



Department of Psychology  
MICHIGAN STATE UNIVERSITY

# PSY UGRAD NEWSLETTER

October 6, 2026



## PSYC Good Deed Day

PSYC GOOD DEED DAY

**Join us on October 7th by doing one small good deed!**

Research shows that doing an act of kindness is beneficial to both you and the person receiving the kindness! That's why over 70 Departments of Psychology worldwide have signed up to participate! **Check [here](#) for some ideas on how you can participate.** Don't forget to track your good deeds [here](#).



### ARE YOU READY FOR SPRING ENROLLMENT?

It's almost time to sign up for **Spring 2027** classes. Have you met with your advisor yet? **Scheduling an advising appointment** can help you feel confident about your course plan and avoid last-minute scrambling. **See an advisor now** to avoid long wait times during the busy enrollment season in November!

### IMPORTANT DATES

**October 7** Graduate School Series – Letters of Rec & CV  
**October 9** Experiential Learning Series – ADP  
**October 14** Graduate School Series – Application Essays  
**October 16** Experiential Learning Series – CSS Opportunities  
**October 16** PSY Open House  
**October 16** PSY Speed Friending – Connect with PSY majors!  
**October 16** Deadline to ensure your name is included in fall graduation program  
**October 19** Last day to drop course with no grade reported



### Meet with an Advisor

Schedule a **30-minute advising appointment.**

**Virtual Drop-In Advising**  
Monday–Friday, 1–3pm  
EST

### Stay connected

 [psychology.msu.edu](https://psychology.msu.edu)

 [PSY Fall Events](#)

 [@msu\\_psyugrad](#)

### Contact Us

 (517) 353-7271

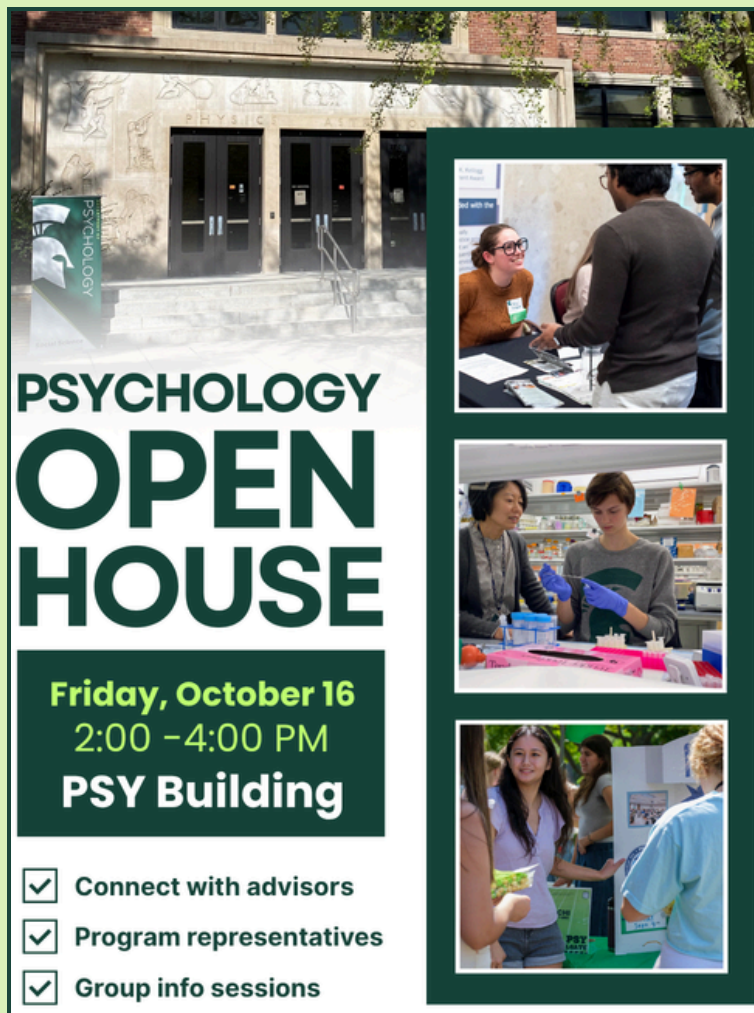
 [psyugrad@msu.edu](mailto:psyugrad@msu.edu)

 [Psychology Bldg # 100](#)

 [Virtual Office \(Zoom\)](#)  
Meeting ID: 974 4217 5358  
Passcode: psyugrad

## CALLING ALL PSY MAJORS!

Join us on **Friday, October 16th** for two fun opportunities to connect, get involved, and meet fellow students in the Psychology program.



**PSYCHOLOGY  
OPEN  
HOUSE**

**Friday, October 16**  
2:00 - 4:00 PM  
**PSY Building**

- ☒ Connect with advisors
- ☒ Program representatives
- ☒ Group info sessions

The poster features a large image of the Psychology Building entrance. To the right of the main text, there are three smaller inset photos: the top one shows two students talking at a table; the middle one shows a student in a lab coat working with equipment; the bottom one shows a group of students gathered around a table.

### Stop by our PSY Open House!

Come and chat with advisors and program representatives! Come learn more about the Psychology program, discover ways to stay connected as a PSY major, and get your questions answered!

