



# PLACER COUNTY SUBSTANCE USE RESOURCES

## PLACER COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

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### Placer County HHS

“Human Services provides a variety of programs to help Placer County families and individuals have a better future through access to healthy nutrition, healthcare, affordable housing, and training.”

**Location:** 3091 County Center Dr Ste 290, Auburn, CA 95603

**Contact:** (530) 886-1870

**Website:**

<https://www.placer.ca.gov/1679/Health-Human-Services>

Last Verified On: 07/22/2025

### Underage Drinking Prevention Information:

<https://www.co.shasta.ca.us/index/hhsa/alcohol-tobacco-drugs/substance-abuse-prevention>

Last Verified On: 07/22/2025



## ANONYMOUS SUPPORT SERVICES

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### Northern California Fellowship of Alcoholics Anonymous

**24-Hour Hotline:** (530) 225-8955

**Website:** <https://aanorcal.org>

Last Verified On: 07/22/2025

### American River Area NA Meetings

**Website:** <https://sacramentona.org/meetings/>

Last Verified On: 07/22/2025

### Al-Anon District 4 Northern California

**Website:** <https://northerncaliforniaal-anon.org/>

Last Verified On: 07/22/2025

### Sierra Foothills NA Meetings

**Website:** <https://www.sfana.org/>

Last Verified On: 07/22/2025

### Roseville NA Meetings

**Website:** <https://www.narcotics.com/na-meetings/california/roseville/>

Last Verified On: 07/22/2025

### Sierra Foothills NA Meetings

**Website:** <https://www.sfana.org/>

Last Verified On: 07/22/2025



# PLACER COUNTY SUBSTANCE USE RESOURCES

## PERINATAL SUBSTANCE USE RESOURCES

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### MotherToBaby

“We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish.”

**Contact:** (866) 626-6847

**Website:** <https://mothertobaby.org/pregnancy-breastfeeding-exposures/>

Last Verified On: 07/22/2025

### Perinatal Substance Use Services

“We welcome women who, in addition to substance use issues, may have mental health issues that contribute to the current circumstances. Examples of such needs may be feelings of anxiety or depression, which often accompany substance use. Services range from outpatient, detoxification, and residential and transitional housing. Some services may even include child care (while you receive treatment) and help with transportation to program.”

**Location:** 101 Cirby Hills Drive  
Roseville, CA 96521

**Contact:** (530) 889-7240

**Website:**

<https://www.placer.ca.gov/2195/Perinatal-Substance-Use-Services>

Last Verified On: 07/22/2025

## QUIT SMOKING ASSISTANCE

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### Kick It California

“We’re a free program that helps Californians quit tobacco and nicotine with the help of proven, science-based strategies. Take the first step toward quitting.”

**Call and Chat Counseling:**

**English:** 1-800-300-8086

**Español:** 1-800-600-8191

**Chinese:** 1-800-838-8917

**Korean:** 1-800-556-5564

**Vietnamese:** 1-800-778-8440

**Quit Pouches:**

<https://www.kickitca.org/pouches>

**Website:** <https://www.kickitca.org/>

Last Verified On: 07/22/2025

### Alexa Skills Stop Vaping Coach

“With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach.”

**Website:**

[https://www.amazon.com/dp/B07YBTN1GY/ref=sr\\_1\\_1?keywords=stop%20vaping%20coach&qid=1569431942&s=gateway&sr=8-1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMAbvvhO0UMkCbv7dP7vHPi9fEZwliaP-SEZI](https://www.amazon.com/dp/B07YBTN1GY/ref=sr_1_1?keywords=stop%20vaping%20coach&qid=1569431942&s=gateway&sr=8-1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMAbvvhO0UMkCbv7dP7vHPi9fEZwliaP-SEZI)

Last Verified On: 07/22/2025



# PLACER COUNTY SUBSTANCE USE RESOURCES

## MEDICATION ASSISTED TREATMENT PROGRAMS (MAT) & NARCOTIC TREATMENT PROGRAMS (NTP)

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### Addiction Management – Medication Assisted Treatment (MAT)

MAT

(Referrals might be required)

**Location:** 844 Old Tunnel Road

Grass Valley, CA 95945

**Contact:** (530) 273-9762

**Website:** <http://www.hillcountryclinic.org/>

Last Verified On: 07/22/2025

### Granite Wellness Center

MAT

(Referrals might be required)

**Location:** 406 Sunrise Avenue, Suite #105

Roseville, CA 95661

**Contact:** (530) 388-0359

**Website:**

[https://www.granitewellness.org/medical-](https://www.granitewellness.org/medical-services/)

[services/](https://www.granitewellness.org/medical-services/)

Last Verified On: 07/22/2025

## SUPPORT SERVICES

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### Colusa County Recovery

“Virtual Recovery: Anytime, Anywhere.

Welcome to Colusa County Recovery, your virtual companion and online resource. We are your launchpad to hope, shared experiences, mutual empowerment, and essential recovery tools – all from the comfort and privacy of your own space.”

**Text/Call:** (530) 845-2364

**Email:** [colusacountyrecovery@gmail.com](mailto:colusacountyrecovery@gmail.com)

**Website:**

<https://www.colusacountyrecovery.com/>

Last Verified On: 07/22/2025