and raised in Flint Michigan. I have always had a passion for people and community. Currently, I serve as a Community Outreach Specialist on the W.O.R.K Study team. I am so grateful to be a part of such a positive and proactive team of researchers who are passionate about making a difference in women's health! I believe that bridging the gap between community and resources is a part of my purpose here. I am looking forward to filling the gap by building relationships, educating, and creating a safe space for our community members to share their experiences with us. I look forward to getting and keeping you connected!

#### **DID YOU KNOW?**

Michigan is the nation's third largest producer of apples! And, 41% of W.O.R.K. Study participants reported eating a fresh apple or pear at least once per week. There are more than 14.9 million apple trees covering 34,500 acres on 775 family-run farms in Michigan. For more information and recipes, visit:

https://www.michiganapples.com

## QUICK TIPS & REMINDERS

## New Email Address or Phone Number?

Use the contact information below to let our team know if you want a different email or telephone number on file for survey invites, study reminders, and updates.

#### **Gift Cards**

Your time is valuable! Don't forget, you will receive a total of \$100.00 if you complete all 7 study surveys. Plus \$5.00 for the extra covid survey.

#### Happy Birthday!

Having an 18th birthday? As a reminder, an updated study consent form will pop-up for you to review and sign before you complete your next study survey.



### **Get Connected & Stay Connected**

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