



MENDOCINO COUNTY DISABILITIES RESOURCES



ADULT DAY CENTERS

Redwood Coast Senior Center – Programs for Seniors

“Friendly Visitor Program, Alzheimer’s Day Program.”

Location: 490 North Harold Street
Fort Bragg, CA 95437

Contact: (707) 964-0443

Website: <https://www.rcscenter.org/programs>

Last Verified On: 03/19/2026

Ukiah Valley Association Habilitation – Rural Adult Program

“The Rural Adult Program (RAP) is a day training service for people with developmental disabilities. All services are designed to help people function as independently as possible.”

Location: 990 South Dora Street
Ukiah, CA 95482

Contact: (707) 468-8824

Website: <https://uvah.org/>

Last Verified On: 03/19/2026

Ukiah Valley Association Habilitation – Learning Independence from Experience

“L.I.F.E. Services (Learning Independence from Experience) is a service designed to serve adults with developmental or other disabilities and or 18–22-year-old students with an I.E.P. in their last year of school who want to be fully included in work and community life.”

Location: 990 South Dora Street
Ukiah, CA 95482

Contact: (707) 468-8824

Website: <https://uvah.org/mayacama-2-3-2-3/>

Last Verified On: 03/19/2026

ADULT PROTECTIVE SERVICES & PREVENTION

Mendocino County Adult Protective Services – Ukiah Office

Location: 747 S. State Street
Ukiah, CA 95482

Contact: (707) 463-7900

24-Hour Toll Free Hotline: (877) 327-1799

Website:

<https://www.mendocinocounty.org/departments/social-services/adult-aging-services>

Last Verified On: 03/19/2026

Mendocino County Adult Protective Services – Willits Office

Location: 472 East Valley Street
Willits, CA 95470

Contact: (707) 456-3700

24-Hour Toll Free Hotline: (877) 327-1799

Website:

<https://www.mendocinocounty.org/departments/social-services/adult-aging-services>

Last Verified On: 03/19/2026

MENDOCINO COUNTY DISABILITIES RESOURCES

ADULT PROTECTIVE SERVICES & PREVENTION, continued

Mendocino County Adult Protective Services – Fort Bragg

Location: 764 South Franklin Street
Fort Bragg, CA 95437

Contact: (707) 962-1000

24-Hour Toll Free Hotline: (877) 327-1799

Website:

<https://www.mendocinocounty.org/departments/social-services/adult-aging-services>

Last Verified On: 03/19/2026

ASSISTANCE DOGS

Canine Companions for Independence

“Canine Companions for Independence is a non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs at no charge to the recipient.”

Contact: (800) 572-2275

Website: <https://www.cci.org/>

Last Verified On: 03/19/2026

California Department of Social Services – Assistance Dog Special Allowance Fund

“The Assistance Dog Special Allowance (ADSA) program provides a monthly payment of \$50 to eligible persons who use a guide, signal, or service dog to help them with their disability-related needs.”

Contact: (916) 651-8848

Location: 744 P Street, MS 9-11-91
Sacramento, CA 95814

Website: <https://www.cdss.ca.gov/assistance-dogs>

Last Verified On: 03/19/2026

CEREBRAL PALSEY RESOURCES

United Cerebral Palsy

“Resources and program or service directory.”

Contact: (800) 872-5827

Website: <https://ucp.org/resources/>

Last Verified On: 03/19/2026

My Child at CerebralPalsy.org

“The ultimate resource for everything cerebral palsy.”

Contact: (800) 692-4453

Website: <https://www.cerebralpalsy.org/about-mychild>

Last Verified On: 03/19/2026

Cerebral Palsy Foundation

“Video library and fact sheets.”

Contact: (212) 520-1686

Website: <https://www.yourcpf.org/>

Last Verified On: 03/19/2026

MENDOCINO COUNTY DISABILITIES RESOURCES

CEREBRAL PALSEY RESOURCES, continued

United Cerebral Palsy of Sacramento and Northern California

“UCP of Sacramento and Northern California is a leading provider of programs and services for children and adults with developmental disabilities. By using evidence-based practices, UCP programs and services help clients, and their families, to live a life with increased independence, productivity, and self-confidence.”

