# A RETROSPECTIVE STUDY OF THE INCIDENCE OF ECZEMA AND ATOPIC DERMATITIS IN THE PEDIATRIC POPULATION OF FLINT DURING THE FLINT WATER CRISIS



Project members: Emily Myers, Ethan Soave, Kimberly Forman, James Kinville Faculty mentors: JENNIFER EDWARDS-JOHNSON, DO; AISHA HARRIS, MD; GURBAKSH ESCH, MD; JENNY LECHANCE, MS

## INTRODUCTION

- During the Flint Water Crisis, increased blood levels of lead, trihalomethane, iron and other metals were found in Flint residents.
  There was also a reported increase in Legionnaires disease cases and positive E. Coli cultures.<sup>1,2,3</sup>
- Various studies have linked the time period of the Flint Water Crisis with an increase in the number of dermatologic cases. 4,5,6
- Exposure to measurable levels of lead, in particular, has been indicated to harm the skin in other contexts as well.<sup>7</sup>
- However, no study yet exists using an EMR to examine dermatologic trends in the city of Flint before, during, and after the crisis.
- We propose a retrospective study to analyze the incidence of eczema and atopic dermatitis in the pediatric population of Flint during the Flint Water Crisis

# **OBJECTIVES**

The primary objectives of our study will be the following:

- To quantify the incidence of eczema and atopic dermatitis in the pediatric population of Flint during three distinct time periods (pre-crisis, crisis, and post-crisis).
- To evaluate temporal trends and associations in dermatologic diagnosis in relation to documented changes in water quality.
- To assess demographic and clinical patterns among affected children across the three time periods.
- To identify gaps in dermatologic care access or documentation that may have influenced diagnosis rates or follow-up during and after the crisis.

## **METHODS**

**Study Design:** Retrospective cohort study using EMR data from pediatric encounters in Flint, MI.

### **Study Periods:**

- Pre-crisis October 2012 to March 2014
- Crisis April 2014 to October 2015
- Post-crisis November 2015 to April 2017

**Population:** Pediatric patients (0-18 years old) with documented clinical encounters geocoded to participating Flint-area clinics.

**Data Source:** EMR data queried for new diagnoses of atopic dermatitis or eczema via corresponding ICD-10 codes.

#### **Inclusion Criteria:**

- First-time documentation of relevant ICD-10 codes during study period.
- Residence within Flint zip codes.
- Age ≤ 18 at the time of diagnosis.

#### **Exclusion Criteria:**

- Repeat diagnosis or follow-up visit for previously documented diagnosis.
- Incomplete demographic or encounter data.

# Flint Water Crisis Timeline 1

Pre-Crisis

- •1967-April 2014
- Flint had contracted with the Detroit Water and Sewage Department to receive Lake Huron water treated to prevent pipe corrosion

Crisis Begins

•April 2014

 Despite multiple warnings, Flint, MI starts distributing water from the Flint River filtered in a Flint power plant

•Improperly treated water corrodes the pipes, leaching lead and other contaminants into the tap water

Crisis Ends

- October 2015
- •Flint stops distributing water from the Flint River and resumes receiving water from the DWSD

Residual Effects

- October 2015-present
- •Even though the water supply was switched, the nowcorrosive pipes continue to contaminate the water. Corrosive byproducts continued to be reported for at least one year following the "end" of the crisis

# DATA ANALYSIS AND EXPECTED OUTCOMES

- Rates will be expressed as the number of new diagnoses per 1,000 pediatric patients (<18 years old) residing within Flint city limits.</li>
- Descriptive statistics will summarize demographic variables, including age, sex, race/ethnicity, and insurance status, to characterize the study population across time periods
- Temporal trends will be visualized using time-series plots to assess changes in incidence over the study duration
- Correlation analyses (e.g. Chi-square test) will examine relationships between dermatologic outcomes and environmental indicators, including water quality metrics (lead concentration, pH, chloride levels) and aggregate pediatric blood lead levels during the same periods
- All analyses will be conducted using standard statistical software, with statistical significance defined as p < 0.05.</li>
- We expect to observe higher incidence rates of eczema and contact dermatitis during the Flint Water Crisis compared to pre- and post-crisis
- Demographic analysis may reveal disparities in disease burden by race/ethnicity and insurance status, reflecting underlying inequities in environmental exposure and healthcare access.

# SIGNIFICANCE & LIMITATIONS

<u>Significance</u>: The study aims to bridge a gap in knowledge by quantifying a potential association between water contaminants and the incidence of eczema and dermatitis in children.

<u>Limitations</u>: Children unable to access to medical care are not taken into account in this study. Conditions other than eczema and dermatitis are not examined.

# RESULTS & CONCLUSIONS

This is a proposed study that is currently in the planning and development phase. It is subject to change.

# REFERENCES

- 1. Masten SJ, Davies SH, Mcelmurry SP. Flint Water Crisis: What Happened and Why?. J Am Water Works Assoc. 2016;108(12):22-34. doi:10.5942/jawwa.2016.108.0195
- 2. Allen JM, Cuthbertson AA, Liberatore HK, et al. Showering in Flint, MI: Is there a DBP problem?. J Environ Sci (China) 2017;58:271-284. doi:10.1016/j.jes.2017.06.009
- 3. Zahran S, McElmurry SP, Kilgore PE, et al. Assessment of the Legionnaires' disease outbreak in Flint, Michigan [published correction appears in Proc Natl Acad Sci U S A. 2018 Jun 19;115(25):E5835. doi: 10.1073/pnas.1808389115.]. Proc Natl Acad Sci U S A. 2018;115(8):E1730-E1739. doi:10.1073/pnas.1718679115
- 4. Veolia North America. Water Quality Report: Flint, MI. March 12, 2015. Accessed April 21, 2025. https://www.cityofflint.com/wp-content/uploads/Veolia-REPORT-Flint-Water-Quality-201503121.pdf
- 5. Ruckart, P. Z., Ettinger, A. S., Hanna-Attisha, M., Jones, N., Davis, S. I., & Breysse, P. N. (2019). The Flint Water Crisis: A Coordinated Public Health Emergency Response and Recovery Initiative. Journal of public health management and practice: JPHMP, 25 Suppl 1, Lead Poisoning Prevention(Suppl 1 LEAD POISONING PREVENTION), S84–S90. https://doi.org/10.1097/PHH.00000000000000001
- 6. Agency for Toxic Substances and Disease Registry (ATSDR). Flint Rash Investigation. Centers for Disease Control and Prevention. Updated February 3, 2016. Accessed April 21, 2025. <a href="https://www.atsdr.cdc.gov/ace/php/investigations/flint-rash-investigation.html">https://www.atsdr.cdc.gov/ace/php/investigations/flint-rash-investigation.html</a>
- Rerknimitr P, Kantikosum K, Chottawornsak N, et al. Chronic occupational exposure to lead leads to significant mucocutaneous changes in lead factory workers. J Eur Acad Dermatol Venereol. 2019;33(10):1993-2000. doi:10.1111/jdv.15678