

The Women's Outcomes Research & Knowledge Study

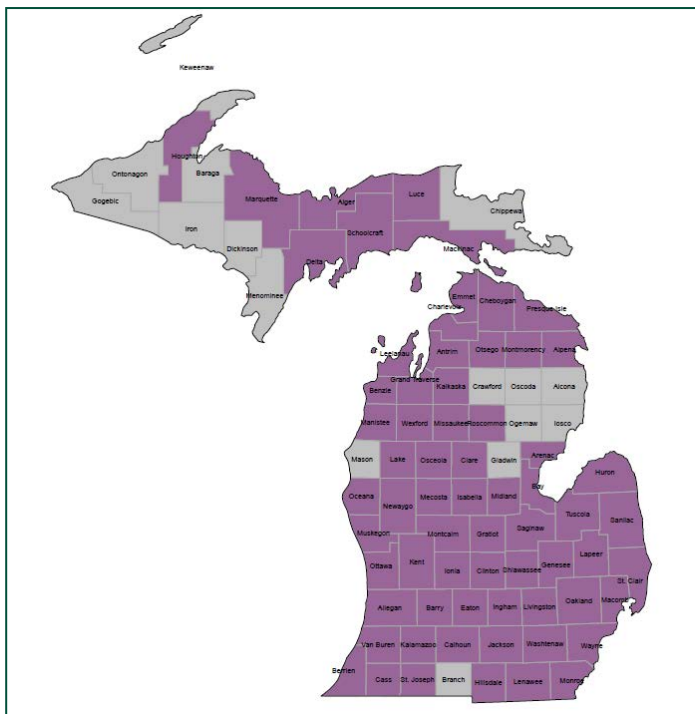
SPRING 2022 NEWSLETTER

Hello! From the Research Team at Michigan State University

The W.O.R.K. Study has been under way for two years! While some of you have recently finished your final 18-month survey, others are just joining. This is a great time say THANK YOU for participating in the W.O.R.K. Study! We could not do this very important study without you - your input is making a difference for women's health research. We are listening! We truly value and appreciate the stories you have shared about your menstrual health journey and living with pelvic pain. In this issue, we are highlighting some study updates, answering your frequently asked questions, and talking about women's health!

Let's get to W.O.R.K.

The most important part of the W.O.R.K. Study: those enrolled and sharing their experiences with pelvic pain from throughout Michigan!



679

women enrolled

67

counties represented

97%

with period pain

53%

with pelvic pain not related to their cycle

12—30 years old

Goal for 2022: Fill in the map!

Each county shaded purple is represented in the W.O.R.K. Study.

Got questions? We've got answers!

We pulled together a list of your Frequently Asked Questions (FAQs)

If I miss a survey, will I still be able to complete the next one?

Yes! You will continue to get email invitations and reminders to complete surveys every 3 months until the final survey at 18 months. All the questions included on surveys are helpful for researchers trying to better understand pelvic and period pain even if you are not having pain at the time of your survey.

Will I be removed from the study if I get pregnant?

No, you will not be removed from the study if you are pregnant.

Will you ask for my medical records?

Yes, between the 15-month and 18-month surveys, you will get an email asking if you also want to provide documents from your medical record, such as doctors' notes or test results. This is totally your choice, and you would be asked to sign a separate medical records release form before providing any documents. Even if you click "No, I do not want to share my medical records at this time," you can still complete your 18-month survey and receive the final \$25 Amazon.com eGift card.

My friend (or sister or cousin!) is interested in the study. How can they join?

Please have them visit our W.O.R.K. Study webpage: go.msu.edu/workstudy and click on the green "JOIN NOW" button to see if they are eligible. **Thank you for spreading the word about the W.O.R.K. Study!**

Still have questions? Reach out to the study team at letswork@msu.edu or (616) 234-2858. We are happy to answer any questions.

DID YOU KNOW?

All data provided for the study is confidential! Everyone is assigned a unique study ID number when they join the study and personal information (such as your name, email address or phone number) is not used when the data is reviewed. In other words, all data is de-identified before it is analyzed by the study team.

QUICK TIPS & REMINDERS

New Email Address or Phone Number? Let Us Know!

Use the contact information below to let the research team know if you prefer to have a different email or telephone number on file for study reminders and updates.

Gift Cards

Your time is valuable! Don't forget to redeem the Amazon.com eGift cards you receive for completing study surveys.

Happy Birthday!

Having an 18th birthday? As a reminder, an updated study consent form will pop-up for you to review and sign prior to you completing your next study survey.



Stay Connected

Phone: 616-234-2858 | Email: letswork@msu.edu

Website: go.msu.edu/workstudy

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