Location: 4350 Auburn Boulevard
Sacramento, CA 95841

Contact: (916) 565-7700

Website: <https://ucpsacto.org/>

Last Verified On: 03/19/2026

DEAF & HEARING LOSS RESOURCES

LEAD - K

“We connect families with local school districts, Early Start home visit teachers, parent mentors, Deaf coaches, and other essential supports. Our comprehensive approach ensures every child has the opportunity to develop bilingual language skills and reach their full potential.”

Contact: (916) 367-0511

Website: <https://www.leadkfamilyservices.org/>

Last Verified On: 03/19/2026

NorCal Services for Deaf and Hard of Hearing

“Non-profit community-based organization serving Deaf & Hard of Hearing individuals in 24 northeastern counties of California.”

Location: 1521 Butte House Road B
Yuba City, CA 95993

Contact: (530) 740-7803

TTY: (530) 740-7802

Website: <https://norcalcenter.org/>

Last Verified On: 03/19/2026

DISABILITY ADVOCACY & SUPPORT SERVICES

Galt Advocacy

“Galt Advocacy offers full service assistance to those with disabilities and their families. We help guide through the tangle of social services—from application through appeal.”

Contact: (707) 566-7600

Website: <https://www.galtadvocacy.com/>

Last Verified On: 03/19/2026

MENDOCINO COUNTY DISABILITIES RESOURCES

DOWN SYRNome RESOURCES

GiGi's Playhouse Down Syndrome Resources

Contact: (916) 771-0199

Website:

<https://gigisplayhouse.org/sacramento/resources/>

Last Verified On: 03/19/2026

INDEPENDENT LIVING & SUPPORT SERVICES

Mendocino County In-Home Supportive Services (IHSS), Ukiah Office

"The IHSS program is designed to enable Medi-Cal eligible elderly and disabled individuals to safely remain in their own home with the assistance of a provider. This is a long term service for low income elderly, disabled adults, and disabled children with extraordinary needs who require assistance."

Location: 747 South State Street
Ukiah, CA 95482

Contact: (707) 463-7900

24-Hour Toll Free Line: (877) 327-1799

Website:

<https://www.mendocinocounty.org/departments/social-services/adult-aging-services/in-home-supportive-services>

Last Verified On: 03/19/2026

Redwood Coast Regional Center – Ukiah

"RCRC offers services and supports for children and adults with developmental disabilities who live in Del Norte, Humboldt, Lake, and Mendocino Counties."

Location: 1116 Airport Park Blvd.
Ukiah, CA 95482

Contact: (707) 462-3832

Website: <http://www.redwoodcoastrc.org/>

Last Verified On: 03/19/2026

Disability Services & Legal Center

"Providing information, advice and assistance on a wide range of disability- related matters."

Location: 415 Talmage Rd., Ste. B
Ukiah, CA 95482

Contact: (707) 463-8875

Website: <http://mydslc.org/>

Last Verified On: 03/19/2026

Mendocino County In-Home Supportive Services (IHSS), Willits Office

"The IHSS program is designed to enable Medi-Cal eligible elderly and disabled individuals to safely remain in their own home with the assistance of a provider. This is a long term service for low income elderly, disabled adults, and disabled children with extraordinary needs who require assistance."

Location: 472 East Valley Street
Willits, CA 95470

Contact: (707) 456-3700

24-Hour Toll Free Line: (877) 327-1799

Website:

<https://www.mendocinocounty.org/departments/social-services/adult-aging-services/in-home-supportive-services>

Last Verified On: 03/19/2026

MENDOCINO COUNTY DISABILITIES RESOURCES

INDEPENDENT LIVING & SUPPORT SERVICES, continued

Mendocino County In-Home Supportive Services (IHSS), Fort Bragg Office

“The IHSS program is designed to enable Medi-Cal eligible elderly and disabled individuals to safely remain in their own home with the assistance of a provider. This is a long term service for low income elderly, disabled adults, and disabled children with extraordinary needs who require assistance.”

Location: 764 South Franklin Street
Fort Bragg, CA 95437

Contact: (707) 962-1102

24-Hour Toll Free Line: (877) 327-1799

Website:

<https://www.mendocinocounty.org/departments/social-services/adult-aging-services/in-home-supportive-services>

Last Verified On: 03/19/2026

Redwood Coast Regional Center – Fort Bragg

“RCRC offers services and supports for children and adults with developmental disabilities who live in Del Norte, Humboldt, Lake, and Mendocino Counties.”

