Outback Steakhouse Top 9 Allergens

Outback Steakhouse is committed to providing our guests with the highest quality food and service. Our allergen information is based on information provided by our approved vendors. Due to product substitutions and recipe changes, we cannot guarantee that the allergen information listed will be the same at the time of your dining eYperience. All of our menu items are made to order. Deep fried items are fried in a shared fryer so there is high risk of cross contact. We do not recommend that guests with allergies order fried foods. Soybean oil is not labeled as a soy allergen per FDA allergen labeling guidelines. Please ask to speak with the manager on duty to inform them of your allergies.

February 2024

Created:

	Y = YES THE ALLERGEN IS PRESENT									
Menu Item Name	Eggs	Fish	Milk	Peanuts	Sasama	Shellfish	Soybean	Treenuts	Wheat	Ingredients Fried in Shared
Aussie-Tizers	-995	11011		1 canato	Codumo	Chemion	Coyscan	Treenate	mout	Fryer in Beef Tallow
Bloomin' Onion ®	Y	1	Υ	ı					Y	Y
Aussie Cheese Fries	Y		Y				Y		•	Y
Kookaburra Wings®	Y		Y				Y		Y	Y
Grilled Shrimp on the Barbie	Y	Υ	Y		Y	Y	'		Y	'
Sydney 'Shrooms	Y	'	Y		'	'			Y	Y
Bloomin' Fried Shrimp	Y		Y			Y			Y	Y
Seared Peppered Ahi	Y	Υ			Y	•	Y		Y	•
Gold Coast Coconut Shrimp	Y					Y		Y	Y	Υ
Steakhouse Mac & Cheese Bites	Y		Υ				Y	-	Y	Y
Three Cheese Steak Dip			Y							•
Bloom Petals Appetizer (Regional)									Y	Y
Table Bread with Butter			Υ		Y				Y	
Soups & Side Salads									-	
Baked Potato Soup (Cup)			Y				Y		Y	
Baked Potato Soup (Bowl)			Υ				Y		Y	
Broccoli Soup (Cup)			Υ				Y		Y	
Broccoli Soup (Bowl)			Y				Y		Y	
Creamy Onion Soup (Cup)			Y				Y		Y	
Creamy Onion Soup (Bowl)			Y				Y		Y	
Tasmanian Chili cup			Y				Y			
Tasmanian Chili Crock			Y				Y			
French Onion Soup	Y		Y				Y	Y	Y	
Blue Cheese Wedge & 6 oz Sirloin (Regional)	Y		Y				Y			
House Side Salad (no dressing)			Y						Y	
Caesar Side Salad with Dressing	Y	Y	Y						Y	
Blue Cheese Pecan Chopped Side Salad	Y		Y					Y	Y	
Wedge Salad with Dressing	Y		Y				Y			
Add Grilled Salmon		Y								
Ranch Dressing for Side Salad	Y		Y							
Caesar Dressing for Side Salad	Y	Y	Υ							
Honey Mustard for Side Salads	Υ									
Tangy Tomato Dressing for Side Salads										
Blue Cheese Vinaigrette for Side Salads	Υ		Υ							
Creamy Blue Cheese for Side Salads	Υ		Y				Y			
Light Balsamic Vinaigrette for side salads										
Mustard Vinaigrette for Side Salads										
Entrée Salads										
Aussie Cobb Salad with Grilled Chicken (No Dressing)	Y		Y						Y	
										V
Aussie Cobb Salad with Crispy Chicken (No Dressing)	Y		Y						Y	Y
Aussie Cobb Salad with Grilled Salmon (No Dressing)	Υ	Y	Y				Y		Y	
Brisbane Caesar Salad with Grilled Chicken (5oz)	Υ	Y	Υ						Y	
Brisbane Caesar Salad with Crispy Chicken (5oz)	Υ	Y	Υ						Y	Υ
Brisbane Caesar Salad with Grilled Shrimp	Υ	Y	Υ			Y			Y	
Brisbane Caesar Salad with Dressing and Grilled Salmon	Y	Y	Y						Y	
Steakhouse Salad with Dressing	Υ		Υ					Y	Y	
Ranch Dressing for Entree Salad	Υ		Υ							
Caesar Dressing for Entree Salad	Y	Y	Υ							
Creamy Blue Cheese for Entrée Salad	Y		Υ				Y			
Tangy Tomato Dressing for EntreeSalads										

