

LAKE COUNTY MENTAL HEALTH RESOURCES

24-HOUR CRISIS STABILIZATION UNIT

National Maternal Mental Health Hotline

"A free and confidential service offering 24/7 support via call or text to new and expecting moms and their loved ones. The Hotline's trained counselors help thousands of women and their families needing emotional support during or after pregnancy. The Hotline is available in English and Spanish and offers interpreters in more than 60 languages."

Call/text: (833) TLC-MAMA (833-852-6262)

Website: <https://mchb.hrsa.gov/national-maternal-mental-health-hotline/fq#:~:text=Call%20or%20text%20the%20National,%2D833%2D852%2D6262>

Last Verified On: 04/24/2026



24 Hour Crisis Services

"If you are in crisis: help is available 24 hours per day, 7 days a week."

Contact: 9-8-8

Website:

<https://lcbh.lakecountyca.gov/173/Behavioral-Health-Services>

Last Verified On: 04/24/2026

National Suicide Prevention Hotline

"We can help prevent suicide."

Hotline: 9-8-8

Website: <https://suicidepreventionlifeline.org/>

Last Verified On: 04/24/2026



LAKE COUNTY MENTAL HEALTH RESOURCES

PEER SUPPORT & RECOVERY CENTERS OF LAKE COUNTY

Circle of Native Minds

“Culturally relevant wellness-oriented services to the Native American Community.”

Location: 525 N Main Street

Lakeport, CA 95453

Contact: (707) 263-4880

Website:

<https://www.lakecountycalifornia.gov/Facilities/Facility/Details/Circle-of-Native-Minds-Cultural-Center-6>

Facebook:

<https://www.facebook.com/groups/circleofnativeminds/cbhs/>

Last Verified On: 04/24/2026

La Voz de la Esperanza Centro Latino

“The Voice of Hope, is a wellness center that provides culturally relevant wellness-oriented services to community members.”

Location: 14092 Lakeshore Drive

Clearlake, CA 95422

Contact: (707) 994-4261

Website:

<https://www.lakecountycalifornia.gov/Facilities/Facility/Details/La-Voz-de-la-Esperanza-Wellness-Center-8>

Last Verified On: 04/24/2026

The Big Oak Peer Support Center

“A center of learning for self-improvement and a link to mental health services for the community of Lake County.”

Location: 13340 East Highway 20, Suite O
Clearlake Oaks, CA 95423

Contact: (707) 998-0310

Website:

<https://www.lakecountycalifornia.gov/Facilities/Facility/Details/Big-Oak-Peer-Support-Center-5>

Last Verified On: 04/24/2026

Family Hope and Peer Support Center

“Focusing on peer support to parents and families with children in Lake County”

Location: 14092 Lakeshore Drive

Clearlake, CA 95422

Contact: (707) 987-9601

Website:

<https://www.lakecountycalifornia.gov/Facilities/Facility/Details/Family-Support-Center-9>

Last Verified On: 04/24/2026



LAKE COUNTY MENTAL HEALTH RESOURCES

MENTAL HEALTH PROGRAMS

Carelon Behavioral Health (formerly Beacon)

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 04/24/2026

Lake County Behavioral Health Services – South Shore Office

“Provides recovery-oriented care including crisis resolution, assessment, counseling, and access to hospital and residential services for adults experiencing serious mental illness and children with emotional disturbance.”

Location: 7000 B South Center Drive
Clearlake, CA 95422

Contact: (707) 994-7090

Contact Nights & Weekends: (800) 900-2075

Website:

<https://www.lakecountyca.gov/173/Behavioral-Health-Services>

Last Verified On: 04/24/2026

Lake County Behavioral Health Services – North Shore Office

“Provides recovery-oriented care including crisis resolution, assessment, counseling, and access to hospital and residential services for adults experiencing serious mental illness and children with emotional disturbance.”

Location: 6302 Thirteenth Avenue
Lucerne, CA 95458

Contact: (707) 274-9101

Contact Nights & Weekends: (800) 900-2075

Website:

<https://www.lakecountyca.gov/173/Behavioral-Health-Services>

Last Verified On: 04/24/2026



LAKE COUNTY MENTAL HEALTH RESOURCES

MENTAL HEALTH SUPPORT SERVICES

SafeSpace

“SafeSpace is a youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities. We create and implement initiatives to change the conversation around mental health by educating and encouraging our peers to speak up, support others, and seek help when needed.”

Crisis Line: (800) 843-5200

Text Line: Text HOME to 741741

Website: <https://safespace.org/>

Last Verified On: 04/24/2026

CalHOPE – BrightLife Kids

“Mental Health coaching and resources for parents with kids ages 0-12.”

Contact: (888) 275-5357

Website:

https://www.hellobrightline.com/brightlifekids/?utm_medium=referral&utm_source=calhopewebsite

Last Verified On: 04/24/2026

Lake County Resources & Services

“To improve the quality of life for the people of Lake County experiencing mental illness or substance use disorder by offering recovery-oriented services.”

Website:

<https://www.lakecountyca.gov/1242/County-Services>

Last Verified On: 04/24/2026

Community Peer Support Center Directory

Website:

<https://www.lakecountyca.gov/344/Community-Peer-Support-Centers>

Last Verified On: 04/24/2026

SafeSpace Stories – Podcast

“Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.”

Website:

<https://www.safespacestories.org/projects-7>

Apple Podcast:

<https://podcasts.apple.com/us/podcast/safespace-stories/id1595738668>

Spotify:

https://open.spotify.com/show/49338MHg6LAE_nBaOq1RSSC?si=b97a00f41db94211&nd=1

Last Verified On: 04/24/2026

Konocti Senior Support – Senior Peer Counseling

“Provide companionship and counseling to seniors in their homes and at senior centers”

Contact: (707) 995-1417

Website: <https://konoctiseniorsupport.com/>

Last Verified On: 04/24/2026

Lake County Prevention

“What commonly used stigmatizing words would you like to remove from everyday use?”

Website:

<https://www.lakecountyca.gov/1493/Prevention-and-Early-Intervention>

Facebook page:

<https://www.facebook.com/LakeCountyCAPrevention>

Last Verified On: 04/24/2026