Coverage for: Individual/Family | Plan Type: PS1



## Choice Plus PPO EE & EE + Family

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit ONEOK Portal or call 1-855-663-6547. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-800-232-8943 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network*: \$500 Individual / \$1,500 Family Non-Network*: \$1,500 Individual / \$4,500 Family per calendar year. *Deductibles cross-apply	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive Care</u> and primary care services with <u>copay</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other deductibles for specific services?	No, there are no other <u>deductibles</u> .	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this <u>plan</u> covers.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For <u>network provider</u> *: \$2,750 Individual / \$8,250 Family For out-of- <u>network providers</u> *: \$6,000 Individual / \$18,000 Family per calendar year *Out-of-pockets cross-apply	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	<u>Premiums, balance-billing</u> charges, health care this <u>plan</u> doesn't cover, penalties for failure to obtain <u>prior authorization</u> for services.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <a href="www.myuhc.com">www.myuhc.com</a> or call 1-800-232-8943 for a list of <a href="network providers">network providers</a> .	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You	Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$30 <u>copay</u> /visit	40% <u>coinsurance</u>	Virtual visit - in-network \$5 copay per visit by a Designated Virtual Network Provider. No virtual visit coverage for out of network. If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
If you visit a health care <u>provider's</u> office or clinic	Specialist visit	\$50 <u>copay</u> /visit	40% <u>coinsurance</u>	If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
	Preventive care/screening/immunization	No charge	Not covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for. No coverage out-of- <u>network</u> .
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Prior Authorization required out-of- network for Sleep Studies or \$300 penalty.

		What You Will Pay		
Common Medical Event	Services You May Need	<u>Network Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Prior Authorization required out-of- network or \$300 penalty.
	Generic Drugs (Tier 1)	Retail: \$7.50 <u>copay</u> Mail Order: \$22.50 <u>copay</u> Retail: 30% <u>coinsurance</u> ,	Retail: \$7.50 <u>copay</u>	Tier 1: Retail up to a 31-day supply.  Lesser of drug cost or \$7.50. Mail Order up to a 90-day supply at 3 times the retail
	Preferred brand drugs (Tier 2)	deductible does not apply Mail Order: 30%  coinsurance deductible does not apply	Retail: 30% <u>coinsurance</u> <u>deductible</u> does not apply	cost. Tier 2: Retail up to 31-day supply. 30% with \$25 min/\$75 max. Mail Order up to a 90-day supply at 3 times the retail
If you need drugs to treat your illness or condition  More information	Non-preferred brand drugs (Tier 3)	Retail: 40% <u>coinsurance</u> , <u>deductible</u> does not apply Mail Order: 40% <u>coinsurance</u> <u>deductible</u> does not apply	Retail: 40% <u>coinsurance</u> <u>deductible</u> does not apply	cost. Tier 3: Retail up to 31-day supply. 40% with \$50 min/\$150 max. Mail Order up to 90-day supply at 3 times the retail cost. Specialty: 30% with \$100 min/\$300 max Certain drugs may have a Prior Authorization requirement. If you use a non-network Pharmacy, you are responsible for any amount over the allowed amount. You may be required to use a lower-cost drug(s) prior to benefits under your policy being available. Certain preventive medications (including certain contraceptives) are covered at no charge.
about <u>prescription</u> <u>drug coverage</u> is available at <u>www.myuhc.com</u>	Specialty drugs (Tier 4)	Retail: 30% <u>coinsurance</u> , <u>deductible</u> does not apply Mail Order: 30% <u>coinsurance deductible</u> does not apply	Retail: N/A Mail Order: N/A	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Prior Authorization required out-of- network or \$300 penalty.
1 8 J	Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u>	None