**Join us from 2-4PM!**



**PSY  
SPEED  
FRIENDING**

**DO YOU HAVE ENOUGH PSY FRIENDS?**  
(TRICK QUESTION: YOU CAN NEVER HAVE TOO MANY!)

**SPEED FRIENDING = FAST CHATS, FUN VIBES,  
& NEW FRIENDS IN YOUR MAJOR!**

**FRIDAY, OCTOBER 16TH**  
**GILTNER 173 3:30-5 PM**

The poster is decorated with green triangular bunting at the top. At the bottom, there is a colorful illustration of a diverse group of seven students standing together and smiling.

### Join us for PSY Speed Friending!

Looking to meet more of your fellow PSY majors? This is a fun, low-pressure way to make new connections, meet other students in the program, and build your PSY community.

After you've cruised the Open House, **join us from 3:30-5PM in Giltner Hall 173.**

**We can't wait to see you there!**

## UPCOMING EVENTS/ OPPORTUNITIES



The office for Education Abroad is hosting their annual **Global Learning Expo on Thursday, October 8 from 1PM–5PM at the Breslin Center.**

If you've ever thought about domestic or international study, the Global Learning Expo is the perfect place to begin your search!

**Stop by the PSY Booth** to learn more about our study away programs.

**The ARISE Lab** focuses on making treatment for eating disorders, disordered eating, and body image concerns accessible to all.

They have **created three single session interventions** targeting issues related to body image concerns, self compassion and intuitive eating. **They are looking for participants!**

Learn more about the session [here](#).



**The Department of Political Science** will be hosting a Law School 101 event on Friday, October 9th from 10–11am in 104 S. Kedzie Hall.

Join Department of Political Science professor Melissa O'Shea in a question and answer session about law school. . If you are considering or planning to attend law school, this event will be a great way to learn more about the law school process! **[RSVP here](#)**

**The Long Lab** is seeking to hire one or more undergraduate researchers to assist with current projects in biology education research for the Fall 2026 semester. Our lab conducts diverse research related to learning, especially in relation to the skills and concepts expected of biologists and/or biology-literate individuals. Learn more about it [here](#).



The **Penn Hill Group 2027 Spring Internship Program** is open to apply! Students who are interested in **research and advocacy, Federal policy and legislation and issues in education** to apply by Sunday, October 18<sup>th</sup>. Learn more about it [here](#).

## UPCOMING EVENTS/ OPPORTUNITIES

**Save the dates! We have a host of exciting events planned for the fall semester!** Events will include a mix of in-person and remote opportunities, so there will be plenty of ways to participate. **Click the links on the right to learn more!**

| psycology FALL 2026 EVENTS   |                                                             |   |
|------------------------------|-------------------------------------------------------------|---|
| EXPERIENTIAL LEARNING SERIES |                                                             |   |
| PSY ADVISORS                 |                                                             |   |
| GRAD SCHOOL SERIES           |                                                             |   |
| PSY STUDENT SUCCESS MENTORS  |                                                             |   |
| 9.8                          | PSY Planner Party - 4:30-6 PM                               | 👤 |
| 9.18                         | Education Abroad - 1-2 PM                                   | 📺 |
| 9.25                         | Internships - 1-2 PM                                        | 📺 |
| 9.30                         | PSYCHFest! - 3-5 PM                                         | 👤 |
| 10.7                         | Writing Workshop 1 - Curriculum Vitae/LoRs - 5:30-6:30 PM   | 👤 |
| 10.9                         | Adolescent Diversion Program - 1-2 PM                       | 📺 |
| 10.13                        | Requirement Refresh - 11 AM-12:30 PM                        | 📺 |
| 10.14                        | Writing Workshop 2 - Grad Application Essays - 5:30-6:30 PM | 👤 |
| 10.15                        | Requirement Refresh - 1-2:30 PM                             | 👤 |
| 10.16                        | College of Social Science Opportunities - 11 AM-12 PM       | 📺 |
| 10.16                        | PSY Department Open House - 2-4 PM                          | 👤 |
| 10.16                        | PSY Speed Friending - 3:30-5 PM                             | 👤 |
| 10.19                        | Requirement Refresh - 3-4:30 PM                             | 📺 |
| 10.21                        | Faculty/Alumni Grad School Panel - 7-8 PM                   | 👤 |
| 10.23                        | Requirement Refresh - 11 AM-12:30 PM                        | 📺 |
| 11.13                        | Undergraduate Research - 11 AM-12 PM                        | 📺 |
| 11.13                        | Psychology Student Success Mentors - 1-2 PM                 | 📺 |
| 10.11-12.12                  | PSSM Finals Prep Lab - During Support Hours                 | 👤 |
| 10.11-12.12                  | PSSM Finals Prep Week - During Support Hours                | 👤 |

## PSY EXPERIENTIAL LEARNING SERIES

## grad school series

## PSY Student Success Mentors events

## Career Services Network

## Academic Success Workshops



## PRE-HEALTH ESSENTIALS INFORMATION SESSIONS

## Student Support Resources

## BUILD YOUR PSY COMMUNITY

The PSY Student Success Mentors are now holding Support Hours in **Giltner Hall, Room 173**, with both **in-person and Zoom options**, creating a dedicated space for PSY students to drop in throughout the semester.

Come by to get help with studying, organization, time management, PSY processes, campus resources, or navigating the department. Or come by because you have a break between classes and want somewhere to work, relax, or be around other PSY majors. **You can request a mentor to work with or stop by the drop in support hours!**

Learn more [here](#).

