

HUMBOLDT COUNTY FOOD RESOURCES

If you have been affected by the government shutdown and need food assistance, please see the Food Banks & Pantries listings below.

CALFRESH PROGRAMS

H.R. 1 (One Big Beautiful Bill Act) & CalFresh: Frequently Asked Questions CalFresh Program

Website: <https://www.cdss.ca.gov/benefits-services/food-nutrition-services/calfresh/frequently-asked-questions>

Last Verified On: 03/25/2026

CalFresh

“CalFresh provides eligible households with an electronic benefits transfer (EBT) card that works just like a debit card and can be used at most grocery stores and farmers markets to ensure access to healthy foods.”

Location: 929 Koster Street
Eureka, Ca 95501

Contact: (877) 410-8809

Website:

<https://humboldt.gov.org/519/CalFresh>

Last Verified On: 03/25/2026



California CalFresh Program

“CalFresh is for people with low-income who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table.”

Benefits Helpline: 1-877-847-3663

Application & Chat:

<https://www.getcalfresh.org/?source=cdss>

Application: <https://benefitscal.com/>

Website: <https://www.cdss.ca.gov/calfresh>

Last Verified On: 03/25/2026

CONGREGATE MEALS

Mateel Community Lunch Program

“Serving hot lunch every Tuesday, Wednesday, and Thursday from Noon to 1pm”

Location: 59 Rusk Lane
Redway, CA 95560

Contact: (707) 923-3368

Website:

<http://mateel.org/category/community-lunch-program/>

Last Verified On: 03/25/2026

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COUNTY FOOD RESOURCES

211

“Simply call 211 to speak to someone now, or search by location for online resources and more contact information.”

Contact: 211

Website: <https://www.211.org/about-us/your-local-211>

Last Verified On: 03/25/2026

FOOD BANKS & PANTRIES

Find Food Banks in California

“Food Banks throughout California.”

Location: 307 West 14th Street
Eureka, CA 95501

Contact: (707) 445-3166

Website: <https://www.cdss.ca.gov/food-banks>

Last Verified On: 03/25/2026

College of the Redwoods – Campus Food Pantry

Location: 7351 Tompkins Hill Road
Eureka, CA 95501

Contact: (707) 476-4100

Website:

<https://www.redwoods.edu/services/bnc/pantry.php>

Last Verified On: 03/25/2026

Food for People – The Food Bank for Humboldt County

“Food for People is working to eliminate hunger and improve the health and well-being of our community through access to healthy and nutritious foods, community education and advocacy.”

Location: 307 W 14th Street
Eureka, CA 95501

Contact: (707) 445-3166

Website: <https://www.foodforpeople.org/>

Last Verified On: 03/25/2026

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SENIOR FOOD PROGRAMS

California Department of Aging: Find Services in My County

“The California Department of Aging contracts with and provides leadership and direction to 33 Area Agencies on Aging (AAA) that coordinate a wide array of services to seniors and adults with disabilities at the community level and serve as the focal point for local aging concerns.”

Contact: (800) 510-2020

Website:

https://aging.ca.gov/Find_Services_in_My_County/

Last Verified On: 03/25/2026

Meals on Wheel America

“Meals on Wheels providers deliver nutritionally balanced, age-appropriate meals designed to meet seniors’ needs.”

Contact: (888) 998-6325

Website:

<https://www.mealsonwheelsamerica.org/find-meals-and-services/>

Last Verified On: 03/25/2026

Karuk Tribe of California Senior Program “Congregate Meals, Home Delivered Meals.”

Location: 459 Asip Road
Orleans, CA 95556

Contact: (530) 627-3056

Website: <https://www.nrcnaa.org/service-locator/center/65>

Last Verified On: 03/25/2026

The Healy Senior Center of Southern Humboldt

“Meals on Wheel, Social Dining, Frozen Meal Programs.”

Location: 456 Briceland Road
Redway, CA 95560

Contact: (707) 923-2399

Website: <http://healyseniorcenter.org/>

Last Verified On: 03/25/2026

HUMBOLDT COUNTY FOOD RESOURCES

WOMEN, INFANTS & CHILDREN (WIC)

“WIC services include: Practical nutrition information and everyday healthy living tips for you and your family. Nutrition experts who specialize in nutrition for mothers and their children. Support and information about breastfeeding your baby, including access to breastfeeding experts. Help in finding health care and other valuable community services. Benefits to buy healthy foods, such as fruits and vegetables, whole grains, milk, eggs, bread, cereal, juice, peanut butter, soy milk, tofu and more!”

Contact: (800) 852-5770

Website: <https://myfamily.wic.ca.gov/>

Last Verified On: 03/25/2026

Eureka WIC Clinic

Location: 908 7th Street
Eureka, CA 95501

Contact: (707) 445-6255

Text: (888) 416-6984

Last Verified On: 03/25/2026

Garberville WIC Clinic

Location: 727 Cedar Street
Garberville, CA 95542

Contact: (707) 923-2779

Text: (888) 416-6984

Last Verified On: 10/27/2025

Fortuna WIC Clinic

Location: 3306 Renner Drive
Fortuna, CA 95540

Contact: (707) 726-9427

Text: (888) 416-6984

Last Verified On: 03/25/2026

McKinleyville WIC Clinic

Location: 1615 Heartwood Drive
McKinleyville, CA 95519

Contact: (707) 445-6255 or (707) 839-1173

Text: (888) 416-6984

Last Verified On: 10/27/2025