

Athletic Training Academic Four-Year Plan

Use this page as a guide, not a rigid plan

Freshman Year: Fall Semester through Summer Semester (28 credits by end of Summer Semester)

WRA 101:	(4)
*MTH XXX: (103 and 114, or 116 or 124 or 132)	(3-6)
CEM 141 & 161: General Chemistry (4) and Lab 1 (1)	(5)
KIN 121: The Healthy Lifestyle	(3)
KIN 125: First Aid and Personal Safety	(3)
KIN 126: Introduction to Athletic Training	(3)
KIN 127: Taping and Bracing in Athletic Training	(1)
KIN 173: Foundations of Kinesiology	(3)
Electives:	(0-6)

NOTE: Students who test into MTH 1825 need to complete the course before enrolling in MTH 103

Sophomore Year: Fall Semester through Summer Semester (56 credits by end of Summer Semester)

ISS 2XX:	(4)
IAH 201-210:	(4)
PSL 250: Introductory Physiology	(4)
KIN 251: Principles of Human Movement	(3/4)
KIN 216: Applied Human Anatomy	(3) ***Application Year***
KIN 227: Observations and Introduction to Clinical Skills in AT (Fall)	(1)
KIN 227/228: (Spring)	(1/2)
KIN 250: Measurement in Kinesiology	(3)
KIN 320: Pathology of Injury	(3)
Electives:	(3-6)

Any courses left from freshman year

Junior Year: Fall Semester through Summer Semester (88 credits by end of Summer Semester)

IAH 211-241:	(4)
ISS 3XX:	(4)
KIN 217: Applied Human Anatomy Lab	(1)
KIN 310: Physiological Bases of Physical Activity	(3)
KIN 360: Physical Growth/Motor Behavior	(3)
KIN 421: Lower Evaluation of Injury	(3)
KIN 422: Advanced Rehab of Injury	(3)
KIN 423: Therapeutic Modalities	(3)
KIN 427: Clinical Rotation—Fall 1	(1)
KIN 427: Clinical Rotation—Spring 1	(1)
Electives:	(3-6)

Any courses left from previous years

Senior Year: Fall Semester through Spring Semester (120-123 credits by Spring Semester or Summer Semester)

KIN 330: Biomechanics of Physical Activity	(3)
KIN 345: Sport and Exercise Psychology (W)	(3)
KIN 411: Lab Experiences in Exercise Physiology	(2)
KIN 425: AT Organization/Administration	(3)
KIN 426: Upper Evaluation of Injury	(3)
KIN 427: Clinical Rotation—Fall 2	(1)
KIN 427: Clinical Rotation—Spring 2	(1)
KIN 465: Adaptive Physical Activity	(3)
KIN 491: Athletic Training Practicum	(3)
Electives:	(3-9)

Any courses left from previous years