

PATRICK CABEL

CPHT

Senior Pharmacy Management Consultant

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Current Responsibility

Patrick Cambel is a senior pharmacy management consultant with the Hartford office of Milliman. He joined the firm in 2012.

Professional Work Experience

Patrick provides pharmacy benefit management consulting services to both public and private sector clients, including employers, group purchasing organizations, health plans, Taft-Hartley, and multiemployer trusts. Patrick works with these organizations to manage and monitor pharmacy benefits.

Patrick has previously worked for a major pharmacy benefit manager and has field experience working at multiple major retail pharmacy chains. Patrick has worked in multiple operational roles, including contact center, prior authorizations, and benefit configurations. In addition, Patrick held positions in internal and provider audits. His specialty is in pharmacy claims processing, auditing, and performance guarantees.

Patrick's core projects include:

- Claims processing and monitoring
- Audits—claims, implementation, operational, and rebates
- Pharmacy claim data warehousing and analytics
- Pharmacy benefit manager request for proposals and vendor selection
- Market checks
- Contract negotiations
- Due diligence in mergers and acquisitions

Professional Designations

- Certified Pharmacy Technician, Pharmacy Technician Certification Board
- Pharmacy Technician License, California Board of Pharmacy

Education

BS, Pharmacology - University of California, Santa Barbara

Presentations and Publications

- Pharmacy Benefits Management Institute Annual Meeting, 2018 and 2019.
- Society of Actuaries Health Meeting, 2019.
- PBM Contracting: Understand then Optimize, August 2020.
- Controlling Rx costs: Top 5 reasons for a PBM RFP, March 2021.