

Spine and musculoskeletal care

MSU's Osteopathic Manipulative Medicine is here to help. *by Lisa DeStefano, DO*

The Osteopathic Manipulative Medicine clinic functions as a patient-centered home for spine and musculoskeletal care. We provide patient care services for those suffering from musculoskeletal and spine related disorders, which are amenable to non-surgical conservative care including osteopathic manipulative medicine. Spine-related and musculoskeletal disorders are among the most common, costly and disabling problems in Western society.

Included in this group of conditions is back pain, neck pain, many types of headache, radiculopathy, and other symptoms directly related to the spine and joints.

Virtually every human being is affected by this group of disorders at some time in life. The burden of spine-related and musculoskeletal

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disorders on individuals and society is huge and growing rapidly.

Most cases of spine-related and musculoskeletal disorders are multifactorial, involving somatic, neurophysiological and psychological processes that interact to produce the suffering

experienced by the patient.

The management of patients with spine-related and musculoskeletal disorders requires a level of expertise that can respond to these challenges.

The Osteopathic Manipulative Medicine clinic has combined a unique team of fully licensed and boarded physicians whose expertise is in the function of the body's neuromusculoskeletal system.

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Written by Lisa DeStefano, DO, Chairperson, Department of Osteopathic Manipulative Medicine at MSU College of Osteopathic Medicine.



Our providers

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Whether it's back pain, neck pain or chronic headaches, your body is trying to tell you something. We're here to listen. In fact, it's the foundation of the medical approach we teach and the research we conduct at Michigan State University's Department of Osteopathic Manipulative Medicine.

Our board-certified physicians are currently accepting patients from adult to adolescents and children.

Ask your physician to refer you to Osteopathic Manipulative Medicine, then give us a call. We're listening. 517-432-6144