



**For Immediate Release**  
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## **Nourish & Flourish Brings Free Health Services to the Redding Farmers Market**

REDDING – Partnership HealthPlan of California is bringing Nourish & Flourish to the Redding Farmers Market on Saturday, May 30, 2026, from 7:30 a.m. to noon at 777 Cypress Ave., Redding.

This free community event will offer health screenings, education demonstrations, mobile mammograms, and eye screenings and exams performed by Vision2Learn in partnership with VSP Vision Care. Visitors can also meet local colleges and universities to explore scholarships and career paths in health care and enjoy fresh food from the farmers market alongside raffle prizes and family-friendly activities.

“Nourish & Flourish brings essential health services out into the community where they’re easy to access,” said Tim Sharp, the Redding-based regional director for Partnership HealthPlan of California. “Events like this help us reach more people and support healthier communities.”

This event is free and open to the public.

**About Partnership HealthPlan of California:** Partnership is a community-based, safety-net health care organization that contracts with the state to administer Medi-Cal benefits. Partnership provides quality care to nearly 860,000 Medi-Cal members. Starting in Solano County in 1994, Partnership now serves 24 Northern California counties – Butte, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Marin, Mendocino, Modoc, Napa, Nevada, Placer, Plumas, Shasta, Sierra, Siskiyou, Solano, Sonoma, Sutter, Tehama, Trinity, Yolo, and Yuba. Learn more about Partnership at [PartnershipHP.org](http://PartnershipHP.org).