

MENDOCINO COUNTY LGBTQ+ RESOURCES

HOTLINE PHONE NUMBERS

LGBT National Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

Contact: (888) 843-4564

Email: help@LGBThotline.org

Website: <https://lgbthotline.org/national-hotline/>

Last Verified On: 05/30/2025

LGBT National Youth Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, family, bullying, school issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

Contact: (800) 246-7743

Email: help@LGBThotline.org

Website: <https://lgbthotline.org/youth-talkline/>

Last Verified On: 05/30/2025

National Suicide Prevention Line

“Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.”

Call/Text: 988

Website:

<http://www.suicidepreventionlifeline.org/>

Last Verified On: 05/30/2025



LGBT National Senior Hotline

“Speak on many different issues and concerns including, but limited to, gender and/or sexuality identities, coming out issues, relationship concerns, work place and living condition issues, HIV/AIDS anxiety, safer sex information, suicide, isolation, community involvement and much more.”

Contact: (888) 234-7243

Email: help@LGBThotline.org

Website: <https://www.lgbthotline.org/senior-hotline>

Last Verified On: 05/30/2025

LEGAL RESOURCES

California Courts – How to Change Your Names AND Gender (Adult)

“Official government information on name and gender changes, including instructions and downloadable forms.”

Website:

https://www.courts.ca.gov/25797.htm?rdeLocal_eAttr=en

Last Verified On: 05/30/2025

National Center for Lesbian Rights (NCLR)

“A national nonprofit law firm that protects the legal and human rights of lesbians, gay men, bisexual & transgender people across the United States through impact litigation, public policy, advocacy, public education, & direct legal services.”

Contact: (415) 392-6257

Legal Helpline: (800) 528-6257

Website: <http://www.nclrights.org/>

Last Verified On: 05/30/2025

LGBTQ ADVOCACY & SUPPORT RESOURCES

Mendocino County AIDS/Viral Hepatitis Network (MCAVHN)

“Providing services and comfort to persons and families affected by HIV/AIDS, Hepatitis C, and the co-occurring disorders of mental illness and substance abuse.”

Location: 148 Clara St,
Ukiah, CA 95482

Contact: (707) 462-1932

Website: <https://mcavhn.org/>

Last Verified On: 05/30/2025

RESOURCE DIRECTORIES

Gay Mendocino County Travel Guide

“Known for its towering redwoods, world-renowned viticulture and striking seaside views, Mendocino County has long been a destination for travelers looking to get away for a while. Located just a couple hours’ drive from San Francisco, this relaxed destination can be a welcome respite from the city while being just as gay-friendly.”

Contact: (800) 429-8728

Website: <https://www.gaytravel.com/gay-guides/mendocino-county>

Last Verified On: 05/30/2025

Pink Spots – The LGBTQ Directory

Website: <https://www.gaypinkspots.com/>

Last Verified On: 05/30/2025



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PHC MEMBER BENEFITS

Sensitive Services

Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services.

You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval.

All members have the right to confidentiality when getting these services.

Website:

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqltem28>

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SENIORS

SAGE

“National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers.”

Contact: (212) 741-2247

Website: <https://www.sageusa.org/>

Last Verified On: 05/30/2025

National Resource Center on LGBTQ Aging

“Technical assistance resource center aimed at improving the quality of services and supports offered to lesbian, gay, bisexual and/or transgender older adults.”

Website: <https://www.lgbtagingcenter.org/>

Last Verified On: 05/30/2025

SUPPORT GROUPS

LGBTQ+ Support Groups - TransFamily Support Services

“Middle School Support Group, High School Support Group, Young Adult Support Group, Parent & Caregiver Support Group, Parents of Trans Little Support Group, and Gathering for Trans with Littles”

Contact: 858-304-0085

Email: Info@TransFamilySOS.org

Website:

<https://transfamilysos.org/services/support-groups/>

Last Verified On: 05/30/2025



MENDOCINO COUNTY LGBTQ+ RESOURCES

TRANSGENDER RESOURCES

Trans Lifeline

“Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.

Contact: (877) 565-8860

Website: <https://www.translifeline.org/>

Last Verified On: 05/30/2025

Transgender Map

“This free website shows how to make a gender transition”

Website: <https://www.transgendermap.com/>

Last Verified On: 05/30/2025

Trans Resilience - Resources

“Here are a few resources that may be useful for community organizations, trans individuals, or therapists and medical providers.”

Website: <https://www.trans-ilience.com/>

Last Verified On: 05/30/2025

TransPulse Resource Locator

“Worldwide database including doctors, therapists, and other businesses that welcome transgender clientele.”

Website:

[https://www.transgenderpulse.com/resource-locator/ /](https://www.transgenderpulse.com/resource-locator/)

Last Verified On: 05/30/2025