Bonefish Grill Top 9 Allergens

Bonefish Grill is committed to providing our guests with the highest quality food and service. Our allergen information is based on information provided by our approved vendors. Due to product substitutions and recipe changes, we cannot guarantee that the allergen information listed will be the same at the time of your dining experience. All of our menu items are made to order. Deep fried items are fried in a shared fryer sothere is high risk of cross contact. We do not recommend that guests with allergies order fried foods. Soybean oil is not labeled as a soy allergen per FDA allergen labeling guidelines. Please ask to speak with the manager on duty to inform them of your allergies.

Created: July 2025	Y = YES THE ALLERGEN IS PRESENT										
Menu Item Name	Eggs	Fish	Milk	Peanuts	Sesame	Shellfish	Soybean	Treenuts	Wheat		
Starters & Sharing	_99			T Cumous			o o , would				
Bang Bang Shrimp	Y		Y			Y	Y		Υ		
Tempura Crunch Sashimi Tuna	Y	Υ			Y	-	Y		Υ		
Calamari, Appetizer	Y		Υ			Y	Y		Υ		
Crab Cakes	Υ	Υ	Υ			Υ	Y		Υ		
Blackened Chicken Egg Rolls	Y		Υ				Y		Υ		
Mussels Josephine with Bread, Oil, Herbs			Υ			Υ	Y		Υ		
Imperial Dip w Tortilla Strip	Y	Υ	Υ			Y	Υ		Υ		
Crispy Cauliflower	Υ		Y				Y		Y		
Bread and Pesto			Y						Υ		
Soups & Greens		I									
Corn Chowder + Lump Crab, Cup			Y			Y	Y		Y		
Corn Chowder + Lump Crab, Bowl			Y	-		Y	Y		Y		
Tomato Bisque Soup cup			Y						Y		
Tomato Bisque Soup Bowl			Y	-		Y	Y		Y		
Entrée Salad with Shrimp and Citrus Herb Vinaigrette			V	-		Y			V		
Caesar Salad with Wood Grilled Chicken and Dressing	Y	Y	Y	-			Y		Y		
Shaved Brussels Sprouts Salad with Salmon and Dressing		Y					Y	Y	Y		
House Side Salad with Citrus Herb Vinaigrette											
Caesar Side Salad with Dressing	Y	Y	Y						Y		
Shaved Brussels Sprouts Salad								Y	Υ		
Chef-Curated Selections											
Pan Asian Butterfish with Sauteed Spinach & Jasmine Rice	Υ	Y			Y	Y	Υ		Υ		
Bourbon Glazed Salmon with New Potatoes & Seasonal Veg	Y	Υ	Υ				Υ		Υ		
Pan-Seared Blackened Ahi Tuna with Jasmine Rice & Kung Pao Brussels Sprouts		Υ	Y			Y	Y	Y	Υ		
Scallops and Shrimp Scampi Pasta			Y			Υ	Y		Υ		
Filet & Lobster Tail with Garlic Whipped Potatoes & broccoli			Y			Y	Υ				
Bone In Fontina Pork Chop w/ roasted new potatoes and Asparagus			Y								
Simply Grilled											
Lemon Butter			Y				Y				
Pan Asian Sauce	Υ				Υ	Υ	Y		Y		
Mango Salsa	Υ	Y	Y	Y	Υ	Υ	Υ	Υ	Υ		
Chimichurri Sauce											
Lemon Caper Butter Sauce			Y								
Mahi-Mahi	Υ	Y	Y	Y	Y	Υ	Υ	Υ	Υ		
Grilled Sea Bass	Υ	Υ	Y	Y	Y	Υ	Υ	Y	Υ		
Atlantic Salmon	Υ	Y	Y	Y	Y	Υ	Υ	Υ	Y		
Grilled Rainbow Trout		Υ					Y				
Filet Mignon			Υ								

