

BUTTE COUNTY PERINATAL RESOURCES

PREGNANCY SUPPORT SERVICES

All-Options

“Uses direct service and social change strategies to promote unconditional, judgment-free support for people in all their decisions, feelings, and experiences with pregnancy, parenting, abortion, and adoption.”

Talkline: 1 (888) 493-0092

Hours: Monday – Friday 10 a.m. – 1a.m. EST,
Saturday & Sunday 10 a.m. – 6 p.m. EST

Website: <https://www.all-options.org/find-support/talkline/>

Last Verified On: 05/30/2025



Butte Baby Steps

“The program is open to Butte County families that are either expecting or have a child under the age of 3 months. Families participate voluntarily in the program and receive frequent home visits and activities.”

Location: 10 Independence Circle.
Chico, CA 95973

Contact: (530) 345-1600 ext. 211560

Website: <https://nvcss.org/programs/butte-baby-steps/>

Last Verified On: 05/31/2025

Planned Parenthood – Chico

“Planned Parenthood is one of the nation’s leading providers of high-quality, affordable health care, and the nation’s largest provider of sex education. With or without insurance, you can always come to us for your health care.”

Location: 3100 Cohasset Rd
Chico, CA 95973

Contact: (530) 342-8367

Website:
<https://www.plannedparenthood.org/health-center/california/chico/95973/chico-health-center-2770-90200>

Last Verified On: 05/31/2025

MotherToBaby

“We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish.”

Contact: (866) 626-6847

Website: <https://mothertobaby.org/pregnancy-breastfeeding-exposures/>

Last Verified On: 05/31/2025

Postpartum Support International- DADS

Date/Time: First Monday of each month at 5:00 p.m.

Call-In Number: 1-800-944-4773

Text in English: 800-944-4773

Text en Español: 971-203-7773

Website: <https://www.postpartum.net/get-help/help-for-dads/>

Last Verified On: 05/31/2025

PREGNANCY SUPPORT SERVICES, Continued

DHCS Doula Directory

“The Doula Directory lists Medi-Cal enrolled doulas by county who opted to be included in the directory. It includes their specialties, language, ethnicity, contact information, and other information that doulas shared with DHCS for the directory.”

Website:

<https://www.dhcs.ca.gov/provgovpart/Pages/Doula-Services.aspx>

Directory:

<https://www.dhcs.ca.gov/services/medi-cal/Documents/Doula-Directory.pdf>

Last Verified On: 05/31/2025

Teenage Pregnancy and Parenting Program (TAPP) Chico

“Serving pregnant and parenting teens enrolled before their 19th birthday. TAPP home visitation services works with moms and dads throughout Butte County.”

Location: 10 Independence Circle
Chico, CA 95973

Contact: (530) 345-6100 ext. 2108

Website: <https://nvcss.org/programs/tapp-teen-services/>

Last Verified On: 05/31/2025

Teenage Pregnancy and Parenting Program (TAPP) Oroville

“Serving pregnant and parenting teens enrolled before their 19th birthday. TAPP home visitation services works with moms and dads throughout Butte County.”

Location: 2185 Baldwin Ave.
Oroville, CA 95966

Contact: (530) 345-61538-8221 ext. 13222

Website: <https://nvcss.org/programs/tapp-teen-services/>

Last Verified On: 05/31/2025

Text4Baby

“Receive free text messages three times per week, timed to their due date or their baby’s birth date, through pregnancy and up until the baby’s first birthday.”

English Text: BABY to 511411

Spanish Text: BEBE to 511411

Website: <https://www.text4baby.org/>

Last Verified On: 05/31/2025

Toolkit for Pregnant People and New Parents

“Resources and tools to help pregnant people, breastfeeding people, and new parents caring for infants to protect their health and help people who serve these communities communicate with them.”

Website:

<https://www.cdc.gov/coronavirus/2019-ncov/communication/toolkits/pregnant-people-and-new-parents.html>

Last Verified On: 05/31/2025

The Village

“The Village is here to help pregnant women and families with young children connect with the services they deserve to give their children the best possible start in life. The Village was created to help coordinate and simplify the process of connecting with home-based programs in Butte County.”

Contact: (530) 552-3919

Website:

<https://www.helpmegrowbutte.org/contact-us>

Last Verified On: 05/31/2025



BUTTE COUNTY PERINATAL RESOURCES

ABORTION INFORMATION

I Need An A

“Provide simple, up-to-date, and localized source of information for people seeking abortions.”

