

# NINA LANTZ

FSA, EA, MAAA

Principal and Director, Employee Benefits Research

nina.lantz@milliman.com

+1 503 227 0634



## Current Responsibility

Nina Lantz is a principal and director of Employee Benefits Research at Milliman. She is based in Portland, Oregon. She joined the firm in 1993.

Nina supports Milliman's Employee Benefits Practice by keeping consultants informed on late-breaking legislation, regulations, accounting standards, and formal and informal agency guidance as it impacts employee benefits. She oversees the training of consultants on emerging technical matters and assists in producing Milliman publications and technical resources.

## Professional Work Experience

During her career, Nina has worked on a variety of corporate and public defined benefit plans, with a particular emphasis on multiemployer defined benefit plans. She has provided actuarial and consulting services to clients, supporting them in funding and administering their retirement plans, and developing strategies to help them navigate the challenges related to changing legislation and regulation, industry fluctuations, and market volatility.

## Professional Designations

- Fellow, Society of Actuaries
- Enrolled Actuary, ERISA
- Member, American Academy of Actuaries

## Education

BS, Mathematics, Oregon State University

## Affiliations

Member, International Foundation of Employee Benefit Plans