		What You Will Pay		
Common Medical Event	Services You May Need	<u>Network Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need	Emergency room care	\$300 <u>copay</u> /visit, 20% <u>coinsurance</u>	\$300 <u>copay</u> /visit 20% <u>coinsurance</u>	None
immediate medical attention	Emergency medical transportation	20% <u>coinsurance</u>	20% <u>coinsurance</u>	None
	<u>Urgent care</u>	\$65 <u>copay</u> /visit	40% <u>coinsurance</u>	None
If you have a	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Prior Authorization required out-of- network or \$300 penalty.
hospital stay	Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u>	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$30 <u>copay</u> /visit	40% <u>coinsurance</u>	Prior Authorization required out-of- network for certain services or \$300 penalty applies. Partial Hospitalization/Intensive Outpatient Treatment and Intensive Behavioral Therapy (ABA) in-network 80% after deductible and out-of-network 60% after deductible. EAP through Lyra Health and limited to 6 EAP visits per calendar year covered at no charge.
	Inpatient services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Prior Authorization required out-of- network for inpatient facility or \$300 penalty.
	Office visits	\$30 <u>copay</u> /initial visit only	40% <u>coinsurance</u>	
If you are pregnant	Childbirth/delivery professional services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Childbirth/delivery facility services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Cost sharing does not apply for preventive services. Depending on the type of service, a copayment, coinsurance or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC. (i.e., ultrasound)  Prior Authorization required for out-of-network for inpatient stays that exceed 48 hours for natural delivery or 96 hours for cesarean or \$300 penalty.
	Home health care	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Limited to 120 visits per calendar year.  Prior Authorization required out-of- network for home healthcare for certain services (skilled nursing by RN or LPN) or \$300 penalty.
	Rehabilitation services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	None
If you need help	Habilitation services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Habilitation Services are provided, and limits are combined with Rehabilitation Services above.
recovering or have other special health needs	Skilled nursing care	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Limited to 60 days per calendar year.  Prior Authorization required out-of- network or \$300 penalty.
	Durable medical equipment	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Prior Authorization required out-of- network for DME over \$1,000 or will not be covered.
	Hospice services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Prior Authorization required out-of- network before admission for an inpatient stay in a hospice facility or \$300 penalty.

		What You Will Pay		
Common Medical Event	Services Vou May Need		Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If your child needs	Children's eye exam	Not covered	Not covered	Child routine vision exam is not covered.
dental or eye care	Children's glasses	Not covered	Not covered	Child glasses are not covered.
	Children's dental check- up	Not covered	Not covered	Child dental check-up is not covered.

#### **Excluded Services & Other Covered Services:**

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> <u>services</u> .)				
<ul> <li>Adult routine vision exam (i.e. refraction)</li> <li>Cosmetic Surgery</li> <li>Dental Care (Adult)</li> <li>Long-term care</li> <li>Non-emergency care when traveling outside the U.S.</li> <li>Routine foot care</li> <li>Weight loss programs</li> </ul>				
Other Covered Services (Limitations may apply	to these services. This isn't a complete list. Plea	se see your <u>plan</u> document.)		
<ul> <li>Acupuncture – 26 visits per calendar year</li> <li>Bariatric Surgery – 1 per lifetime</li> </ul>	<ul> <li>Chiropractic care – 26 visits per calendar year</li> <li>Hearing aids – 1 per ear per person every 48 months no age limitation</li> </ul>	<ul> <li>Infertility treatment – refer to Progyny for limitations</li> <li>Private-duty nursing</li> </ul>		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">https://www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.dol.gov/ebsa/healthreform">Health Insurance Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov/">Marketplace</a>, visit <a href="https://www.HealthCare.gov/">www.HealthCare.gov/</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 1-800-232-8943 or visit <u>www.myuhc.com</u> or the Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa/healthreform</u>.

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this <u>plan</u> meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-232-8943.

Traditional Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-232-8943.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-232-8943.

Pennsylvania Dutch (Deitsch): Fer Hilf griege in Deitsch, ruf 1-800-232-8943 uff.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-232-8943.

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 1-800-232-8943.

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 1-800-232-8943.

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, a'gang 1-800-232-8943.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.—

### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall	\$500
<u>deductible</u>	φ300
■ Specialist copayment	\$50
■ Hospital (facility)	20%
<u>coinsurance</u>	2070
■ Other <u>coinsurance</u>	20%

## This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pa	ay:

<u>Cost Sharing</u>		
<u>Deductibles</u>	\$500	
<u>Copayments</u>	\$0	
<u>Coinsurance</u>	\$2,300	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$2,860	

## Managing Joe's type 2 Diabetes

(a year of routine in-<u>network</u> care of a wellcontrolled condition)

■ The <u>plan's</u> overall	\$500
<u>deductible</u>	φ300
■ Specialist copayment	\$50
■ Hospital (facility)	20%
<u>coinsurance</u>	20%
■ Other <u>coinsurance</u>	20%

# This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would	pay:

<u>Cost Sharing</u>		
<u>Deductibles</u>	\$100	
<u>Copayments</u>	\$600	
<u>Coinsurance</u>	\$900	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,620	

## Mia's Simple Fracture

(in-<u>network</u> emergency room visit and follow up care)

■ The <u>plan's</u> overall	\$500
<u>deductible</u>	φ300
■ Specialist copayment	\$50
■ Hospital (facility)	20%
<u>coinsurance</u>	2070
■ Other <u>coinsurance</u>	20%

## This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
<u>Cost Sharing</u>		
<u>Deductibles</u>	\$500	
<u>Copayments</u>	\$500	
<u>Coinsurance</u>	\$300	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,300	