

NAPA COUNTY SENIOR RESOURCES

ADULT PROTECTIVE SERVICES

Napa County Adult Protective Services

“Offers protective services to elderly and dependent adults who are at risk for abuse, neglect, or manipulation by themselves or others.”

Location: 650 Imperial Way, Suite 101
Napa, CA 94559

24/7 Adult Protection Hotline: (888) 619-6913

Contact: (707) 253-4398

Website:

<https://www.countyofnapa.org/185/AdultProtective-Services>

Last Verified On: 06/03/2026



ADVANCE CARE PLANNING

Honoring Choices Napa Valley

“Ensure that end-of-life care in Napa County reflects the preferences of each individual in the community.”

Location: 414 S. Jefferson St.
Napa, CA 94559

Website:

<https://www.facebook.com/advancecareplanningnapavalley/>

Last Verified On: 06/03/2026

By the Bay Health

“Creating an advanced care plan will give you and your family peace of mind knowing that you have a plan for the future.”

Contact: (415) 927-2273

Website: <https://bythebayhealth.org/advance-care-planning/>

Last Verified On: 06/03/2026

ADULT DAY PROGRAMS

Adult Day Health Napa Valley

“Offers a safe and caring environment, with spaces for interaction and quiet time, a garden, a meditation walkway, a full-service kitchen and dining room, as well as nursing and physical therapy facilities.”

Location: 414 S. Jefferson Street
Napa, CA 94559

Contact: (707) 258-9087

Website:

<https://communityhealthnapavalley.org/adult-day-health/>

Last Verified On: 06/03/2026



NAPA COUNTY SENIOR RESOURCES

CASE MANAGEMENT

Choices in Aging, Multipurpose Senior Services Program (MSSP)

“The Multipurpose Senior Services Program (MSSP) is a Medi-Cal program that provides intensive care management and services to people 60+ who meet the criteria to be placed in a skilled nursing facility but would prefer to remain in their own homes.”

Contact: (707) 708-0577

Website: <https://www.choiceinaging.org/mssp>

Last Verified On: 06/03/2026

FALL PREVENTION

Share the Care

“Stay independent and prevent falls through a home safety assessment by a licensed Occupational Therapist with home modifications and assistive devices provided. We accept donations of reusable medical equipment and unopened home health items. Anyone in need is welcome to come and receive these donated items.”

Location: 162 South Coombs St.,
Napa, CA 94559

Contact: (707) 492-3198

Website: <https://www.sharethecarenv.org/>

Last Verified On: 06/03/2026

HOSPICE & PALLIATIVE CARE

By the Bay Health

“Specialized end-of-life care that provides pain and symptom management to help patients with a terminal diagnosis live their best life possible, as long as possible.”

Contact: (415) 927-2273

Website: <https://bythebayhealth.org/hospice-care/>

Last Verified On: 06/03/2026



NAPA COUNTY SENIOR RESOURCES

MENTAL HEALTH SERVICES

Carelon Behavioral Health

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 06/03/2026

Mentis, Napa’s Center for Mental Health Services

Healthy Minds-Healthy Aging Program

“Prevention and early-intervention program for residents of Napa Valley who are 60 years or older, and show early signs of depression or mental decline”.

Location: 1272 Hayes Street
Napa, CA 94559

Contact: (707) 255-0966

Website: <https://mentisnapa.org/>

Last Verified On: 06/03/2026

PERSONAL CARE SERVICES

In-Home Supportive Services (IHSS)

“Goal of the IHSS program is to allow low income aged, blind, and disabled persons, who are at risk for out-of-home placement, to remain safely at home by providing payment for care provider services.”

Location: 650 Imperial Way, Suite 101
Napa, CA 94559

Contact: (707) 253-3818

Fraud Hotline: (888) 717-8302

Website:

<https://www.countyofnapa.org/187/In-Home-Supportive-Services>

Last Verified On: 06/03/2026

PET RESOURCES

Caring.com – Assisted Living for seniors with Pets

“Caring.com exists to help family caregivers like you make better decisions, save time and money and feel less alone.”

Contact: (800) 973-1540

Website:

<https://www.caring.com/resources/benefits-of-seniors-owning-pets>

Last Verified On: 06/03/2026



NAPA COUNTY SENIOR RESOURCES

RESOURCES

Napa County Comprehensive Services for Older Adults

Resource page for County services.

Contact: (707) 253-3818

Toll Free: (800) 498-9455

Website:

<https://www.countyofnapa.org/182/Comprehensive-Services-for-Older-Adults>

Last Verified On: 06/03/2026

Redwood Caregiver Resource Center

“The Redwood Caregiver Resource Center helps families and communities master the challenges of caring for adults with brain disorders”

Location: 1140 Sonoma Avenue, Suite 1B
Santa Rosa, CA 95401

Contact: (707) 542-0282

Toll Free: (800) 834-1636

Website: <http://www.redwoodcrc.org>

Last Verified On: 06/03/2026

Molly's Angels

“Molly's Angels offers free transportation to and from medical appointments for seniors. Molly's Angels volunteers make weekly check-in calls to seniors living alone in Napa County offering a safety check, and friendly conversation, helping to alleviate loneliness and depression. Napa County Network for Aging & Independence”

Contact: (707) 224-8971

Website:

<https://www.mollysangels.com/programs/transportation>

Last Verified On: 06/03/2026

SENIOR CENTERS

American Canyon Senior Center – Active Adults

“Provides a location for a variety of senior programs and services.”

