

SIERRA COUNTY LGBTQ+ RESOURCES

HOTLINE PHONE NUMBERS

LGBT National Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

Contact: (888) 843-4564

Email: help@LGBThotline.org

Website: <https://lgbthotline.org/national-hotline/>

Last Verified On: 04/30/2026

LGBT National Youth Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, family, bullying, school issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

Contact: (800) 246-7743

Email: help@LGBThotline.org

Website: <https://lgbthotline.org/youth-talkline/>

Last Verified On: 04/30/2026



Trevor Lifeline

“Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention.”

Contact: (866) 488-7386

Text: START to 678678

Website: <https://www.thetrevorproject.org/get-help-now/>

Last Verified On: 04/30/2026

LEGAL RESOURCES

National Center for Lesbian Rights (NCLR)

“A national nonprofit law firm that protects the legal and human rights of lesbians, gay men, bisexual & transgender people across the United States through impact litigation, public policy, advocacy, public education, & direct legal services.”

Contact: (415) 392-6257

Website: <http://www.ncrights.org/>

Last Verified On: 04/30/2026



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PHC MEMBER BENEFITS

Sensitive Services

Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services.

You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval.

All members have the right to confidentiality when getting these services.

Website:

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqltem28>

Last Verified On: 04/30/2026

RESOURCE CENTERS

Eastern Sierra Pride

“It is our mission to cultivate an Eastern Sierra where 2SLGBTQIAP+ people are celebrated, embraced, and supported. We will work to ensure that our 2SLGBTQIAP+ community is treated with dignity and respect, and has equal access to employment, housing, and all services needed to live a safe, healthy, and meaningful life in all our local settings, including business, cultural, educational, faith-based, recreational, and other.”

Website: <https://easternsierrapride.org/>

Last Verified On: 04/30/2026

RESOURCE DIRECTORIES

Pink Spots – The LGBTQ Directory

Website: <https://www.gaypinkspots.com/>

Last Verified On: 04/30/2026



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SENIORS

SAGE

“National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers.”

Contact: (212) 741-2247

Website: <https://www.sageusa.org/>

Last Verified On: 04/30/2026

Sierra Senior Services

“Resources page to provide information and support to the LGBTQ+ community.”

Website:

<https://www.sierraseniors.org/2022/06/23/the-senior-lgbtq-community/>

Last Verified On: 04/30/2026

SUPPORT GROUPS

LGBTQ+ Support Groups - TransFamily Support Services

“Middle School Support Group, High School Support Group, Young Adult Support Group, Parent & Caregiver Support Group, Parents of Trans Little Support Group, and Gathering for Trans with Littles”

Contact: (858) 304-0085

Email: Info@TransFamilySOS.org

Website:

<https://transfamilysos.org/services/support-groups/>

Last Verified On: 04/30/2026

Heal, Play, Love

“Personal, family, and social acceptance of sexual orientation and gender identity affects the mental health and personal safety of LGBTQ individuals.”

Website: <https://www.healplaylove.org/sierra-county-california.html>

Last Verified On: 04/30/2026

TRANSGENDER RESOURCES

Trans Lifeline

“Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.”

Contact: (877) 565-8860

Website: <https://www.translifeline.org/>

Last Verified On: 04/30/2026

Transgender Map

“This free website shows how to make a gender transition”

Website: <https://www.transgendermap.com/>

Last Verified On: 04/30/2026

Trans Resilience - Resources

“Here are a few resources that may be useful for community organizations, trans individuals, or therapists and medical providers.”

Website: <https://www.trans-ilience.com/>

Last Verified On: 04/30/2026