			Υ	Y = YES TH	E ALLERG	EN IS PRES	SENT		
Menu Item Name	Eggs	Fish	Milk	Peanuts	Sesame	Shellfish	Soybean	Treenuts	Wheat
Bone-In 12 oz Pork Chop			Y						
Wood-Grilled Chicken			Y				Υ		
Signature Vegetables									
Jasmine Rice				-					
Coleslaw	Y				Υ		Y		Y
BFG Garlic Mashed Potatoes Side			Y				Υ		
Steamed Broccoli			Υ				Y		
French Fries									
From the Sea									
Scallops & Shrimp with Jasmine Rice & Seasonal Veg			Υ			Υ	Υ		
Creamy Tomato Linguine with Shrimp			Y			Y	Υ		Y
Creamy Tomato Linguine with Salmon		Υ	Υ				Υ		Υ
Creamy Tomato Linguine with Chicken			Υ				Υ		Υ
Cod Imperial with Jasmine Rice & Asparagus	Y	Y	Y			Y	Y		Υ
Lobster Tail with Jasmine Rice & Seasonal Veg			Y			Y			
BFG Mahi Mahi & Shrimp with Rice & Broccoli and Mango Salsa (High Tide 2025)		Υ	Υ			Y	Υ		
Parmesan Crusted Rainbow Trout with Jasmine Rice and Seasonal Veg	Υ	Υ	Y				Υ		Υ
Fish & Chips	Υ	Υ					Υ		Υ
Bang Bang Shrimp Tacos with Fries	Y		Y			Y	Y		Y
Bang Bang Shrimp Tacos with Coleslaw	Y		Υ		Υ	Y	Υ		Υ
Blackened Baja Fish Tacos with Fries	Υ	Υ	Y						Υ
Blackened Baja Fish Tacos with Coleslaw	Υ	Υ	Υ		Υ		Υ		Y
From the Land									
Lily's Chicken with Whipped Potatoes & Broccoli			Y				Y		
Chicken Marsala with Whipped Potatoes & Broccoli			Y				Υ		
Chimichurri Bistro Filet with Fries & Broccoli			Y				Y		
Half Pound BFG Burger with fries	Y		Y		Y		Y		Y
Half Pound BFG Burger with Coleslaw	Y		Y		Y		Y		Υ
Add To Any Entrée							1	ı	
Shrimp Skewer 5 each w/ citrus dressing		.,		-		Y	Y		
Crab Cake	Y	Y	Y			Y	Y		Y
Scallop (4) Skewer w/ Citrus Dressing Add On Lobster Tail			Y	-		Y	Y		
			Y			Y			
Premium Sides						ı		ı	
Bacon Mac and Cheese			Y				Y		Y
Potatoes Au Gratin			Y						Y
Truffle Fries Kung Pao Brussol Sprouts			Y			Y	Y	Y	Y
Kung Pao Brussel Sprouts Seasonal Risotto (coconut risotto)			Y			Y	Y	Y Y	Y
Desserts			1						
Bourbon Brownie	Y		Y	Y			Y	Y	
Key Lime Cake	Y		Y	<u> </u>			Y	Y	Υ
Drunken Coconut Pie	Y		Y		Υ		Y	Y	Y
Social Hour									
Ahi Tuna Wonton Crisps	Y	Y			Υ	Υ	Υ		Υ
	Y	Y Y	Y		Y	Y Y	Y		Y

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Menu Item Name	Eggs	Fish	Milk	Peanuts	Sesame	Shellfish	Soybean	Treenuts	Wheat
Bangin' Chicken Bites	Υ		Υ				Y		Υ
Crispy Cauliflower	Υ		Υ				Y		Υ
Beef Sliders	Υ		Υ		Y		Y		Υ
Mahi Sliders		Υ	Υ		Υ		Υ		Υ
Minnow's Menu (Kids Meals)									
Kids Fish Strips	Υ	Υ							Υ
Kids Popcorn Shrimp			Υ			Υ			Y
Kids Chicken Bites			Υ						Y
Kids Mac & Cheese			Y						Y
Kids Grilled Chicken							Υ		
Kids Grilled Shrimp						Υ			
Kids Side Steamed Spinach									
Kids Side Green Beans									
Kids Side Steamed Broccoli									
Kids Side Fries									
Catering (Serves 10)									
Starters and Sharing									
Bang Bang Shrimp	Υ		Υ			Y	Y		Υ
Beef and Ginger Dumplings	Υ	Y			Υ		Y		Υ
Imperial Dip	Υ	Υ	Υ			Y	Y		Υ
Tempura Crunch Sashimi Tuna	Υ	Υ			Υ		Y		Υ
Soups and Greens									
House Side Salad with Citrus Herb Vinaigrette									
Caesar Side Salad with Dressing	Υ	Y	Υ						Υ
Sides									
Garlic Whipped Potatoes			Υ				Y		
Jasmine Rice									
Broccoli			Υ				Y		
Green Beans			Υ				Y		
Bacon Mac and Cheese			Υ				Y		Y
Bread and Pesto			Υ						Υ
Entrees									
Grilled Shrimp						Υ	Y		
Simply Grilled Salmon		Υ					Υ		
Simply Grilled Chicken			Υ				Y		Y
Lily's Chicken			Υ			Υ	Υ		Y
Creamy Tomato Cavatappi							Y		
Add Grilled Shrimp			Υ				Υ		
Add on Grilled Chicken			Υ						
Chimichurri									
Mango Salsa					Υ	Y	Y		Υ
Lemon Butter Sauce									
Tacos									
<u> </u>			Υ			Υ	Y		Υ
Bang Bang Shrimp Tacos	Υ								
Bang Bang Shrimp Tacos Blackened Fish Tacos	Y	Y	Υ						Υ
		Y	Y						Y
Blackened Fish Tacos	Υ	Y							
Blackened Fish Tacos Blackened Chicken Tacos	Υ	Y					Y		
Blackened Fish Tacos Blackened Chicken Tacos Desserts	Y	Y	Y				Y	Y	Y