Location: 2185 Elliott Drive
American Canyon, CA 94503

Contact: (707) 647-4567

Website:

<https://www.americancanyon.gov/Play/Recreation/Programs/Active-Adults>

Last Verified On: 06/03/2026

Senior Center

“Offers health, recreational, and educational programs, as well as cultural events and social services”

Location: 1500 Jefferson Street
Napa, CA 94559

Contact: (707) 255-1800

Website:

<https://www.cityofnapa.org/386/Adults-Seniors>

Last Verified On: 06/03/2026

Rianda House Senior Activity Center

“Wellness activities, arts, lectures, exercise classes, and support groups.”

Location: 1475 Main Street
St. Helena, CA 94574

Contact: (707) 963-8555

Website: <https://www.riandahouse.org/>

Last Verified On: 06/03/2026



NAPA COUNTY SENIOR RESOURCES

SUPPORT GROUPS

Aging Women's Support Group – OLE Health

"This group is for Spanish speaking clients ages 50+ years who are living with medical conditions."

Location: 1141 Pear Tree Lane
Napa, CA, 94559

Contact: (707) 254-1770

When: Thursdays 3 p.m. – 4:30 pm

Website: <https://communicareole.org/patient-info/classes-groups/>

Note: Available in Spanish only.

Last Verified On: 06/03/2026

Alzheimer's Caregiver Support Groups

"Caregiver support groups."

Contact: (707) 258-9087

Website:

<https://communityhealthnapavalley.org/caregiver-resources/>

Last Verified On: 06/03/2026

Puertas Abiertas

"Puertas Abiertas provides direct support such as free mental health services and brief individual counseling as well as guided referrals and access to healthcare and social service providers, connecting clients to local nonprofit and government organizations that provide medical, dental, and mental health services."

Location: 625 Imperial Way, Suite #6
Napa, CA 94558

Contact: (707) 224-1786

Website:

<https://www.puertasabiertasnapa.org/health-wellness>

Last Verified On: 06/03/2026

Diabetes Support Group – OLE Health

"Ongoing program is for persons with pre-diabetes or diabetes and caregivers/family members of persons with diabetes."

Location: 1141 Pear Tree Lane,
Napa, CA 94558

Contact: (707) 254-1770

Website: <https://communicareole.org/patient-info/classes-groups/>

Last Verified On: 06/03/2026

LGBT Seniors Discussion Group

"Seniors getting together in Napa County to share important information, have lively discussion and tell our life stories."

Location: 780 Lincoln Ave.,
Napa, CA 94558

Contact: (707) 251-9432 ext. 205

Website:

<https://www.lgbtqconnection.org/en/older-adults-group>

Last Verified On: 06/03/2026



NAPA COUNTY SENIOR RESOURCES

SUPPORT HOTLINES

Miracle Messages Buddy Program

“Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens.”

Hotline: 1-800 – MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 06/03/2026

SUPPORT SERVICES

Miracle Messages Program

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer “digital detectives” attempt to locate the loved one and deliver the message. To date, we’ve reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

Hotline: 1-800 – MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 06/03/2026

LEGAL SERVICES

Bay Area Legal Aid

“Provide low-income clients with free civil legal assistance, including legal advice and counsel, effective referrals, and legal representation.”

Location: 575 Lincoln Avenue, Suite 210
Napa, CA 94558

Contact: (707) 259-0579

Legal Advice Line: (800) 551-5554

Website: <https://baylegal.org>

Last Verified On: 06/03/2026

County of Napa Superior Court – Self Help

“Provide assistance completing forms related to Dissolutions, Paternity, Child Custody & Visitation, Child & Spousal Support, and other matters as time permits”

Location: 825 Brown Street, Second Floor
Napa, CA 94559

Contact: (707) 299-1137

Website: <http://www.napa.courts.ca.gov/self-help>

Last Verified On: 06/03/2026



NAPA COUNTY SENIOR RESOURCES

LEGAL SERVICES, Continued

International Institute of the Bay Area

“Provides immigration legal services to the Bay Area community.”

Location: 1785 3rd Street
Napa, CA 94559

Contact: (707) 266-1568 ext. 401

Website: <https://iibayarea.org/contact-us/napa-office/>

Last Verified On: 06/03/2026

MISCELLANEOUS

Disaster Preparedness for Seniors by Seniors (PDF)

From the American Red Cross

Link:

https://www.redcross.org/content/dam/redcross/atg/PDFs/Preparedness_Disaster_Recovery/Disaster_Preparedness/Disaster_Preparedness_for_Srs-English.revised_7-09.pdf#

Last Verified On: 06/03/2026

Emergency Power Planning for People Who Use Electricity and Battery – Dependent Assistive Technology and Medical Devices (PDF)

“Emergency planning checklist is for people who use electricity and battery dependent assistive technology and medical devices.”

Link:

[https://adata.org/sites/adata.org/files/files/ADA_NN_Emergency_Power_planning-2016%20_%20final\(1\).pdf](https://adata.org/sites/adata.org/files/files/ADA_NN_Emergency_Power_planning-2016%20_%20final(1).pdf)

Last Verified On: 06/03/2026

Napa Valley Share the Care

“Supporting the health, wellbeing, and quality of life of older adults and those who are disabled. We believe everyone should have the resources they need to remain safe and independent and we can do this.”

Location: 162 South Coombs Street
Napa, CA 94559

Contact: (707) 492-3198

Website:

<https://www.sharethecarenv.org/programs/>

Last Verified On: 06/03/2026