

MAHRUKH MAVALVALA

FSA, EA, MAAA

Principal & Consulting Actuary

mahrugh.mavalvala@milliman.com

+1 206 504 5801

Current Responsibility

Mahrugh Mavalvala is a principal and consulting actuary with the Seattle office of Milliman. She joined the firm in 2000.

Professional Work Experience

Mahrugh has more than 25 years of experience in the employee benefits field. She manages a wide range of corporate clients with a focus on minimum contribution requirements and FASB accounting calculations. She has expertise with many aspects of defined benefit pension plans, including actuarial valuations, experience studies, asset/liability projection studies, plan terminations, nondiscrimination testing, government filings, participant communication, plan administration, and plan design. Additionally, Mahrugh has experience performing postretirement medical valuations.

Professional Designation

- Fellow, Society of Actuaries
- Enrolled Actuary, ERISA
- Member, American Academy of Actuaries

Education

- BA, Mathematics and Physics, Agnes Scott College
- MS, Mathematics, University of Connecticut

Presentations and Publications

Mahrugh has given multiple presentations on defined benefit pension plans.

- Reducing Retirement Plan Risk in a Volatile Market
- AFTAPs and Benefit Restrictions for Defined Benefit Plans.
- Accounting Standards Codification, Convergence, and Other Changes
- Phased Retirement Issues