			Y	' = YES TH	E ALLERG	EN IS PRES	ENT		
Menu Item Name	Eggs	Fish	Milk	Peanuts	Sesame	Shellfish	Soybean	Treenuts	Wheat
Catering (Individually Packaged)									
Simply Grilled Chicken							Y		
Lily's Chicken			Υ				Y		
Atlantic Salmon		Y					Y		
Half-Pound Beef Burger	Υ	•	Υ		Y		Y		Y
Creamy Tomato Linguine	·		Y		<u> </u>		·		Y
CaesarSalad with Dressing	Υ	Y	Y						Y
House Side Salad with Citrus Herb Vinaigrette	· ·	•	<u> </u>						,
Add-On: Wood-Grilled Shrimp						Y	Y		
Add On 4 oz Wood-Grilled Chicken						•	Y		
Chimichurri Sauce							'		
Mango Salsa									
Lemon Butter			Y						
			Y				Y		
Garlic Whipped Potatoes Green Beans			Y				Y		
Steamed Broccoli			Ϋ́				Y		
Jasmine Rice			Ť						
	Υ		V				V		V
Chocolate Chip Cookie			Y				Y		Y
Cranberry White Chocolate Cookie	Υ		Y				Y		Y
Bread and Pesto			Y						Y
Airport Source & Creams									
Soups & Greens	V		V			V	V		V
Bang Bang Shrimp	Y	V	Y		V	Y	Y		Y
Ahi Tuna Poke	Y	Y			Y	Y	Y		Y
Beef & Ginger Potstickers	Y	Y			Y		Y		Y
Crab-Topped Bang Fries	Υ					Y	Y		
Soups & Greens									
Corn Chowder + Lump Crab, Cup			Υ			Y	Y		Y
Corn Chowder + Lump Crab, Bowl			Υ			Y	Y		Y
House Side Salad with Citrus Herb Vinaigrette									
Caesar Side Salad with Dressing	Υ	Υ	Y						Υ
Add On 4 oz Wood-Grilled Chicken							Y		
Add-On: Wood-Grilled Shrimp						Y	Y		
Add On Salmon		Υ					Y		
From the Grill									
Atlantic Salmon, Regular		Υ					Y		
Mahi-Mahi		Υ					Y		
Chilean Sea Bass		Υ					Y		
Shrimp Skewer						Y	Y		
Wood-Grilled Chicken							Y		
The Angler's Sirloin Steak							Y		
Handhelds & Bowls									
Tuna Poke Bowl	Υ	Υ			Υ	Y	Y		Υ
Chicken Caesar Wrap	Υ	Υ	Υ				Y		Υ
Shrimp Caesar Wrap	Υ	Υ	Υ			Υ	Y		Υ
Half-Pound Beef Burger	Υ		Υ		Y		Υ		Υ
Fish & Chips	Υ	Υ					Y		Υ
Blackened Fish Sandwich	Υ	Υ	Υ		Υ		Y		Y
Fried Tempura Fish Sandwich	Υ	Υ	Υ		Υ		Y		Υ
Grilled Fish Sandwich	Υ	Υ	Υ		Υ		Y		Υ

	Y = YES THE ALLERGEN IS PRESENT									
Menu Item Name	Eggs	Fish	Milk	Peanuts	Sesame	Shellfish	Soybean	Treenuts	Wheat	
Grilled Chicken Sandwich	Υ		Υ		Y		Υ		Υ	
Pick Your Sides										
Garlic Whipped Potatoes			Y				Υ			
Green Beans			Υ				Υ			
Steamed Broccoli			Υ				Y			
Jasmine Rice										
French Fries										
Desserts										
Classic Cheesecake with Melba Sauce	Υ		Υ				Y		Υ	
Chocolate Chip Cookie	Υ		Υ				Y		Υ	
Chocolate Chip Cookie, 3 each	Υ		Υ				Y		Υ	
Chocolate Chip Cookie, 6 each	Υ		Υ				Y		Υ	
Cranberry White Chocolate Cookie	Υ		Υ				Y		Υ	
Cranberry White Chocolate Cookie, 3 each	Υ		Υ				Y		Υ	
Cranberry White Chocolate Cookie, 6 each	Υ		Υ				Y		Υ	