

Outback Steakhouse Top 9 Allergens

Outback Steakhouse is committed to providing our guests with the highest quality food and service. Our allergen information is based on information provided by our approved vendors. Due to product substitutions and recipe changes, we cannot guarantee that the allergen information listed will be the same at the time of your dining eYperience. All of our menu items are made to order. Deep fried items are fried in a shared fryer so there is high risk of cross contact. We do not recommend that guests with allergies order fried foods. Soybean oil is not labeled as a soy allergen per FDA allergen labeling guidelines. Please ask to speak with the manager on duty to inform them of your allergies.

Created:

February 2024

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	Y = YES THE ALLERGEN IS PRESENT									
Menu Item Name	Eggs	Fish	Milk	Peanuts	Sesame	Shellfish	Soybean	Treenuts	Wheat	Ingredients Fried in Shared Fryer in Beef Tallow
Blue Cheese Vinaigrette for Entrée Salads	Y		Y							
Light Balsamic Vinaigrette for Entree salads										
Honey Mustard for Entree Salads	Y									
Mustard Vinaigrette for Entree Salads										
So Many Ways To Steak										
Victoria's Filet Mignon 6 oz			Y							
Victoria's Filet Mignon 8 oz			Y							
Victoria's Filet Mignon 9 oz (Regional)			Y							
Victoria's Filet Mignon 11 oz (Regional)			Y							
Prime Filet 11 oz (Regional)			Y							
Filet Sheila			Y				Y		Y	Y
Outback Center Cut Sirloin 5 oz (Regional)			Y							
Outback Center-Cut Sirloin 6 oz			Y							
Outback Center Cut Sirloin 8 oz			Y							
Outback Center Cut Sirloin 9oz (Regional)			Y							
Outback Center-Cut Sirloin 11 oz			Y							
Outback Center Cut Sirloin 12oz (Regional)			Y							
Ribeye 12 oz			Y							
Ribeye 15 oz			Y							
Classic Prime Rib- 12oz.							Y		Y	
Classic Prime Rib- 16oz.							Y		Y	
Classic Prime Rib- 10.oz (Regional)							Y		Y	
Outback Style Prime Rib 16 oz.	Y		Y							
Outback Style Prime Rib-12 oz	Y		Y							
Outback Style Prime Prime- 10 oz.(Regional)	Y		Y							
Bone In Ribeye 18 oz			Y							
Prime NY Strip 16 oz			Y							
Prime NY Strip 20 oz			Y							
Melbourne Porterhouse 22 oz			Y							
Steak 'N Mate Combos										
Steak & Mate Combos 5 oz Sirloin & Grilled Shrimp on the Barbie (Regional)	Y	Y	Y		Y	Y	Y		Y	
Steak & Mate Combos 5 oz Sirloin & Coconut Shrimp (Regional)	Y		Y			Y		Y	Y	Y
Steak & Mate Combos 6 oz Sirloin & Grilled Shrimp on the Barbie	Y	Y	Y		Y	Y	Y		Y	
Steak & Mate Combos 6 oz Sirloin & Coconut Shrimp	Y		Y			Y		Y	Y	Y
Steak & Mate Combos 8 oz Sirloin & Grilled Shrimp on the Barbie	Y	Y	Y		Y	Y	Y		Y	
Steak & Mate Combos 8 oz Sirloin & Coconut Shrimp	Y		Y			Y		Y	Y	Y
Steak & Mate Combos 9 oz Sirloin & Grilled Shrimp on the Barbie (Regional)	Y	Y	Y		Y	Y	Y		Y	
Steak & Mate Combos 9 oz Sirloin & Coconut Shrimp (Regional)	Y		Y			Y		Y	Y	Y
Steak & Mate Combos 11 oz Sirloin & Grilled Shrimp on the Barbie (Regional)	Y	Y	Y		Y	Y	Y		Y	
Steak & Mate Combos 11 oz Sirloin & Coconut Shrimp (Regional)	Y		Y			Y		Y	Y	Y
Steak & Mate Combos 11 oz Sirloin & 5 oz Grilled Chicken (Regional)			Y				Y			
Steak & Mate Combos 11 oz Sirloin & 5 oz Alice Springs Chicken (Regional)	Y		Y				Y			
Steak & Mate Combos 12 oz Sirloin & Grilled Shrimp on the Barbie (Regional)	Y	Y	Y		Y	Y	Y		Y	
Steak & Mate Combos 12 oz Sirloin & Coconut Shrimp (Regional)	Y		Y			Y		Y	Y	Y
Steak & Mate Combos 5 oz Sirloin & 1/3 Rack Ribs (Regional)			Y				Y			
Steak & Mate Combos 5 oz Sirloin & 1/2 Rack Ribs (Regional)			Y				Y			
Steak & Mate Combos 6 oz Sirloin & 1/3 Rack Ribs			Y				Y			
Steak & Mate Combos 6 oz Sirloin & 1/2 Rack Ribs			Y				Y			
Steak & Mate Combos 8 oz Sirloin & 1/3 Rack Ribs			Y				Y			
Steak & Mate Combos 8 oz Sirloin & 1/2 Rack Ribs			Y				Y			
Steak & Mate Combos 9 oz Sirloin & 1/3 Rack Ribs (Regional)			Y				Y			
Steak & Mate Combos 9 oz Sirloin & 1/2 Rack Ribs (Regional)			Y				Y			
Steak & Mate Combos 11 oz Sirloin & 1/3 Rack Ribs (Regional)			Y				Y			
Steak & Mate Combos 11 oz Sirloin & 1/2 Rack Ribs (Regional)			Y				Y			