Location: 270 Chestnut Street, Suite A
Fort Bragg, CA 95437

Contact: (707) 964-6387

Website: <http://www.redwoodcoastrc.org/>

Last Verified On: 03/19/2026

Community Care

“Community Care is a nonprofit agency that arranges affordable, competent help to enable people with disabilities or illnesses continue to live independently at home.”

Location: 301 South State Street
Ukiah, CA 95482

Contact: (707) 468-5132

Website: <https://ccmc1.org/>

Last Verified On: 03/19/2026

Ukiah Valley Association Habilitation

“The primary purpose of UVAH is to help people with disabilities meet their full potential as individuals and productive citizens in our community. We do this by providing a wide range of services, a supportive environment and by educating and involving the community in an effort to integrate people with disabilities into community life.”

Location: 990 South Dora Street
Ukiah, CA 95482

Contact: (707) 468-8824

Website: <http://www.uvah.org/>

Last Verified On: 03/19/2026

State Department of Rehabilitation

“The California Department of Rehabilitation (DOR) works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living, and equality for individuals with disabilities.”

Location: 625 Kings Court, Ste A
Ukiah, CA 95482

Contact: (707) 463-4791

Website:

<https://www.dor.ca.gov/Home/WhatWeDo>

Last Verified On: 03/19/2026

MENDOCINO COUNTY DISABILITIES RESOURCES

LEGAL SERVICES

Legal Services of Northern California

“Provide quality legal services to empower the poor to identify and defeat the cause and effects of poverty within our community, efficiently utilizing all available resources.”

Location: 421 North Oak Street
Ukiah, CA 95482

Contact: (707) 462-1471

Toll Free: (877) 529-7700

Website: <https://lsnc.net/office/ukiah>

Last Verified On: 03/19/2026

Disability Services & Legal Center

“DSLCL Ukiah provides assistance with benefits, housing, legal issues and more for residents of Mendocino and Lake Counties, California.”

Location: 415 Talmage Rd. Ste B
Ukiah, CA 95482

Contact: (707) 463-8875

Website: <http://mydslc.org/ukiah-branch-staff/>

Last Verified On: 03/19/2026

Mendocino County Public Guardian/Public Administrator

“The Public Guardian / Public Administrator Unit initiates the Court process to invoke and renew conservatorships, handles the affairs of individuals who die without family to administer their estates, and provides case management for conserved persons with mental health disabilities, dementia, or severe frailty.”

Contact: (707) 468-7056

Website:

<https://www.mendocinocounty.org/Home/Components/ServiceDirectory/ServiceDirectory/293/26>

Last Verified On: 03/19/2026

NON-TRAUMATIC & TRAUMATIC BRAIN INJURY (TBI) RESOURCES

American Veterans with Brain Injury (AVBI)

“AVBI is an organization that offers support to the families of American service members and Veterans who have sustained brain injuries through a web-based peer support network and information. ... AVBI members have access to web-based exercise programs to improve brain health and cognitive performance. These programs encourage self-improvement & recovery of service members & veterans who have sustained a brain injury. There are many other programs and supports for those with brain injury through AVBI.”

Website:

<https://avbi2006.tripod.com/index.html>

Last Verified On: 03/19/2026

American Stroke Association

“The American Stroke Association is dedicated to prevention, diagnosis and treatment to save lives from stroke: ...guide healthcare professionals and provide information to enhance the quality of life for stroke survivors.”

Stroke Family Warmline: (888) 478-7653

Website:

<http://www.strokeassociation.org/STROKEORG/>

Last Verified On: 03/19/2026

MENDOCINO COUNTY DISABILITIES RESOURCES

NON-TRAUMATIC & TRAUMATIC BRAIN INJURY (TBI) RESOURCES, continued

Brain and Spinal Cord Injury Resource Center

BrainandSpinalCord.org is a resource for brain and spinal cord injury survivors and their Families to learn more information about medical conditions, rehabilitation, and legal options.”