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Menu Item Name	Eggs	Fish	Milk	Peanuts	Sesame	Shellfish	Soybean	Treenuts	Wheat	Ingredients Fried in Shared Fryer in Beef Tallow
Blue Cheese Vinaigrette for Entrée Salads	Y		Y							Fryer III beer Tallow
Light Balsamic Vinaigrette for Entree salads										
Honey Mustard for Entree Salads	Y									
Mustard Vinaigrette for Entree Salads										
So Many Ways To Steak										
Victoria's Filet Mignon 6 oz			Y							
Victoria's Filet Mignon 8 oz			Y							
Victoria's Filet Mignon 9 oz (Regional)			Y							
Victoria's Filet Mignon 11 oz (Regional)			Y							
Prime Filet 11 oz (Regional)			Y							
Filet Sheila			Υ				Υ		Υ	Y
Outback Center Cut Sirloin 5 oz (Regional)			Y							
Outback Center-Cut Sirloin 6 oz			Υ							
Outback Center Cut Sirloin 8 oz			Υ							
Outback Center Cut Sirloin 9oz (Regional)			Y							
Outback Center-Cut Sirloin 11 oz			Y							
Outback Center Cut Sirloin 12oz (Regional)			Y							
Ribeye 12 oz			Υ							
Ribeye 15 oz			Υ							
Classic Prime Rib- 12oz.							Υ		Υ	
Classic Prime Rib- 16oz.							Y		Υ	
Classic Prime Rib- 10.oz (Regional)							Υ		Υ	
Outback Style Prime Rib 16 oz.	Υ		Υ							
Outback Style Prime Rib-12 oz	Υ		Υ							
Outback Style Prime Prime- 10 oz.(Regional)	Υ		Υ							
Bone In Ribeye 18 oz			Υ							
Prime NY Strip 16 oz			Υ							
Prime NY Strip 20 oz			Υ							
Melbourne Porterhouse 22 oz			Υ							
Steak 'N Mate Combos										
Steak & Mate Combos 5 oz Sirloin & Grilled Shrimp on the Barbie	Υ	Υ	Υ		Υ	Υ	Υ		Υ	
(Regional) Steak & Mate Combos 5 oz Sirloin & Coconut Shrimp (Regional)	Y		Y			Y		Y	Y	Υ
Steak & Mate Combos 6 oz Sirloin & Grilled Shrimp on the Barbie	Y	Y	Y		Y	Y	Y		Υ	
Steak & Mate Combos 6 oz Sirloin & Coconut Shrimp	Y	-	Y			Y		Y	Y	Y
Steak & Mate Combos 8 oz Sirloin & Grilled Shrimp on the Barbie	Y	Y	Y		Y	Y	Y	-	Y	-
Steak & Mate Combos 8 oz Sirloin & Coconut Shrimp	Y	-	Y			Y		Y	Y	Y
Steak & Mate Combos 9 oz Sirloin & Grilled Shrimp on the Barbie	Y	Y	Y		Υ	Y	Y	•	Y	•
(Regional)	Y	'	Y			Y		Y	Y	Y
Steak & Mate Combos 9 oz Sirloin & Coconut Shrimp (Regional) Steak & Mate Combos 11 oz Sirloin & Grilled Shrimp on the Barbie								1		1
(Regional)	Y	Y	Y		Y	Y	Y		Y	
Steak & Mate Combos 11 oz Sirloin & Coconut Shrimp (Regional)	Υ		Y			Y		Y	Y	Y
Steak & Mate Combos 11 oz Sirloin & 5 oz Grilled Chicken (Regional)			Υ				Υ			
Steak & Mate Combos 11 oz Sirloin & 5 oz Alice Springs Chicken (Regional)	Υ		Υ				Υ			
Steak & Mate Combos 12 oz Sirloin & Grilled Shrimp on the Barbie	Y	Y	Y		Υ	Y	Y		Y	
(Regional)		'			'		1	V		V
Steak & Mate Combos 12 oz Sirloin & Coconut Shrimp (Regional)	Y		Y			Y	V	Y	Y	Y
Steak & Mate Combos 5 oz Sirloin & 1/3 Rack Ribs (Regional)			Y				Y			
Steak & Mate Combos 5 oz Sirloin & 1/2 Rack Ribs (Regional)			Y				Y			
Steak & Mate Combos 6 oz Sirloin & 1/3 Rack Ribs			Y				Y			
Steak & Mate Combos 6 oz Sirloin & 1/2 Rack Ribs			Y				Y			
Steak & Mate Combos 8 oz Sirloin & 1/3 Rack Ribs			Y				Y			
Steak & Mate Combos 8 oz Sirloin & 1/2 Rack Ribs			Y				Y			
Steak & Mate Combos 9 oz Sirloin & 1/3 Rack Ribs (Regional)			Y				Y			
Steak & Mate Combos 9 oz Sirloin & 1/2 Rack Ribs (Regional)			Y				Y			
Steak & Mate Combos 11 oz Sirloin & 1/3 Rack Ribs (Regional)			Y				Y			
Steak & Mate Combos 11 oz Sirloin & 1/2 Rack Ribs (Regional)			Y				Y			

