

TEHAMA COUNTY FOOD RESOURCES

CALFRESH PROGRAMS

H.R. 1 (One Big Beautiful Bill Act) & CalFresh: Frequently Asked Questions CalFresh Program

Website: <https://www.cdss.ca.gov/benefits-services/food-nutrition-services/calfresh/frequently-asked-questions>

Last Verified On: 03/30/2026

California CalFresh Program

“CalFresh is for people with low-income who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table.”

Application & Chat:

<https://www.getcalfresh.org/?source=cdss>

Application: <https://benefitscal.com/>

Website: <https://www.cdss.ca.gov/calfresh>

Last Verified On: 03/30/2026



Tehama County DSS - CalFresh and CFAP

“Provides financial assistance for food.

CalFresh (also known as Food Stamps or SNAP) helps families and individuals with limited income buy nutritious foods. Many working individuals qualify. Non-citizens may qualify for food assistance through the California Food Assistance Program (CFAP).”

Location: 310 S. Main Street

Red Bluff, CA 96080

Contact: (530) 527-1911

Website: <https://benefitscal.com/>

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COUNTY FOOD RESOURCES

211

“Simply call 211 to speak to someone now, or search by location for online resources and more contact information.”

Contact: 211

Website: <https://www.211.org/about-us/your-local-211>

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FOOD BANKS & PANTRIES

Find Food Banks in California

"Food Banks throughout California provide United States Department of Agriculture (USDA) commodities for distribution to eligible individuals and households within their respective service areas. In order to be eligible for USDA commodities, an individual or household must reside in the geographical area being served and meet established income guidelines."

Website: <https://www.cdss.ca.gov/food-banks>

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California Association of Food Banks – Find Food

"Here are three ways to get groceries: call 211, talk to a food bank, apply for CalFresh."

Website: <https://www.cafoodbanks.org/find-food/>

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North Valley Community Food Bank

"The North Valley Community Food Bank collaborates closely with local communities to ensure everyone has access to nutritious foods."

Location: 216 North Culver Street
Willows, CA 95988

Contact: (530) 473-9050

Website: <https://nvcfoodbank.org/>

Last Verified On: 03/30/2026

Tehama County Gleaners – Food Program

"We are a group that once a month has food give always free to the public and help in between."

Location: 20699 Walnut Street
Red Bluff CA, 96080

Contact: (530) 529-2264

Website:

<https://www.facebook.com/people/Tehama-County-Gleaners-and-Food-Bank/100064956361363/>

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SENIOR FOOD PROGRAMS

California Department of Aging: Find Services in My County

“The California Department of Aging contracts with and provides leadership and direction to 33 Area Agencies on Aging (AAA) that coordinate a wide array of services to seniors and adults with disabilities at the community level and serve as the focal point for local aging concerns.”

Contact: (800) 510-2020

Website:

https://aging.ca.gov/Find_Services_in_My_County/

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Meals on Wheel America

“Meals on Wheels providers deliver nutritionally balanced, age-appropriate meals designed to meet seniors’ needs. The meals are often the primary source of nutrition a Meals on Wheels client will receive.”

Contact: (888) 998-6325

Website:

<https://www.mealsonwheelsamerica.org/find-meals-and-services/>

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TEHAMA COUNTY FOOD RESOURCES

WOMEN, INFANTS & CHILDREN (WIC)

“WIC services include: Practical nutrition information and everyday healthy living tips for you and your family. Nutrition experts who specialize in nutrition for mothers and their children. Support and information about breastfeeding your baby, including access to breastfeeding experts. Help in finding health care and other valuable community services. Benefits to buy healthy foods, such as fruits and vegetables, whole grains, milk, eggs, bread, cereal, juice, peanut butter, soy milk, tofu and more!”

Contact: (800) 852-5770

Website: <https://myfamily.wic.ca.gov/>

Last Verified On: 03/30/2026

WIC Tehama County

“The Women, Infants and Children (WIC) Program is a USDA funded nutrition program to help families have access to healthy foods. The program serves pregnant women and families with children up to age 5. WIC provides nutrition education, monthly benefits for healthy food, breastfeeding support, and referrals to healthcare and other community resources.”

Location: 1850 Walnut St H, Red Bluff, CA 96080

Contact: (530) 527-8791

Website:

<https://www.tehamacohealthservices.net/our-services/public-health/services/wic/>

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