



MODOC COUNTY SUBSTANCE USE RESOURCES

MODOC COUNTY BEHAVIORAL HEALTH

Behavioral Health

“Modoc County Behavioral Health provides assessment, diagnosis, and treatment to individuals requiring mental health, substance use disorder or dual diagnosis treatment. The outpatient treatment team consists of trained professionals including licensed therapists, behavioral health nurses, case managers, counsellors, and support staff.”

Location: 441 North Main Street
Alturas, CA 96101

Contact: (530) 233-6312

Toll Free: (800) 699-4880

Website:

<https://behavioralhealth.co.modoc.ca.us/>

Last Verified On: 06/03/2026



QUIT SMOKING ASSISTANCE

Kick It California

“We’re a free program that helps Californians quit tobacco and nicotine with the help of proven, science-based strategies. Take the first step toward quitting.”

Call and Chat Counseling:

English: 1-800-300-8086

Español: 1-800-600-8191

Chinese: 1-800-838-8917

Korean: 1-800-556-5564

Vietnamese: 1-800-778-8440

Quit Pouches:

<https://www.kickitca.org/pouches>

Website: <https://www.kickitca.org/>

Last Verified On: 06/03/2026

Alexa Skills Stop Vaping Coach

“With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach.”

Website:

https://www.amazon.com/dp/B07YBTN1GY/ref=sr_1_1?keywords=stop%20vaping%20coach&qid=1569431942&s=gateway&sr=8-1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMAbvvhO0UMkCv7dP7vHPj9fEZwliaP-SEZI

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MODOC COUNTY SUBSTANCE USE RESOURCES

MEDICATION ASSISTED TREATMENT PROGRAM (MAT)

Modoc Medical Clinic

(Referral may be required)

Location: 229 West McDowell Avenue
Alturas, CA 96101

Contact: (530) 233-7052

Website: <http://www.modocmedicalcenter.org/>

Last Verified On: 06/03/2026

ALCOHOL SUPPORT

Alcohol Rehab Help

“If you or a loved one is struggling with alcohol addiction, you can rely on us to guide you to the best rehabilitation and treatment resources.”

24/7 Helpline: (928) 436-6654

Website: <https://alcoholrehabhelp.org/>

Last Verified On: 06/03/2026

ANONYMOUS SUPPORT SERVICES

Northern California Fellowship of Alcoholics Anonymous

24-Hour Hotline: (530) 225-8955

Website: <https://aanorcal.org>

Last Verified on: 06/03/2026

Narcotics Anonymous of Modoc County

Website: <http://www.na.org/meetingsearch>

Last Verified: 06/03/2026

Al-Anon District 4 Northern California

District 4 Contact: (530) 378-9185

Website: <https://norcal-al-anon.blogspot.com/>

Last Verified On: 06/03/2026

Modoc County Co-Dependents (CoDA) Anonymous

Website: <http://locator.coda.org>

Last Verified On: 06/03/2026



MODOC COUNTY SUBSTANCE USE RESOURCES

PERINATAL SUBSTANCE USE RESOURCES

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Last Verified On: 08/06/2025

MotherToBaby

“We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish.”

Contact: (866) 626-6847

Website: <https://mothertobaby.org/pregnancy-breastfeeding-exposures/>

Last Verified On: 08/06/2025