



PLACER COUNTY SENIOR RESOURCES



ADULT PROTECTIVE SERVICES

Adult Protective Services – Roseville

“County APS agencies investigate reports of abuse of elders and dependent adults who live in private homes and hotels or hospitals and health clinics when the abuser is not at staff member.”

Location: 101 Cirby Hills Drive
Roseville, CA 95678

Contact: (916) 787-8860

24-Hour Contact: (530) 289-3720

Website:

<https://www.placer.ca.gov/2524/Adult-Protective-Services>

Last Verified On: 05/15/2026

CAREGIVER SUPPORT SERVICES

Seniors First

“On average, Seniors First provides approximately 80,000 individual services to seniors each year with programs and services that enhance and improve their health, safety, overall well-being and quality of life.”

Location: 12183 Locksley Lane, Suite 205
Auburn, CA 95602

Contact: (530) 889-5900

Website: <https://seniorsfirst.org/resources/for-caregivers/>

Last Verified On: 05/15/2026



PLACER COUNTY SENIOR RESOURCES

FOOD PROGRAMS FOR SENIORS

Saint Vincent de Paul “To Go”

“St. Vincent de Paul’s TO GO serves a warm meal three days each week, and a cold meal two days a week. In collaboration with our community partners, The Salvation Army & First United Methodist Church, a free meal is available to both homeless and low-income individuals and families in Roseville every day of the week and helps to meet their basic nutritional needs. There is no application, nor ID requirement.”

Location: 105 Bonita Street
Roseville, CA 95687

Contact: (916) 781-3303

Website: <https://www.placersvdp.com/get-help/#foodlocker>

Last Verified On: 05/15/2026

FREED – Fix It Program

“Do you have a leaky faucet or need grab bars in your bathroom? FREED can have volunteers make minor home repairs or modifications which are health or safety related. Some of our services include installing grab bars to prevent falls; installing hand rails; repairing leaky faucets; support in building ramps; and minor entryway repairs. Seniors aged 60 and above living in Nevada or Sierra Counties are eligible for Fix It services.”

Contact: (530) 477-3333

TTY: (530) 477-8194

Website:

<https://freed.org/services/independent-living/fix-it-program/>

Last Verified On: 05/15/2026

IN-HOME SUPPORTIVE SERVICES (IHSS)

Placer County (IHSS) Program

“The In-Home Supportive Services (IHSS) program will help pay for services provided to you so that you can remain safely in your own home. To be eligible, you must be over 65 years of age, disabled, or blind. Disabled children are also potentially eligible for IHSS. IHSS is considered an alternative to out-of-home care, such as nursing homes or board and care facilities.”

Contact: (530) 885-7115

Location: 101 Cirby Hills Dr.
Roseville, CA 95678

Website: <https://www.placer.ca.gov/2339/In-Home-Supportive-Services-IHSS>

Last Verified On: 05/15/2026

Agency on Aging Area 4 – Del Oro Caregiver Resource Center

“Del Oro Caregiver Resource Center is a private nonprofit agency dedicated to improving the wellbeing of family caregivers throughout their journey. We offer services to family caregivers of adults with chronic and disabling conditions or diseases. With a team of highly-qualified, professional staff, Del Oro helps families through a full range of programs and services.”

Location: 1401 El Camino Ave., 4th Floor
Sacramento, CA 95815

Contact: (916) 486-1876

Website: <https://www.deloro.org/>

Last Verified On: 05/15/2026



PLACER COUNTY SENIOR RESOURCES

LEGAL SERVICES

Legal Services of Northern California

“Housing and public benefits. We also offer weekly self-help clinics for help with family law matters, temporary restraining orders, and other civil matters at various locations. Check with the office or local court for the location and schedule.”

Location: 190 Reamer Street
Auburn, CA 95603

Contact: (530) 823-7560

Toll Free: (800) 660-6107

Evening Intake: (866) 815-5990

Website: <https://lsnc.net/office/auburn>

Last Verified On: 05/15/2026

MENTAL HEALTH SERVICES

Carelon Behavioral Health

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 05/15/2026

SENIOR CENTERS

Auburn Senior Center

“Our mission is to honor the dignity of seniors by enriching their quality of life while supporting their independence and vitality. We promote their participation in all aspects of community life by providing opportunities for socialization, recreation, education, information, health and fitness.”

Location: 11960 Heritage Oak Place,
Suite #15

Auburn, CA 95603

Contact: (530) 823-8172

Website: <https://www.auburnseniorcenter.com/>

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TRANSPORTATION RESOURCES

Partnership Transportation Services – Non-Medical Transportation (NMT)

For PHC members who need assistance getting to medical appointments by car, bus, train, or taxi.

Contact: (866) 828-2303

Website:

<http://www.partnershipphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqlItem31>

Last Verified On: 05/15/2026

Partnership Transportation Services – Non-Emergency Medical Transportation (NEMT)

For PHC members who need assistance getting to medical appointments by wheelchair van, gurney, airway management, and/or medical observation during transport.

Contact: (866) 828-2303

Website:

<http://www.partnershipphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqlItem32>

Last Verified On: 05/15/2026

Placer County Transit

“Our goal at Placer County Transit (PCT) is to provide a safe and direct means of transportation service for western Placer County residents.”

Contact: (530) 745-7570

Website: <https://placercountytransit.com/>

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