

HUMBOLDT COUNTY MENTAL HEALTH RESOURCES

24-HOUR CRISIS STABILIZATION UNIT

Humboldt County Crisis Stabilization Unit

"This outpatient program provides crisis intervention and stabilization services to individuals in need of immediate and emergency services."

Location: 720 Wood Street
Eureka, CA 95501

24-Hour Crisis Line: (707) 445-7715

Toll Free Line: (888) 849-5728

Website: <https://humboldt.gov/450/Crisis-Stabilization-Unit>

Last Verified On: 04/24/2026



National Maternal Mental Health Hotline

"A free and confidential service offering 24/7 support via call or text to new and expecting moms and their loved ones. The Hotline's trained counselors help thousands of women and their families needing emotional support during or after pregnancy. The Hotline is available in English and Spanish and offers interpreters in more than 60 languages."

Call/text: (833) TLC-MAMA (833-852-6262)

Website: <https://mchb.hrsa.gov/national-maternal-mental-health-hotline/faq#:~:text=Call%20or%20text%20the%20National,%2D833%2D852%2D6262>

Last Verified On: 04/24/2026

Crisis Line Text Messaging

"Serves anyone, in any type of crisis, providing access to free, 24/7 support and information via text messages."

Text: "HOME" to 741741

Website: <https://www.crisistextline.org/how-it-works/>

Last Verified On: 04/24/2026

MENTAL HEALTH PROGRAMS

Carelon Behavioral Health (formerly Beacon)

"Beacon's system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members' behavioral, physical, and social health needs."

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 04/24/2026

Behavioral Health Adult Outpatient Services

"Services include: Screening, Assessment, Referral, Individual and collateral counseling, Group counseling."

Location: 720 Wood Street
Eureka, CA 95501

Contact: (707) 268-2900

24-Hour Crisis Line: (707) 445-7715

Website: <https://humboldt.gov/1739/Adult-Outpatient-Services>

Last Verified On: 04/24/2026



HUMBOLDT COUNTY MENTAL HEALTH RESOURCES

MENTAL HEALTH PROGRAMS, Continued

Changing the Tides Mental and Behavioral Health Services

“Provides a range of outpatient behavioral health services to children and youth birth through age 20 who have full scope Medi-Cal insurance.”

Location: 2259 Myrtle Avenue
Eureka, CA 95501

Referrals: (707) 268-2800

Office: (707) 444-8293

Website: <https://changingtidesfs.org/mental-health>

Last Verified On: 04/24/2026

CalHOPE – BrightLife Kids

“Mental Health coaching and resources for parents with kids ages 0-12.”

Contact: (888) 275-5357

Website:

https://www.hellobrightline.com/brightlifekids/?utm_medium=referral&utm_source=calhopewebsite

Last Verified On: 04/24/2026

Humboldt County Behavioral Health Division

“If you are experiencing a psychiatric emergency, help is available through our 24-hour crisis line. Services include outpatient care, medication support, Crisis Stabilization Unit, and Sempervirens Psychiatric Health Facility.”

Location: 720 Wood Street
Eureka, CA 95501

24-Hour Crisis Line: (707) 445-7715

Toll Free Crisis Line: (888) 849-5728

Website: <https://humboldt.gov.org/1760/24-hour-Crisis-Services>

Last Verified On: 04/24/2026

Children’s Behavioral Health Services

“Provides assessment, therapy, case management, psychological services and medication services.”

Location: 2440 6th Street
Eureka, CA 95501

Contact: (707) 268-2800

Website:

<https://humboldt.gov.org/1601/Childrens-Behavioral-Health-Services>

Last Verified On: 04/24/2026

Hoopa Valley Tribe – Behavioral Health Services

“Services include counseling for children, adolescents, adults, couples and families, assessment screenings, parenting skill sessions, crisis intervention, trauma, and grief counseling, critical incident stress debriefing and training for emergency services personnel.”

