HUMBOLDT COUNTY DISABILITIES RESOURCES

REGIONAL CENTERS

Redwood Coast Regional Center
"RCRC offers services and supports for children and adults with developmental disabilities who live in Del Norte, Humboldt, Lake, and Mendocino Counties. We are a private, not-for-profit corporation providing services through a contract with the California Department of Developmental Services."
Location: 525 2nd Street, Suite 300
Eureka, CA 95501
Contact: (707) 445-0893
Website: https://redwoodcoastrc.org/about-us/locations/#eureka
Last Verified On: 03/12/2026

ADULT DAY CENTERS

Adult Day Health & Alzheimer's Services – Humboldt Senior Resource Center
"Adult Day Health is a therapeutic day program that provides care to enhance the independence and quality of life for adults with physical and mental disabilities. We also provide respite for family caregivers."
Location: 1901 California Street Building B
Eureka, CA 95501
Contact: (707) 443-9747
Website: http://www.humsenior.org/programs/cult-day-health-alzheimers-services/adult-day-health-services/
Last Verified On: 03/12/2026

Adult Day Health Care of Mad River
"Services for medically at risk adults over 18 years of age with medical needs including developmental delays, mental health diagnoses, dementia / Alzheimer's, traumatic brain injuries and serious chronic medical issues, while improving health and quality of life, allowing respite and peace of mind for caregivers."
Location: 3800 Janes Road
Arcata, CA 95521
Contact: (707) 822-4866
Website: http://www.adhcmadriver.org/
Last Verified On: 03/12/2026

ADULT PROTECTIVE SERVICES & PREVENTION

Humboldt County Adult Protective Services
"Adult Protective Services (APS) provides protective services to elders (65 and older) and dependent adults (18-64) who are unable to protect their own interests or to care for themselves."
Location: 808 E Street
Eureka, CA 95501
Contact: (866) 527-8614
Contact: (707) 476-2100
Website: https://humboldtgov.org/499/Adult-Protective-Services
Last Verified On: 03/12/2026

CEREBRAL PALSEY RESOURCES

United Cerebral Palsy
"Resources and program or service directory."
Contact: (800) 872-5827
Website: https://ucp.org/resources/
Last Verified On: 03/12/2026

Cerebral Palsy Foundation
"Video library and fact sheets."
Contact: (212) 520-1686
Website: https://www.yourcpf.org/
Last Verified On: 03/12/2026

My Child at CerebralPalsy.org
"The ultimate resource for everything cerebral palsy."
Contact: (800) 692-4453
Website: https://www.cerebralpalsy.org/about-mychild
Last Verified On: 03/12/2026

DEAF & HEARING LOSS RESCOURCES

LEAD - K
"We connect families with local school districts, Early Start home visit teachers, parent mentors, Deaf coaches, and other essential supports. Our comprehensive approach ensures every child has the opportunity to develop bilingual language skills and reach their full potential."
Location: 4044 N Freeway Blvd,
Sacramento, CA 95834
Contact: (916) 367-0511
Website: https://www.leadkfamilyservices.org/
Last Verified On: 03/13/2026

NorCal Services for Deaf and Hard of Hearing
"Non-profit community-based organization serving Deaf & Hard of Hearing individuals in 24 northeastern counties of California."
Location: 1521 Butte House Road B
Yuba City, CA 95993
Contact: (530) 740-7803
TTY: (530) 740-7802
Website: https://norcalcenter.org/
Last Verified On: 03/13/2026

DOWN SYRNOME RESOURCES

GiGi's Playhouse Down Syndrome Resources
"We are a Down syndrome organization with over 61+ brick-and-mortar locations across the United States and Mexico and 200 inquiries to start new locations all over the world, GiGi's Playhouse is the ONLY network of Down Syndrome Achievement Centers. Every day, we provide FREE, life-changing therapeutic, educational, and career training programs for 30,000+ individuals of all ages."
Contact: (916) 771-0199
Website:
https://gigisplayhouse.org/sacramento/resources/
Last Verified On: 03/13/2026

INDEPENDENT LIVING & SUPPORT SERVICES

Tri-County Independent Living Center (TCIL)
"Tri-County Independent Living (TCIL) is a consumer-controlled, community-based, cross-disability, non-residential, non-profit organization that is designed and operated within a local community by and for people with disabilities. We offer a wide variety of services to members of the community – most free of charge."
Location: 139 Fifth Street
Eureka, CA 95501
Contact: (707) 445-8404
Website: http://www.tilinet.org/
Last Verified On: 03/13/2026

NON-TRAUMATIC & TRAUMATIC BRAIN INJURY (TBI) RESOURCES

American Veterans with Brain Injury (AVBI)
"AVBI is an organization that offers support to the families of American service members and Veterans who have sustained brain injuries through a web-based peer support network and information. … AVBI members have access to web-based exercise programs to improve brain health and cognitive performance."
https://avbi2006.tripod.com/index.html
Last Verified On: 03/12/2026

Brain and Spinal Cord Injury Resource Center
"BrainandSpinalCord.org is a resource for brain and spinal cord injury survivors and their Families to learn more information about medical conditions, rehabilitation, and legal options."
Contact: Phone: (866) 510-5970
Website: http://www.brainandspinalcord.org/
Last Verified On: 03/12/2026

