

MODOC COUNTY LGBTQ+ RESOURCES

HOTLINE PHONE NUMBERS

LGBT National Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

Contact: (888) 843-4564

Email: help@LGBThotline.org

Website: <https://lgbthotline.org/national-hotline/>

Last Verified On: 04/19/2026

LGBT National Youth Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, family, bullying, school issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

Contact: (800) 246-7743

Email: help@LGBThotline.org

Website: <https://lgbthotline.org/youth-talkline/>

Last Verified On: 04/19/2026



Trevor Lifeline

“Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention.”

Contact: (866) 488-7386

Text: START to 678-678

Website: <https://www.thetrevorproject.org/get-help-now/>

Last Verified On: 04/19/2026

LEGAL RESOURCES

National Center for Lesbian Rights (NCLR)

“A national nonprofit law firm that protects the legal and human rights of lesbians, gay men, bisexual & transgender people across the United States through impact litigation, public policy, advocacy, public education, & direct legal services.”

Contact: (415) 392-6257

Website: <http://www.nclrights.org/>

Last Verified On: 04/19/2026



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SUPPORT GROUPS

NorCal Outreach Project – Adults

“As Redding's LGBTQ+ Center, aims to support and unite the LGBTQIA+ community and its many Allies by providing social connection, public events, support groups and educational training. Strives to be inclusive of all genders and sexualities and celebrate diversity in our community, thereby creating a safer and more accepting place for all in rural northern California. Covering Lassen, Modoc, Shasta, Siskiyou, Tehama, and Trinity Counties.”

Location: 2042 Market Street, Redding, CA

Contact: (530) 949-6267

Website: <https://norcaloutreach.org/>

Last Verified On: 04/19/2026

NorCal Outreach Project – Young Adults between 7th and 12th Grades

“Spend some time with people your age who can relate to you. This is a safe place to ask questions, get advice, and feel supported.”

When: Wednesdays

Time: 5:30 p.m. – 7 p.m.

Website: <https://norcaloutreach.org/youth-groups>

Last Verified On: 04/19/2026

PHC MEMBER BENEFITS

Sensitive Services

Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services.

You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval.

All members have the right to confidentiality when getting these services.

Website:

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqlItem28>

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RESOURCE DIRECTORIES

Pink Spots – The LGBTQ Directory

Website: <https://www.gaypinkspots.com/>

Last Verified On: 04/19/2026

SENIORS

SAGE

“National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers.”

Contact: (212) 741-2247

Website: <https://www.sageusa.org/>

Last Verified On: 04/19/2026

TRANSGENDER RESOURCES

Trans Lifeline

“Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.”

Contact: (877) 565-8860

Website: <https://www.translifeline.org/>

Last Verified On: 04/19/2026

Trans Resilience - Resources

“Here are a few resources that may be useful for community organizations, trans individuals, or therapists and medical providers.”

Website: <https://www.trans-ilience.com/>

Last Verified On: 04/19/2026

Transgender Map

“This free website shows how to make a gender transition”

Website: <https://www.transgendermap.com/>

Last Verified On: 04/19/2026