

MEANING

- “Loaf mass.”
- The first of the year’s harvest festivals, along with Mabon and Samhain.
- Celebrates the grain harvest. The name *Lammas* (contraction of ‘loaf mass’) highlights this sabbat as an agrarian-based festival and feast of thanksgiving for grain and bread, which symbolize the first fruits of the harvest.

WHEN

- Beginning of August, commonly August 1st.
- About halfway between Litha (the summer solstice) and Mabon (the fall equinox).
- Please note: Precise celebration dates can vary based on tradition and the related agricultural milestones of the local region. Celebrations may occur on the astrologically precise quarter and cross-quarter days, the nearest full or new moon or the nearest weekend.

COMMON PRACTICES

- Wicca/neopagan observance of the first harvest of the year involve agricultural festivals and prosperity magic. In some Celtic-derived traditions, Lughnasadh honors the Celtic god of craftsmanship, Lugh.
- Celtic neopagans mark the festival by making corn dollies.
- Common practices include harvest rituals and baking to celebrate the grain harvest.

QUESTIONS/COMMENTS?

Email: inclusion@msu.edu

Type of Calendar:

Wheel of the Year
(solar)



Lughnasadh

Gaelic

[Loo·nuh·suh](#)



- When appropriate, reasonable accommodations should be discussed in advance between students and instructors.

FOR MORE INFO VISIT:

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