Website: <https://www.ineedana.com/>

Last Verified On: 05/31/2025

Planned Parenthood – Chico

“Planned Parenthood is one of the nation’s leading providers of high-quality, affordable health care, and the nation’s largest provider of sex education. With or without insurance, you can always come to us for your health care.”

Location: 3100 Cohasset Rd
Chico, Ca 95973

Contact: (530) 342-8367

Website:

<https://www.plannedparenthood.org/health-center/california/chico/95973/chico-health-center-2770-90200>

Last Verified On: 05/31/2025

International Abortion Federation

“Abortion is still available and there are resources to help you get the care you need.”

Contact: (800) 772-9100

Website: https://prochoice.org/patients/find-a-provider/?fwp_country_search=united-states&fwp_state_search_united_states=ca

Last Verified On: 05/31/2025

ADOPTION RESOURCES

Adoption Choices

“Adoption Choices of Northern California is a **private, non-profit licensed adoption facilitator** which assists both birth parents and prospective adoptive parents to engage in successful adoption experience.”

Contact: (530) 891-0302

Toll Free: (800) 607-9200

Website: <http://ac-nc.org/>

Last Verified On: 05/31/2025

American Adoptions

“Interested in making an adoption plan for your child? Talk to an adoption specialist today.”

Toll Free Contact:

(800) – ADOPTION (236-7846)

Website:

https://www.americanadoptions.com/pregnant/free_info

Last Verified On: 05/30/2025

Lifetime Adoption

“Pregnant or considering adoption for your child? Get a FREE adoption planning kit today.”

Toll Free Contact: (800) 923-6784

Website:

<https://lifetimeadoption.com/birthmothers/adoption-kit/>

Last Verified On: 05/30/2025

Adoption Connection

“Counselors are here to explain all of the steps in the adoption process.”

Location: 1710 Scott St.
San Francisco, CA 95115

Contact: (800) 972-9225

Website:

<https://adoptionconnection.ifcs.org/im-pregnant/>

Last Verified On: 05/31/2025



BUTTE COUNTY PERINATAL RESOURCES

BREASTFEEDING & LACTATION SUPPORT SERVICES

***Please refer to the WIC listing below for additional breastfeeding and lactation support services.**

La Leche League of Northern California and Hawaii

“Helping breastfeeding mothers through mother-to-mother support, encouragement, information, and education.”

Contact: (877) 375-6645 Ext. 3

Website: <https://llnocal.org/>

Last Verified On: 05/31/2025

Off on Women’s Health, Breastfeeding

“Find health information on the benefits of breastfeeding and answers to common questions from new moms.”

Website:

<https://www.womenshealth.gov/patient-materials/health-topic/breastfeeding>

Last Verified On: 05/30/2025

CAR SEAT PROGRAMS

OTS - California Office of Traffic Safety

“OTS Website includes a listing of child passenger safety education and low-cost purchase or loaner programs in each county. Also included in each county’s listing is the information for the local designated Child Passenger Safety (CPS) Coordinator.”

Toll Free Contact: (916) 509-3030

Website: <https://www.ots.ca.gov/whos-got-car-seat/>

Last Verified On: 05/31/2025

Car Seat Program

“Butte County Public Health (BCPH) offers car seat educational classes, one-on-one appointments, inspections and distribution of car seats for Butte County residents.”

Toll Free Contact: (800) 339-2941

Website:

<https://www.buttecounty.net/874/Car-Seat-Program>

Last Verified On: 05/31/2025

HOME VISITING PROGRAMS

Butte Baby Steps

“The program is open to Butte County families that are either expecting or have a child under the age of 3 months. Families participate voluntarily in the program and receive frequent home visits and activities.”

Location: 10 Independence Circle.
Chico, CA 95973

Contact: (530) 345-1600 ext. 211560

Website: <https://nvcss.org/programs/butte-baby-steps/>

Last Verified On: 05/31/2025

Nurse-Family Partnership (NFP)

“Nurse-Family Partnership is a free home visiting program that partners registered nurses with first-time moms beginning early in their pregnancy (before 28 weeks). Moms have the opportunity to continue receiving support from the registered nurse until their child is 2 years of age.”

