

COBRA Rates 2026 - Management

Company Facilities	Plan Name	2026 Monthly COBRA Rate Single Coverage
All Sites	PPO Plan	\$1,458.16
All Sites	Choice Plan	\$1,274.46
ALB, B-G, CEC, STL, Dutchess and Orange Counties	CDPHP	\$1,229.93
BUF, NIA	Independent Health	\$1,189.67
All sites	Dental	\$63.61
All sites	Core Vision - Employee Only	\$4.25
All sites	Optional Vision	\$12.75
All sites	Employee Assistance Program	\$1.75

Company Facilities	Plan Name	2026 Monthly COBRA Rate Family Coverage
All Sites	PPO Plan	\$3,677.17
All Sites	Choice Plan	\$3,186.77
ALB, B-G, CEC, STL, Dutchess and Orange Counties	CDPHP	\$2,863.77
BUF, NIA	Independent Health	\$2,974.18
All sites	Dental	\$144.70
All sites	Optional Vision Plan	\$29.34
All sites	Employee Assistance Program	\$1.75

All rates include a 2% administrative fee