



SIERRA COUNTY SENIOR RESOURCES



SIERRA COUNTY ADULT PROTECTIVE SERVICES

Adult Protective Services

“County APS agencies investigate reports of abuse of elders and dependent adults who live in private homes and hotels or hospitals and health clinics when the abuser is not at staff member.”

Location: 202 Front Street

Loyalton, CA 96118

Contact: (530) 993-6720

24-Hour Contact: (530) 289-3720

Website:

<https://www.sierracounty.ca.gov/427/Adult-Protective-Services-APS>

Last Verified On: 05/15/2026

CAREGIVER SUPPORT SERVICES

Del Oro Caregiver Resource Center

“Provide the family caregiver assistance and support through a comprehensive package of services designed to enable families to keep their loved ones at home for as long as possible.”

Location: 8421 Auburn Blvd., Suite 265

Citrus Heights, CA 95610

Contact: (916) 728-9333

Website: <https://www.deloro.org/services>

Last Verified On: 05/15/2026



SIERRA COUNTY SENIOR RESOURCES

HOUSING FOR SENIORS

Sierra Valley Senior Apartments

“Eligibility and maximum income restrictions apply. Rental Assistance may be available. Inquire with the manager as to income limits, current rental rates and information regarding the subsidy programs at this property.”

Location: 100 Hill Street

Loyalton, CA 96118

Contact: (530) 993-4307

Website:

<https://www.awimc.com/communities/sierra-valley-senior-apartments>

Last Verified On: 05/15/2026

FREED – Fix It Program

“Do you have a leaky faucet or need grab bars in your bathroom? FREED can have volunteers make minor home repairs or modifications which are health or safety related. Some of our services include installing grab bars to prevent falls; installing hand rails; repairing leaky faucets; support in building ramps; and minor entryway repairs. Seniors aged 60 and above living in Nevada or Sierra Counties are eligible for Fix It services.”

Contact: (530) 477-3333

TTY: (530) 477-8194

Website:

<https://freed.org/services/independent-living/fix-it-program/>

Last Verified On: 05/15/2026

IN-HOME SUPPORTIVE SERVICES (IHSS)

In Home Support Services (IHSS) Program

“The IHSS Program will help pay for services provided to you so that you can remain safely in your own home. Having help with tasks around the house not only makes the lives of seniors and the disabled easier, but in some cases, it allows the person to remain in his or her home.”

Location: 202 Front Street

Loyalton, CA 96118

Contact: (530) 289-3711

24 Hour Emergency Contact: 530-289-3720

English Application:

<https://www.sierracounty.ca.gov/DocumentCenter/View/6112/SOC295>

Espanol Solicitud:

https://www.sierracounty.ca.gov/DocumentCenter/View/6114/SOC_295_Spanish

Website:

<https://www.sierracounty.ca.gov/428/In-Home-Supportive-Services-IHSS-Program>

Last Verified On: 05/15/2026



SIERRA COUNTY SENIOR RESOURCES

LEGAL SERVICES

Legal Services of Northern California

“Housing and public benefits. We also offer weekly self-help clinics for help with family law matters, temporary restraining orders, and other civil matters at various locations. Check with the office or local court for the location and schedule.”

Location: 190 Reamer Street,
Auburn, CA 95603

Contact: (530) 823-7560

Toll Free: (800) 660-6107

Evening Intake: (866) 815-5990

Website: <https://lsnc.net/office/auburn>

Last Verified On: 05/15/2026

MENTAL HEALTH SERVICES

Carelon Behavioral Health

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 05/15/2026

SENIOR CENTERS

Loyalton Senior Center

Location: 302 First Street,
Loyalton, CA 96118

Contact: (530) 993-4770

Website:

https://seniorcenter.us/sc/loyalton_senior_center_loyalton_ca

Last Verified On: 05/15/2026



SIERRA COUNTY SENIOR RESOURCES

SUPPORT SERVICES

Long Term Care Ombudsman Program/Elder Abuse Prevention

"The primary responsibility of the Long-Term Care Ombudsman program is to investigate and endeavor to resolve complaints made by, or on behalf of, individual residents in long-term care facilities. These facilities include nursing homes, residential care facilities for the elderly, and assisted living facilities."

Contact: (916) 376-8910

Email: ombintake@agencyonaging4.org

Website: <https://agencyonaging4.org/long-term-care-ombudsman/>

Last Verified On: 05/15/2026

Agency on Aging Area 4

"Sierra County Services"

Contact: 1 (800) 211-4545

Website: <https://agencyonaging4.org/sierra-county/>

Last Verified On: 05/15/2026

TRANSPORTATION RESOURCES

Partnership Transportation Services – Non-Medical Transportation (NMT)

For PHC members who need assistance getting to medical appointments by car, bus, train, or taxi.

Contact: (866) 828-2303

Website:

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqlItem31>

Last Verified On: 05/15/2026

Partnership Transportation Services – Non-Emergency Medical Transportation (NEMT)

For PHC members who need assistance getting to medical appointments by wheelchair van, gurney, airway management, and/or medical observation during transport.

Contact: (866) 828-2303

Website:

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqlItem32>

Last Verified On: 05/15/2026

Golden Rays Senior Citizens of Sierra County, Inc.

"Sierra County contracts with two non-profits to offer demand response and scheduled transit service to older adults and persons with disabilities, while also providing service to the general public if space is available... Golden Rays Seniors Citizens, offering service in Western Sierra County. Call to schedule."

Contact: (530) 798-8555 (Text OK)

Website:

<https://www.sierracounty.ca.gov/410/Transit>

Last Verified On: 05/15/2026

Incorporated Senior Citizens of Sierra County

"Sierra County contracts with two non-profits to offer demand response and scheduled transit service to older adults and persons with disabilities, while also providing service to the general public if space is available."

Contact: (530) 993-4770

Website:

<https://www.sierracounty.ca.gov/410/Transit>

Last Verified On: 05/15/2026