

PLUMAS COUNTY LGBTQ+ RESOURCES

HOTLINE PHONE NUMBERS

LGBT National Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

Contact: (888) 843-4564

Email: help@LGBThotline.org

Website: <https://lgbthotline.org/national-hotline/>

Last Verified On: 04/19/2026

LGBT National Youth Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, family, bullying, school issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

Contact: (800) 246-7743

Email: help@LGBThotline.org

Website: <https://lgbthotline.org/youth-talkline/>

Last Verified On: 08/19/2026

Northern Valley Talk Line

“Care. Hope. Compassion. Based on the Recovery Model, the Northern Valley Talk Line (NVTL) provides non-crisis peer-to-peer telephone services to the community 7 days a week from 4:30 pm- 9:30 pm. Someone to talk to when life presents challenges. Confidential Non- crisis Peer-to-peer support.”

Location: 2400 Washington Ave
Redding, CA 96001

Toll Free: (855) 582-5554

Website: <https://nvcss.org/talkline>

Last Verified On: 04/19/2026



Trevor Lifeline

“Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention.”

Contact: (866) 488-7386

Text: START to 678-678

Website: <https://www.thetrevorproject.org/get-help-now/>

Last Verified On: 04/19/2026



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LEGAL RESOURCES

National Center for Lesbian Rights (NCLR)

“A national nonprofit law firm that protects the legal and human rights of lesbians, gay men, bisexual & transgender people across the United States through impact litigation, public policy, advocacy, public education, & direct legal services.”

Contact: (415) 392-6257

Website: <http://www.ncrlrights.org/>

Last Verified On: 04/19/2026

Catalyst Domestic Violence Services – Legal Advocacy

“Our mission is to reduce the incidence of intimate partner violence through crisis intervention, community education and the promotion of healthy relationships. In alignment with our agency value of understanding the diversity of a human experience, we recognize and respect each individual’s unique path in life with compassion and an open mind.”

Chico Contact: (530) 343-7711

Oroville Contact: (530) 532-6427

Hotline: (800) 895-8476

Website:

<https://catalystdvservices.org/programs/legal-advocacy/>

Last Verified On: 04/19/2026

PHC MEMBER BENEFITS

Sensitive Services

Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services.

You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval. All members have the right to confidentiality when getting these services.

Website:

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqlItem28>

Last Verified On: 04/19/2026

RESOURCE DIRECTORIES

Pink Spots – The LGBTQ Directory

Website: <https://www.gaypinkspots.com/>

Last Verified On: 04/19/2026



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SENIORS

SAGE

“National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers.”

Contact: (212) 741-2247

Website: <https://www.sageusa.org/>

Last Verified On: 04/19/2026

SUPPORT GROUPS

LGBTQ+ Support Groups - TransFamily Support Services

“Middle School Support Group, High School Support Group, Young Adult Support Group, Parent & Caregiver Support Group, Parents of Trans Little Support Group, and Gathering for Trans with Littles”

Contact: (858) 304-0085

Email: Info@TransFamilySOS.org

Website:

<https://transfamilysos.org/services/support-groups/>

Last Verified On: 04/19/2026

Stonewall Alliance

We are committed to supporting and celebrating the health, empowerment, and joy of the North State LGBTQ+ community at every intersection of their identities.

Contact: (530) 893-3336

Email: center@stonewallchico.org

Location: 358 East 6th Street

Chico, CA, 95928

Website:

<https://www.stonewallchico.com/contact>

Last Verified On: 04/19/2026

TRANSGENDER RESOURCES

Trans Lifeline

“Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.”

Contact: (877) 565-8860

Website: <https://www.translifeline.org/>

Last Verified On: 04/19/2026

Trans Resilience - Resources

“Here are a few resources that may be useful for community organizations, trans individuals, or therapists and medical providers.”

Website: <https://www.trans-ilience.com/>

Last Verified On: 04/19/2026

Transgender Map

“This free website shows how to make a gender transition”

Website: <https://www.transgendermap.com/>

Last Verified On: 04/19/2026