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Steak & Mate Combos 12 oz Sirloin & 1/3 Rack Ribs (Regional)			Υ				Y			
Steak & Mate Combos 12 oz Sirloin & 1/2 Rack Ribs (Regional)			Υ				Υ			
Sirloin 5 oz & 5 oz Grilled Chicken (Regional)			Υ				Y			
6 oz Sirloin & 5 oz Grilled Chicken			Υ				Y			
8 oz Sirloin & 5 oz Grilled Chicken			Υ				Y			
9 oz Sirloin & 5 oz Grilled Chicken on the Barbie (Regional)			Υ				Y			
Sirloin 5 oz & 5 oz Alice Springs Chicken (Regional)	Υ		Υ				Y			
6 oz Sirloin & 5 oz Alice Springs Chicken	Υ		Υ				Y			
8 oz Sirloin & 5 oz Alice Springs Chicken	Υ		Υ				Y			
12 oz Ribeye & Grilled Shrimp on the Barbie	Υ	Υ	Υ		Υ	Y	Y		Υ	
12 oz Ribeye & 4 Coconut Shrimp	Υ		Υ			Υ		Υ	Υ	Υ
Ribeye 15 oz and 4 Grilled Shrimp on the Barbie	Υ	Y	Υ		Υ	Υ	Υ		Υ	
Ribeye 15 oz and 4 Coconut Shrimp	Υ		Υ			Υ		Υ	Υ	Υ
6 oz Filet & Lobster			Υ			Υ				
8 oz Filet & Lobster			Υ			Υ				
9 oz Filet & Lobster (Regional)			Υ			Y				
Plus It Up										
Gold Coast Coconut Shrimp	Υ		Υ			Y		Y	Υ	Υ
Grilled Shrimp on the Barbie Add On	Υ	Υ	Υ		Υ	Υ	Υ		Υ	
Add 4 oz Lobster Tail			Υ			Y				
Toowoomba Topping			Υ			Y	Y		Υ	
Peppercorn Sauce			Υ				Y		Υ	
Roasted Garlic Butter Topping (small)			Υ				Y			
Roasted Garlic Butter Topping (Large)			Υ				Y			
Burgundy Mushrooms			Υ				Y		Υ	
Sauteed Shrooms			Υ				Y		Υ	
Grilled Onions			Υ							
Steakhouse Potatoes & Sides										
Over The Top Brussels Sprouts	Υ								Υ	Υ
Fresh Mixed Veggies			Y				Υ		Υ	
Broccoli			Y				Υ			
Green Beans			Y							
Homestyle Mashed Potatoes			Υ				Υ			
Loaded Mashed Potato			Υ				Υ			
Steakhouse Mac & Cheese			Υ						Υ	
Aussie Fries										Υ
Loaded Baked Potato			Υ							
Loaded Sweet Potato			Υ				Υ			
Seasoned Rice			Y				Υ		Υ	
Broccoli and Cheese (Regional)			Y				Υ			
Asparagus										
More Down Under Faves										
Bloomin' Fried Chicken	Υ		Υ						Υ	Υ
Outback Ribs Full Rack							Y			
Outback Ribs Half Rack							Υ			
Outback Ribs 1/3 Rack (Regional)							Υ			
Grilled Chicken on the Barbie 8 oz							Υ			
Drover's Ribs & Chicken Platter (Regional)							Y			
Hand-Breaded Chicken Tenders	Υ								Υ	Υ
Queensland Chicken & Shrimp Pasta			Υ			Υ	Y		Υ	
Queensland Chicken Pasta (Regional)			Υ				Υ		Υ	
Kingsland Sirloin & Shrimp Pasta			Υ			Y	Y		Υ	
Alice Springs Chicken Entree	Υ		Υ				Y			
Caramel Mustard Glaze Pork Chop			Υ							
Spicy Jammin' Meatloaf	Υ		Υ				Y		Υ	
Sammies & Burgers										