Contact: (530) 552-3903

Email: ButteGlennNFP@buttecounty.net

Website:

<https://www.buttecounty.net/1902/Nurse-Family-Partnership-NFP>

Last Verified On: 04/11/2025



BUTTE COUNTY PERINATAL RESOURCES

MATERNAL MENTAL HEALTH RESOURCES

Carelon Behavioral Health (formerly Beacon)

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 05/30/2025

Paternal Postpartum Depression Guide

Website: <https://parentingpod.com/paternal-postpartum-depression/>

Last Verified On: 05/30/2025

Postpartum Support International Helpline

“In English and Spanish, serves more than 600 callers a month, and rapidly refers callers to appropriate local resources including emergency services.”

PSI Helpline: (800) 944-4773

Text English: (800) 944-4773

Text Spanish: (971) 203-7773

Website: <https://www.postpartum.net/>

Last Verified On: 05/30/2025

National Maternal Mental Health Hotline

“A free and confidential service offering 24/7 support via call or text to new and expecting moms and their loved ones. The Hotline’s trained counselors help thousands of women and their families needing emotional support during or after pregnancy. The Hotline is available in English and Spanish and offers interpreters in more than 60 languages.”

Call/text: (833) TLC-MAMA (833-852-6262)

Website: <https://mchb.hrsa.gov/national-maternal-mental-health-hotline/faq#:~:text=Call%20or%20text%20the%20National,%2D833%2D852%2D6262>

Last Verified On: 05/30/2025

DADS Chat with an Expert – Postpartum Support International

“Free call-in forum for dads facilitated by a perinatal mood disorder expert.”

Date/Time: First Monday of each month at 5 p.m.

Call-In Number: 1-800-944-4773

Website: <https://www.postpartum.net/get-help/help-for-dads/>

Last Verified On: 05/30/2025

PERINATAL SUBSTANCE USE RESOURCES

Butte County Office Behavioral Health Stepping Stones – Chico

“ODF, IOT, MAT”

Location: 109 Parmac Road Suite 2
Chico, CA 95926

Contact: (530) 879-3363

Website: chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.dhcs.ca.gov/Documents/CSD_YV/Family%20Services/2022-Perinatal-Directory.pdf

Last Verified On: 05/31/2025

Butte County Office Behavioral Health Stepping Stones – Oroville

“ODF, IOT, MAT”

Location: 2167 Montgomery St Ste C
Oroville, CA 95965

Contact: (530) 879-3363

Website: chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.dhcs.ca.gov/Documents/CSD_YV/Family%20Services/2022-Perinatal-Directory.pdf

Last Verified On: 05/31/2025



BUTTE COUNTY PERINATAL RESOURCES

POSTPARTUM SUPPORT SERVICES

Postpartum Support International Helpline

“In English and Spanish, serves more than 600 callers a month, and rapidly refers callers to appropriate local resources including emergency services.”

PSI Helpline: (800) 944-4773

Text English: (800) 944-4773

Text Spanish: (971) 203-7773

Website: <https://www.postpartum.net/>

Last Verified On: 05/31/2025

DADS Chat with an Expert – Postpartum Support International

“Free call-in forum for dads facilitated by a perinatal mood disorder expert.”

Date/Time: First Monday of each month at 5:00 p.m.

Call-In Number: 1-800-944-4773

Website: <https://www.postpartum.net/get-help/help-for-dads/>

Last Verified On: 05/31/2025

Paternal Postpartum Depression Guide

Website: <https://parentingpod.com/paternal-postpartum-depression/>

Last Verified On: 05/31/2025

WOMEN, INFANTS & CHILDREN (WIC)

“WIC services include: Practical nutrition information and everyday healthy living tips for you and your family. Nutrition experts who specialize in nutrition for mothers and their children. Support and information about breastfeeding your baby, including access to breastfeeding experts. Help in finding health care and other valuable community services. Benefits to buy healthy foods, such as fruits and vegetables, whole grains, milk, eggs, bread, cereal, juice, peanut butter, soy milk, tofu and more!

Website: <https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/Program-Landing1.aspx>

Last Verified On: 09/16/2025

Chico WIC Office

Location: 2080 E 20th St. Suite 180

Chico, CA 95928

Contact: (530) 552-4025

Last Verified On: 04/01/2025

Oroville WIC Office

Location: 202 Mira Loma Dr.

Oroville, CA 95965

Contact: (530) 552-4025

Last Verified On: 04/01/2025

Gridley WIC Office

Location: 239 Sycamore St.

Gridley, CA 95948

Contact: (530) 552-4025

Last Verified On: 04/01/2025