

HOTLINE PHONE NUMBERS

LGBT National Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

Contact: (888) 843-4564

Email: help@LGBThotline.org

Website: <https://lgbthotline.org/national-hotline/>

Last Verified On: 04/19/2025



LGBT National Youth Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, family, bullying, school issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

Contact: (800) 246-7743

Email: help@LGBThotline.org

Website: <https://lgbthotline.org/youth-talkline/>

Last Verified On: 04/19/2025

DOMESTIC VIOLENCE & INTIMATE PARTNER VIOLENCE

Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

Contact: (866) 331-9474

Text: LOVEIS to 22522

Website: <https://www.loveisrespect.org/>

Last Verified On: 04/19/2025



LEGAL RESOURCES

National Center for Lesbian Rights (NCLR)

“NCLR is a national legal organization committed to advancing the civil and human rights of lesbian, gay, bisexual, and transgender people and their families through litigation, legislation, policy, and public education.”

Contact: (415) 392-6257

Website: <http://www.nclrights.org/>

Last Verified On: 04/19/2025

PHC MEMBER BENEFITS

Sensitive Services

“Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services. You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval. All members have the right to confidentiality when getting these services.”

Website:

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqltem28>

Last Verified On: 04/19/2025

RESOURCE DIRECTORIES

Pink Spots – The LGBTQ Directory

Contact: (650)598-0333

Website: <https://www.gaypinkspots.com/>

Last Verified On: 04/19/2025

SENIORS

SAGE

“SAGE is the country’s largest and oldest organization dedicated to improving the lives of LGBTQ+ older people. Founded in 1978 and headquartered in New York City, SAGE is a national organization that offers supportive services and consumer resources to LGBTQ+ older people and their caregivers.”

Contact: (212) 741-2247

Website: <https://www.sageusa.org/>

Last Verified On: 04/19/2025

TRANSGENDER RESOURCES

Trans Lifeline

“Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.”

Contact: (877) 565-8860

Website: <https://www.translifeline.org/>

Last Verified On: 04/19/2025

Transgender Map

“This free website shows how to make a gender transition”

Website: <https://www.transgendermap.com/>

Last Verified On: 04/19/2025

Trans Resilience - Resources

“Here are a few resources that may be useful for community organizations, trans individuals, or therapists and medical providers.”

Website: <https://www.trans-ilience.com/>

Last Verified On: 04/19/2025

QUEER RESOURCES

Queer Humboldt

“Queer Humboldt is an anti-racist, anti-settler-colonialist resource center, serving 2S/LGBTQIA+ individuals and groups in Humboldt County and local Indigenous Lands through community education, mental health services, micro- grants/mutual aid, the North Coast Two-Spirit Project, networking and resource sharing.”

Email: info@queerhumboldt.org

Contact: (707) 502-2890

Website:

<https://www.queerhumboldt.org/home>

Last Verified On: 04/19/2025