

# CHM YEAR 2 DEBT MANAGEMENT Summer 2024

# **Presentation Overview**

- Financial Check-up
  - Good Financial Behaviors
  - Credit Management
  - Budgeting for years 2,3,4
- Planning for the Future
  - Program Changes
  - Loan Repayment Options
  - Resources

# FINANCIAL CHECK-UP

# **Credit check**

# **Budgeting for clinical program**

- Monthly living allowance
  - No summer aid for year 2
- Additional expenses

# Financially sound behaviors

- Essential knowledge
- Financial planning
  - 80/20
  - 28/36





# POP QUIZ

- What's the difference between good and bad debt?
  - Good debt
  - Bad debt

# 22-37-75 20000

# LET'S TALK ABOUT CREDIT



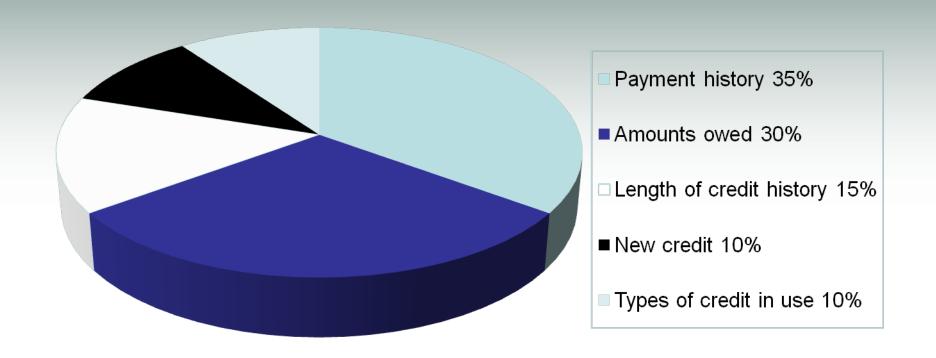
# **CREDIT - TERMS TO KNOW**

A **Credit Report** contains historical information that helps potential lenders understand how credit-worthy an applicant is. This information is collected and monitored by independent companies called credit agencies. Typically, information on a credit report goes back over a rolling 7 years of activity.

**Credit Agencies** are third-party vendors that collect and maintain information that helps potential lenders rate your reliability. The 3 biggest national credit agencies are Equifax, TransUnion, and Experian.

Your **Credit Score** is a number derived from calculations run by each of the credit agencies. It is a sort of "rating system" that gives a general idea of how well you manage your finances.

# FACTORS BEHIND YOUR SCORE



# **HOW TO READ YOUR CREDIT REPORT**

# Identifying information

Name, address, SSN, DOB, employment

# Types of credit

- Secured mortgage, auto
- Revolving credit cards, etc.

### Credit Info

- Balances, account status
- Date opened/closed, credit limit

# Credit Inquiries

- Both hard and soft
- Public Records and Collections
  - Bankruptcies, foreclosures, suits, garnishment, and liens





# **MANAGE YOUR CREDIT**

- Check your credit report regularly, at least yearly
  - Allowed one free credit report per company annually
    - https://consumer.ftc.gov/articles/free-credit-reports
    - Set a date on the calendar
    - Use a service like
      - <u>www.annualcreditreport.com</u>, LifeLock
- Sign up for credit monitoring
  - Look for discounts to credit monitoring services through Sam's Club, Costco, auto insurance provider, credit union, bank or AAA
- Consider Freezing your credit
  - Only way to truly protect your credit
  - Must unfreeze before applying for a PLUS loan or opening a credit card





# BUDGETING

- Budgeting & tracking expenses
  - Use a budgeting tool: MSUFCU, Quicken, YNAB
  - Be honest about your spending
  - Build enjoyment into your budget
  - Know your budget busters



# BUDGETING

- Best Practices
  - Use the 80/20 Rule
    - Pay yourself first 20%
    - Use passive income to build wealth
      - Holding account for semester's refund
      - Establish cash reserves and emergency fund
- Financial Planning
  - Takes 20% thought and 80% action
  - Spend wisely
    - Investment or want
  - Borrow wisely

# **YOUR LIVING ALLOWANCE\***

- \$2,821 per month when enrolled
  - No aid summer Year 2, unless half time
- Living allowance
  - a modest standard
  - based on rental rates
  - Very doable with planning
- Additional budget allowances
  - Increased travel
  - Board exams, year 3
  - Interviewing/Away Rotation expenses

ITEMIZED MONTHLY LIVING ALLOWANCE	
	Monthly
RENT, FOOD & UTILITIES	1,831
PERSONAL/MISCELLANEOUS	338
TRANSPORTATION	652
MONTHLY TOTAL	2,821

\*Subject to change

# **UPCOMING EDUCATIONAL COSTS**

Current total of educational debt

- View your debt at www.studentaid.gov
  - Includes Direct Loans, Grad PLUS, and Perkins
  - Check with school for LDS/PCL debt and lender for private educational loans

# PLANNING FOR THE FUTURE & REPAYMENT

# **Medical Debt for 2024 CHM Graduates**

- 154 Students with debt
- 25 Students w/o debt
- \$277,160 Average for all students
- \$258,151 for in-state students
- \$391,217 for out-of-state students





# PUBLIC SERVICE LOAN FORGIVENESS

**Changes** - PSLF Waiver and IDR Waiver were introduced between 2021-2023 due to COVID-19.

This was done to reconsider payments that were classified as "nonqualifying" and to assist borrowers.

