

SHASTA COUNTY FOOD RESOURCES

CALFRESH PROGRAMS

H.R. 1 (One Big Beautiful Bill Act) & CalFresh: Frequently Asked Questions CalFresh Program

Website: <https://www.cdss.ca.gov/benefits-services/food-nutrition-services/calfresh/frequently-asked-questions>

Last Verified On: 03/23/2026

California CalFresh Program

“CalFresh is for people with low-income who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table.

Application & Chat:

<https://www.getcalfresh.org/?source=cdss>

Application: <https://benefitscal.com/>

Website: <https://www.cdss.ca.gov/calfresh>

Last Verified On: 03/23/2026



CalFresh

“Benefits include: helping people buy healthy food, help families to afford healthy foods, and most stores accept Electronic Benefit Transfer (EBT) cards, issued by CalFresh.”

Contact: (877) 328-9677

Website:

<https://www.shastacounty.gov/health-human-services/page/calfresh>

Last Verified: 03/23/2026

COUNTY FOOD RESOURCES

211

“Simply call 211 to speak to someone now, or search by location for online resources and more contact information.”

Contact: 211

Website: <https://www.211.org/about-us/your-local-211>

Last Verified On: 03/23/2026

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Website:

<https://www.shastacounty.gov/health-human-services/page/calfresh>

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SHASTA COUNTY FOOD RESOURCES

CONGREGATE MEALS

Good News Rescue Mission

"We believe everyone deserves a second chance and that no one is beyond grace."

Location: 2842 S. Market Street
Redding, CA 96001

Contact: (530) 241-5754

Website: <https://gnrm.org/>

Last Verified On: 03/23/2026

FOOD BANKS & PANTRIES

Find Food Banks in California

"Food Banks throughout California provide United States Department of Agriculture (USDA) commodities for distribution to eligible individuals and households within their respective service areas."

Website: <https://www.cdss.ca.gov/food-banks>

Last Verified On: 03/23/2026

California Association of Food Banks – Find Food

"Here are three ways to get groceries: call 211, talk to a food bank, apply for CalFresh."

Website: <https://www.cafoodbanks.org/find-food/>

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Fall River Mills Community Food Pantry

Location: 44203 St Hwy 299 East
McArthur, CA 96028

Contact: (530) 336-5231

Website: <https://m.facebook.com/Fall-River-Community-Food-Pantry-106004841724405/>

Last Verified On: 03/23/2026

Living Hope Ministries

"Food cooperative. Call for program details & hours due to frequent changes."

Location: 3391 West Street
Redding, CA 96001

Contact: (530) 243-8066

Website: <http://www.livinghoperedding.com/>

Last Verified On: 03/23/2026

Grassroots Emergency Food Closet

Location: 31285 Hwy 44 Suite H
Shingletown, CA 96088

Contact: (530) 474-3390 ext. 343

Last Verified On: 03/23/2026

Anderson-Cottonwood Christian Assistance, Inc.

"Provides a 3-day supply of food based on emergency needs of families. Services are for Southern Shasta County residents only."

Location: 2979 East Center Street
Anderson, CA 96007

Contact: (530) 365-4220

Last Verified On: 03/23/2026

SHASTA COUNTY FOOD RESOURCES

SENIOR FOOD PROGRAMS

California Department of Aging: Find Services in My County

“The California Department of Aging contracts with and provides leadership and direction to 33 Area Agencies on Aging (AAA) that coordinate a wide array of services to seniors and adults with disabilities at the community level and serve as the focal point for local aging concerns.”

Contact: (800) 510-2020

Website:

[https://aging.ca.gov/Find_Services_in_My_Cou
nty/](https://aging.ca.gov/Find_Services_in_My_County/)

Last Verified On: 03/23/2026

Meals on Wheel America

“Meals on Wheels providers deliver nutritionally balanced, age-appropriate meals designed to meet seniors’ needs. The meals are often the primary source of nutrition a Meals on Wheels client will receive.”

Contact: (888) 998-6325

Website:

[https://www.mealsonwheelsamerica.org/find-
meals-and-services/](https://www.mealsonwheelsamerica.org/find-meals-and-services/)

Last Verified On: 03/23/2026

WOMEN, INFANTS & CHILDREN (WIC)

“WIC services include: Practical nutrition information and everyday healthy living tips for you and your family. Nutrition experts who specialize in nutrition for mothers and their children. Support and information about breastfeeding your baby, including access to breastfeeding experts. Help in finding health care and other valuable community services. Benefits to buy healthy foods, such as fruits and vegetables, whole grains, milk, eggs, bread, cereal, juice, peanut butter, soy milk, tofu and more! “

Contact: (800) 852-5770

Website: <https://myfamily.wic.ca.gov/>

Last Verified On: 10/28/2025

McArthur WIC Office

Location: 44218 A Street

McArthur, CA 96056

Contact: (530) 225-5168

Last Verified On: 03/23/2026

Enterprise WIC Office

Location: 2757 Churn Creek Road, Suite B

Redding, CA 96002

Contact: (530) 225-5168

Last Verified On: 03/23/2026

Burney WIC Office

Location: 36911 Main Street

Burney, CA 96013

Contact: (530) 225-5168

Last Verified On: 03/23/2026

Anderson WIC Office

Location: 2889 E Center Street

Anderson, CA 96007

Contact: (530) 225-5168

Last Verified On: 03/23/2026

Shingletown WIC Office

Location: 7752 Ponderosa Way

Shingletown, CA 96088

Contact: (530) 225-5168

Last Verified On: 03/23/2026

Shasta Lake WIC Office

Location: 4216 Shasta Dam Boulevard

Shasta Lake, CA 96019

Contact: (530) 225-5168

Last Verified On: 03/23/2026