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Steak & Mate Combos 12 oz Sirloin & 1/3 Rack Ribs (Regional)			Y				Y				
Steak & Mate Combos 12 oz Sirloin & 1/2 Rack Ribs (Regional)			Y				Y				
Sirloin 5 oz & 5 oz Grilled Chicken (Regional)			Y				Y				
6 oz Sirloin & 5 oz Grilled Chicken			Y				Y				
8 oz Sirloin & 5 oz Grilled Chicken			Y				Y				
9 oz Sirloin & 5 oz Grilled Chicken on the Barbie (Regional)			Y				Y				
Sirloin 5 oz & 5 oz Alice Springs Chicken (Regional)	Y		Y				Y				
6 oz Sirloin & 5 oz Alice Springs Chicken	Y		Y				Y				
8 oz Sirloin & 5 oz Alice Springs Chicken	Y		Y				Y				
12 oz Ribeye & Grilled Shrimp on the Barbie	Y	Y	Y		Y	Y	Y		Y		
12 oz Ribeye & 4 Coconut Shrimp	Y		Y			Y		Y	Y	Y	Y
Ribeye 15 oz and 4 Grilled Shrimp on the Barbie	Y	Y	Y		Y	Y	Y		Y		
Ribeye 15 oz and 4 Coconut Shrimp	Y		Y			Y		Y	Y		Y
6 oz Filet & Lobster			Y			Y					
8 oz Filet & Lobster			Y			Y					
9 oz Filet & Lobster (Regional)			Y			Y					
Plus It Up											
Gold Coast Coconut Shrimp	Y		Y			Y		Y	Y		Y
Grilled Shrimp on the Barbie Add On	Y	Y	Y		Y	Y	Y		Y		
Add 4 oz Lobster Tail			Y			Y					
Toowoomba Topping			Y			Y	Y		Y		
Peppercorn Sauce			Y				Y		Y		
Roasted Garlic Butter Topping (small)			Y				Y				
Roasted Garlic Butter Topping (Large)			Y				Y				
Burgundy Mushrooms			Y				Y		Y		
Sauteed Shrooms			Y				Y		Y		
Grilled Onions			Y								
Steakhouse Potatoes & Sides											
Over The Top Brussels Sprouts	Y								Y		Y
Fresh Mixed Veggies			Y				Y		Y		
Broccoli			Y				Y				
Green Beans			Y								
Homestyle Mashed Potatoes			Y				Y				
Loaded Mashed Potato			Y				Y				
Steakhouse Mac & Cheese			Y						Y		
Aussie Fries											Y
Loaded Baked Potato			Y								
Loaded Sweet Potato			Y				Y				
Seasoned Rice			Y				Y		Y		
Broccoli and Cheese (Regional)			Y				Y				
Asparagus											
More Down Under Faves											
Bloomin' Fried Chicken	Y		Y						Y		Y
Outback Ribs Full Rack							Y				
Outback Ribs Half Rack							Y				
Outback Ribs 1/3 Rack (Regional)							Y				
Grilled Chicken on the Barbie 8 oz							Y				
Drover's Ribs & Chicken Platter (Regional)							Y				
Hand-Breaded Chicken Tenders	Y								Y		Y
Queensland Chicken & Shrimp Pasta			Y			Y	Y		Y		
Queensland Chicken Pasta (Regional)			Y				Y		Y		
Kingsland Sirloin & Shrimp Pasta			Y			Y	Y		Y		
Alice Springs Chicken Entree	Y		Y				Y				
Caramel Mustard Glaze Pork Chop			Y								
Spicy Jammin' Meatloaf	Y		Y				Y		Y		
Sammies & Burgers											

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