Brain Injury Association of America (BIAA)
"BIAA's mission is to advance awareness, research, treatment, and education and to improve the quality of life for all people affected by brain injury."
Contact: (703) 761-0750
Toll free: (800) 444-6443
Website: https://www.biausa.org/
Last Verified On: 03/12/2026

American Stroke Association
"The American Stroke Association is dedicated to prevention, diagnosis and treatment to save lives from stroke: …guide healthcare professionals and provide information to enhance the quality of life for stroke survivors."
Stroke Family Warmline: (888) 478-7653
Website:
http://www.strokeassociation.org/STROKEORG/
Last Verified On: 03/12/2026

Brain Injury.com
"Brain Injury.com is the largest collection of medical and legal information about brain injury on the web. This website provides a nationwide network of legal services to serve those with cases involving brain injury, and they provide cutting edge information for those in need."
Contact: (866) 882-7246
Website: http://www.braininjury.com/
Last Verified On: 03/12/2026

Brainline
"Brainline offers information and support to anyone whose life has been affected by brain injury or PTSD: people with brain injuries, their family and friends, and the professionals who work with them. Brainline also provides military-specific information and resources on stress disorder (PTSD) to veterans, service members, and their families."
Contact: (703) 998-2020
Website: http://www.brainline.org/
Last Verified On: 03/12/2026

RECREATION & ACTIVITIES

Disabled Discount Lifetime Park Pass
"For persons with permanent disabilities, this pass entitles the bearer to a 50% discount for vehicle day use, family camping, and boat use fees at California State Park operated units."
Location: California State Parks
Sonoma-Mendocino Coast District Office
12301 North Highway 1
Mendocino, CA 95460
Contact: (707) 937-5804
Website:
https://www.parks.ca.gov/?page_id=1049
Last Verified On: 03/12/2026

Reduced Fee Annual Fishing License-Disabled Veteran
"Available for any resident or nonresident honorably discharged disabled veteran with a 50 percent or greater service-connected disability. After you prequalify for your first Disabled Veteran Reduced Fee Sport Fishing License, you can purchase disabled veteran licenses anywhere licenses are sold."
Contact: (916) 445-0411
Website:
https://wildlife.ca.gov/Licensing/Fishing
Last Verified On: 03/12/2026

VISUAL IMPAIRMENT RESOURCES

California Council of the Blind Directory
"Directory of Services for
the Blind and Visually Impaired in California."
Contact: (707) 579-4380
Website: https://www.ccbnet.org/calif.htm
Last Verified On: 03/12/2026

Free Slate and Stylus Program
National Federation of the Blind
"The National Federation of the Blind will distribute a plastic, four-line, and twenty-eight cell slate along with a saddle stylus to those that need them. That includes those that are blind and low vision who know Braille or want to learn Braille."
Contact: (410) 659-9314
Website: https://www.nfb.org/programs-services/free-slate-and-stylus-program
Last Verified On: 03/12/2026

Free White Cane Program
National Federation of the Blind
"The white cane gives blind people the ability to achieve a full and independent life, allowing us to travel freely and safely."
Contact: (410) 659-9314
Website: https://www.nfb.org/programs-services/free-white-cane-program
Last Verified On: 03/12/2026

SUPPORT GROUPS

National Multiple Sclerosis Society Support Groups Search
"Living with multiple sclerosis or having a loved one with MS can be challenging. Support groups and connection programs can help. These groups and programs bring people affected by MS together to share common experiences, find support and learn about the disease."
Contact: (707) 937-5804
Website: https://www.nationalmssociety.org/resources/get-support/find-support-groups-and-programs
Last Verified On: 03/12/2026

Can Do Multiple Sclerosis Virtual Meetups
"A welcoming space for young adults and those newly diagnosed with MS to gain support, confidence, and a sense of community."
Contact: (800) 367-3101
Website: https://cando-ms.org/events/
Last Verified On: 03/12/2026

SF Service Guide National Multiple Sclerosis Society Support Groups
"MS Society helps people affected by Multiple Sclerosis (MS) in the Northern California area address the challenges of living with MS. MS Society provides educational programs, peer counseling, support groups, financial and respite assistance, and referrals to medical professionals."
Location: 1700 Owens St #190
San Francisco, CA 94158
Contact: (800) 344-4867
Website: https://www.sfserviceguide.org/organizations/573
Last Verified On: 03/12/2026

ASSISTANCE DOGS

Canine Companions for Independence
"Canine Companions for Independence is a non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs at no charge to the recipient."
Contact: (800) 572-2275
Website: https://www.cci.org/
Last Verified On: 03/12/2026

California Department of Social Services – Assistance Dog Special Allowance Fund
"The Assistance Dog Special Allowance (ADSA) program provides a monthly payment of $50 to eligible persons who use a guide, signal, or service dog to help them with their disability-related needs."
Location: 744 P Street, MS 9-11-91
Sacramento, CA 95814
Website: https://www.cdss.ca.gov/assistance-dogs
Last Verified On: 03/12/2026