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Menu Item Name	Eggs	Fish	Milk	Peanuts	Sesame	Shellfish	Soybean	Treenuts	Wheat	Ingredients Fried in Shared Fryer in Beef Tallow
Prime Rib Sandwich	Y		Υ				Y		Υ	,,
Bloomin' Fried Chicken Sandwich	Υ		Υ		Υ				Y	Υ
Sweet Chook O' Mine Sandwich (Regional)	Υ		Υ		Y				Υ	
The Outbacker Burger with American Cheese			Υ		Υ		Υ		Υ	
Add Bacon										
The Bloomin' Burger	Y		Υ		Υ		Y		Υ	
Straight From the Sea										
Grilled Salmon with Remoulade	Υ	Y	Υ							
Lobster Tails Entrée			Υ			Υ				
Lobster Tails Entree (Regional)			Υ			Υ				
Grilled Shrimp on the Barbie Entree	Υ	Y	Υ			Υ				
Toowoomba Salmon		Y	Υ			Υ	Y		Y	
Sweet Finish										
Chocolate Tower (Regional)	Υ		Υ				Υ		Υ	
Tim Tam Brownie Cake	Υ		Υ	Y			Υ	Υ	Υ	
Chocolate Thunder from Down Under	Υ		Υ				Y	Y		
Butter Cake	Υ		Υ				Υ		Υ	
Triple Layer Carrot Cake	Υ		Υ				Υ	Υ	Υ	
Cheesecake with Raspberry sauce	Υ		Υ				Υ		Υ	
Cheesecake with Chocolate Sauce	Υ		Υ				Υ		Υ	
Salted Caramel Cookie Skillet	Υ		Υ				Υ	Υ	Υ	
What's For Lunch?										
5 oz Alice Springs Chicken	Υ		Υ				Υ			
Grilled Chicken on the Barbie 5 oz							Υ			
6 Grilled Shrimp on the Barbie	Υ	Υ	Υ		Υ	Υ	Υ		Υ	
6 Gold Coast Coconut Shrimp	Υ					Υ		Υ	Υ	Υ
Lunch Bloomin' Fried Chicken	Υ		Υ						Υ	Υ
Spicy Jammin' Meatloaf Lunch Size	Υ		Υ				Υ		Υ	
Joey Menu										
Grilled Cheese- A - Roo			Υ						Υ	
Kids Chicken Tenders									Υ	Y
Boomerang Cheeseburger			Υ		Υ				Υ	
Mac-A-Roo 'N Cheese			Υ						Υ	
Grilled Chicken on the Barbie										
Joey Sirloin			Υ				Υ			
Fresh Fruit										
Steamed Green Beans										
Steamed Broccoli										