

# HUMBOLDT COUNTY SUPPORT GROUP RESOURCES

## SUBSTANCE USE DISORDER SUPPORT GROUPS

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### Alcoholics Anonymous (AA) of Humboldt and Del Norte Counties

“Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.”

**24 Hour Helpline:** (844) 442-0711

**Website:** <https://aahumboltdelnorte.org/>

Last Verified On: 07/30/2025



### Al-Anon/Alateen Support Groups-District 1

**24 Hour Helpline:** (707) 440-9050

**Website:** <https://al-anon.org/al-anon-meetings/find-an-alateen-meeting/>

Last Verified On: 07/30/2025

### Co-Dependents (CoDa) Anonymous

“Dedicated to everyone who struggles with issues of codependence.”

**Toll Free:** (888) 444-2359

**Website:** <https://coda.org/find-a-meeting/>

Last Verified On: 07/30/2025

### Narcotics Anonymous

“We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle.”

**Contact:** (707) 444-8645

**Website:** <http://humboldtna.org/>

Last Verified On: 07/30/2025

## SUPPORT HOTLINES

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### Institute on Aging - Senior Intervention Hotline

“Friendship Line has been a vital lifeline for people aged 60 years and older and adults living with disabilities to connect with a caring, compassionate voice ready to listen and provide emotional support.”

**Contact:** (415) 750-4111

**Toll Free:** (888) 670-1360

**Website:** <https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

Last Verified On: 07/30/2025

### Miracle Friends Program

“Miracle Friends is a phone buddy program for individuals experiencing homelessness.”

**Hotline:** 800-MISS-YOU

**Email us at:** [hello@miraclemessages.org](mailto:hello@miraclemessages.org)

**Website:**

<https://www.miraclemessages.org/friends>

Last Verified On: 07/30/2025



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## SUPPORT GROUPS

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### **NAMI Humboldt County**

“NAMI support groups are peer-led and offer participants an opportunity to share their experiences and gain support from other attendees.”

**Contact:** (707) 444-1600

**Help Line:** (800) 950-NAMI (6264)

**Email address:** [nami.humboldt@gmail.com](mailto:nami.humboldt@gmail.com)

**Website:** <https://nami-humboldt.org/support-and-education/support-groups/>

Last Verified On: 07/30/2025

### **Breast and GYN Health Project**

“The Breast and GYN Health Project sponsors support groups that provide emotional and social support for those newly diagnosed, those undergoing treatment, as well as those with post-treatment issues.”

**Contact:** (707) 825-8345

**Website:** <https://bghp.org/services/support-groups>

Last Verified On: 07/30/2025

## SUPPORT SERVICES

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### **Reunion Services – Miracle Messages**

“Miracle Messages has reunited over 800 people experiencing homelessness with their loved ones, with an average time separated of over 15 years.”

**Email us at:** [hello@miraclemessages.org](mailto:hello@miraclemessages.org)

**Website:** <https://www.miraclemessages.org>

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