Due to the introduction of the SAVE plan, many borrowers will have lower payments and early forgiveness of debt.

You must apply for SAVE income driven plan via an application.



# BENEFITS OF PSLF

- Forgiveness vs. repayment
- Broad interpretation of public service
- Income driven repayments count, SAVE
- Not medical specialty specific
- Residency payments count
- \$0 repayment amounts count
- Embedded in federal law with expanded forgiveness option beginning in 2022
- No cap on forgiveness amount and is tax free in year 120<sup>th</sup> payment is made

# DRAWBACKS OF PSLF

- Yearly paperwork required
- Required documentation for at least 10 years income and 501 (c) 3 employment and track payments with servicer
- Best to begin participation during residency when monthly payments are low
- Wages must be from 501(c)3 employer
- Must work full time as designated by employer
- Certain disciplines more difficult because employer does not qualify, potentially Emergency Medicine, Dermatology, Anesthesiology

# LOAN REPAYMENT STRATEGY



Think about your career path



Know your Repayment plans



Calculate your repayment



Traditional Payment or Income-Driven



# STANDARD PLANS

**10-Year Repayment** – Standard plan for everyone (10-30 years\*consolidated)

Extended Repayment Plan – Elective Plan (paid off in 25 years)

**Graduated Repayment** – Elective Plans (10 to 30 years\* consolidated)



# **INCOME DRIVEN PLANS**

Income Contingent Repayment (ICR) - only for Direct Loans

Income Based Repayment (IBR) – for DL & FFEL

Pay As You Earn (PAYE) — only for Direct Loans & new borrower\*

**SAVE** (Save on a Valuable Education) replaces (REPAYE)\*

# **EXAMPLES OF REPAYMENT OPTIONS**

- ! Sample payment if \$200,000 Stafford debt, 6.8% fixed
- If 10-year plan = \$2,301 per month payment
- Ø If graduated plan = \$1,633 per month for first 2 years (10-Year plan)
- if 25-year plan = \$1,388 per month payment
- If IBR = \$416 per month if income \$50,000 & Household Size = 1
- If PAYE = \$280 per month if income \$50,000 & Household Size = 1
- IF SAVE = \$143 per month if income is \$50,000 & Household Size = 1

# BENEFITS & EXAMPLES OF THE SAVE PLAN

- Lower payments due to increased income exemptions Poverty line increased 150% to 225%
- The interest benefit stops your balance from growing, PLUS loan can qualify while in-school
- Excludes spouse's income if filing taxes separately
- https://studentaid.gov/announcements-events/save-plan#how-much-pay
- Payments are based on income & family size
- If you have \$50 in interest accumulating monthly and your scheduled payment is \$30, the remaining \$20 would not be charged if your monthly payment is paid on time.
- If you file separately, your monthly payment amount will be based on your income only.

# RESOURCES

- MSU financial aid https://finaid.msu.edu/grad/medical
- Loan and borrowing information <a href="https://studentaid.gov">https://studentaid.gov</a>
- Financial Literacy 101 modules <a href="https://www.financialliteracy101.org">https://www.financialliteracy101.org</a>

# RESOURCES

# **Association of American Medical Colleges (AAMC)**

- Calculators
  - <a href="https://students-residents.aamc.org/financial-aid-resources/medloans-organizer-and-calculator-mloc">https://students-residents.aamc.org/financial-aid-resources/medloans-organizer-and-calculator-mloc</a>
- Financial Information, Resources, Services, and Tools (FIRST)
- Guide to Money Management and Student Loans
  - <a href="https://students-residents.aamc.org/financial-aid-resources/publication/guide-money-management-and-student-loans">https://students-residents.aamc.org/financial-aid-resources/publication/guide-money-management-and-student-loans</a>
- IDR plan and eligible loans
  - https://studentaid.gov/manage-loans/repayment/plans/income-driven



What is the most important factor in determining your credit score?

- 1. Amounts owed
- 2. Payment History
- 3. Length of Credit History
- 4. New Credit





What lending options should you utilize first, if applicable?

- PCL/LDS Primary Care/Loans for Disadvantaged Students
- 2. Unsubsidized Loans
- 3. Graduate Plus Loans
- 4. Credit Cards





Which of the following is a benefit(s) of the SAVE plan?

- 1. Poverty Line increased to 225%
- 2. The interest benefit stops your principal from growing
- 3. A spouse's income is not used to calculate payment, if taxes are filed separately
- 4. All of the above



# **OFFICES AND CONTACTS**

### **East Lansing**

Student Services Building 556 East Circle Drive, Room 252 East Lansing, MI 48824

# **Grand Rapids**

MSU Secchia Center 15 Michigan St. NE, Room 380 Grand Rapids, MI 49503

### Phone & Email

- Medical Student Advising Line: 517.353.2401
- Email: ofamed@msu.edu

### Website

• www.finaid.msu.edu



# THANK YOU!

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