Contact: (866) 510-5970

Website: <http://www.brainandspinalcord.org/>

Last Verified On: 03/23/2026

Brain Injury Association of America (BIAA)

“BIAA’s mission is to advance awareness, research, treatment, and education and to improve the quality of life for all people affected by brain injury.”

Contact: (703) 761-0750

Website: <https://www.biausa.org/>

Last Verified On: 03/23/2026

Brain Injury.com

“Brain Injury.com is the largest collection of medical and legal information about brain injury on the web. This website provides a nationwide network of legal services to serve those with cases involving brain injury, and they provide cutting edge information for those in need.”

Contact: (866) 882-7246

Website: <http://www.braininjury.com/>

Last Verified On: 03/23/2026

Brainline

“Brainline offers information and support to anyone whose life has been affected by brain injury or PTSD: people with brain injuries, their family and friends, and the professionals who work with them. Brainline also provides military-specific information and resources on stress disorder (PTSD) to veterans, service members, and their families.”

Contact: (703) 998.2020

Website: <http://www.brainline.org/>

Last Verified On: 02/11/2025

RECREATION & ACTIVITIES

Disabled Discount Lifetime Park Pass

“For persons with permanent disabilities, this pass entitles the bearer to a 50% discount for vehicle day use, family camping, and boat use fees at California State Park operated units.”

Location: California State Parks

Sonoma-Mendocino Coast District Office

12301 North Highway 1

Mendocino, CA 95460

Contact: (707) 937-5804

Website:

https://www.parks.ca.gov/?page_id=1049

Last Verified On: 03/23/2026

Reduced Fee Annual Fishing License-Disabled Veteran

“Available for any resident or nonresident honorably discharged disabled veteran with a 50 percent or greater service-connected disability. After you prequalify for your first Disabled Veteran Reduced Fee Sport Fishing License, you can purchase disabled veteran licenses anywhere licenses are sold.”

Contact: (916) 445-0411

Website:

<https://wildlife.ca.gov/Licensing/Fishing>

Last Verified On: 03/23/2026

MENDOCINO COUNTY DISABILITIES RESOURCES

VISUAL IMPAIRMENT RESOURCES

California Council of the Blind Directory

“Directory of Services for the Blind and Visually Impaired in California.”

Contact: (707) 579-4380

Website: <https://www.ccbnet.org/calif.htm>

Last Verified On: 03/23/2026

Free Slate and Stylus Program

National Federation of the Blind

“The National Federation of the Blind will distribute a plastic, four-line, and twenty-eight cell slate along with a saddle stylus to those that need them. That includes those that are blind and low vision who know Braille or want to learn Braille.”

Contact: (410) 659-9314

Website: <https://www.nfb.org/programs-services/free-slate-and-stylus-program>

Last Verified On: 03/23/2026

Free White Cane Program

National Federation of the Blind

“The white cane gives blind people the ability to achieve a full and independent life, allowing us to travel freely and safely.”

Contact: (410) 659-9314

Website: <https://www.nfb.org/programs-services/free-white-cane-program>

Last Verified On: 03/23/2026

SUPPORT GROUPS

National Multiple Sclerosis Society Support Groups Search

“Living with multiple sclerosis or having a loved one with MS can be challenging. Support groups and connection programs can help. These groups and programs bring people affected by MS together to share common experiences, find support and learn about the disease.”

Contact: (707) 937-5804

Website:

<https://www.nationalmssociety.org/resources/get-support/find-support-groups-and-programs>

Last Verified On: 03/23/2026

SF Service Guide National Multiple Sclerosis Society Support Groups

“MS Society helps people affected by Multiple Sclerosis (MS) in the Northern California area address the challenges of living with MS. MS Society provides educational programs, peer counseling, support groups, financial and respite assistance, and referrals to medical professionals.”

Contact: (800) 344-4867

Website:

<https://www.sfserviceguide.org/organizations/573>

Last Verified On: 03/23/2026

Can Do Multiple Sclerosis Virtual Meetups

“A welcoming space for young adults and those newly diagnosed with MS to gain support, confidence, and a sense of community.”

Contact: (800) 367-3101

Website: <https://cando-ms.org/events/>

Last Verified On: 03/23/2026

MENDOCINO COUNTY DISABILITIES RESOURCES