Location: 535 Airport Road
Hoopa, CA 95546

Contact: (530) 625-4261 Ext. 2450

Website: <https://www.kimaw.org/behavioral>

Last Verified On: 04/24/2026

Humboldt Family Service Center

“Variety of programs including substance abuse, gambling addiction, family violence and counseling services for both adults and children”

Location: 1802 California Street
Eureka, CA 95501

Contact: (707) 443-7358

Website: <https://www.humboldtfamily.org/>

Last Verified On: 04/24/2026



HUMBOLDT COUNTY MENTAL HEALTH RESOURCES

MENTAL HEALTH PROGRAMS, Continued

SafeSpace

“SafeSpace is a youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities. We create and implement initiatives to change the conversation around mental health by educating and encouraging our peers to speak up, support others, and seek help when needed.”

Contact: (650) 579-0350

Crisis Textline: Text HOME to 741741

Email: Info@safespace.org

Website: <https://safespace.org/>

Last Verified On: 04/24/2026

MENTAL HEALTH SUPPORT SERVICES

Remi Vista, Inc. – Eureka, Walnut Drive Office

“Counseling, Children’s Specialty Mental Health Services, Intensive Home Based Services Therapeutic Behavioral Services, Supported Living Services, Social/Emotional Support Services, Wraparound (W.R.A.P.),”

Location: 3960 Walnut Dr.

Eureka, CA 95503

Contact: (707) 268-8722

Website: <https://remivistainc.org/>

Last Verified On: 04/24/2026

Bear River Band of Rohnerville Rancheria Social Services

Eligibility: AI/AN

Location: 266 Keisner Road

Loleta, CA 95551

Contact: (707) 733-1900

Website:

<https://www.bearriverrancheria.org/departments?lightbox=dataptem-kuoac8n61>

Last Updated On 04/24/2026

Yurok Health and Human Services

“The Yurok Social Services Department is committed to providing culturally appropriate, quality services.”

Eligibility: AI/AN

Location: 3400 Erie St.

Eureka, CA 95501

Contact: (707) 444-0433

Website: <https://www.yuroktribe.org/health-and-human-services>

Last Verified On: 04/24/2026

Trinidad Rancheria Social Services

Eligibility: AI/AN

Location: 109 Ma-We-Mor View Ln.

Trinidad, CA 95570

Contact: (707) 825-2712

Website: <https://trinidad-rancheria.org/social-services-department/>

Last Verified On 04/24/2026



HUMBOLDT COUNTY MENTAL HEALTH RESOURCES

WELLNESS CENTERS

Community Health & Wellness Garden

"The garden has been an educational space for HSU classes and other community organization as well as a fun place to learn, socialize, and gain experience For individual volunteers."

Location: 1150 Foster Avenue
Arcata, CA 95521

Contact: (707) 826-8610

Website:

<https://opendoorhealth.com/services/community-wellness-gardens/>

Last Verified On: 04/24/2026

Willow Creek Community Health and Wellness Garden

Willow Creek Community Health Center is a community garden of raised Bed for veggies, fruit trees, and flowers. This garden has been a great place for staff and patients to rest, learn and harvest fresh food.

Location: 38883 Hwy 299
Willow Creek, CA. 95573

Contact: (530) 629-3111

Website:

<https://opendoorhealth.com/locations/willow-creek-community-health-center/>

Last Verified On: 04/24/2026

RECOVERY MEETINGS

SMART Recovery Meetings

SMART Recovery's 4-Point Program is the organization's flagship secular program serving those with an addictive behavior, including both substance and activity/process addictions.

Trained volunteer facilitators lead effective mutual support group discussions on these topics: Building and maintaining motivation coping with urges and cravings Managing thoughts, feelings, and behaviors living a balanced life. Meetings every Monday 5:45-7:15pm Adorni Center Eureka CA Please reference and/or visit website for schedule of other meetings and locations:

Location: 1011 Waterfront Dr.
Eureka, CA 95501

Contract: (707) 267-7668

Email: egoebb@gmail.com

Website: <https://smartrecovery.org/>

Last Verified On: 04/24/2026