

COURTNEY WILLIAMSON

ASA, MAAA

Associate Actuary

courtney.williamson@milliman.com

952-820-2413



Current Responsibility

Courtney Williamson is an associate actuary with the Minneapolis office of Milliman. She joined the firm in 2012.

Professional Work Experience

Prior to joining Milliman in October 2012, Courtney graduated from the University of St. Thomas where she majored in Actuarial Science and minored in Mathematics and Economics. Since joining Milliman, Courtney's primary area of concentration has been long-term care insurance. She has assisted clients with in-force management, including state insurance department rate filings and experience studies. She has experience with data management and review, regulatory compliance review, client and government communication, and project management.

Professional Designations

- Associate, Society of Actuaries
- Member, American Academy of Actuaries

Education

BS (Magna Cum Laude), Actuarial Science with Mathematics and Economics Minors, University of St. Thomas

Presentations and Publications

- Nonforfeiture benefits and long-term care rate increases: What is the financial impact on insurers that offer nonforfeiture? Society of Actuaries LTC Newsletter. December 2016.
- Coinsurance for Long-term Care: Another Viable Benefit Reduction Option for Rate Increases? Society of Actuaries LTC Newsletter. June 2022.
- Impacts and Considerations of Statistical Bias in LTC Due to Benefit Reductions. Society of Actuaries LTC Newsletter. August 2024.
- LTC Rate Increase Landscape Update. Society of Actuaries LTC Newsletter. April 2025.
- Long-term care rate increase survey: An industry survey of strategies and experiences with rate increases. Milliman Report. April 2025.