

PLUMAS COUNTY CHILDREN & FAMILY RESOURCES

CAR SEAT PROGRAM

OTS - Who's Got Car Seats

"The following directory, mandated by SB 1073 (Chapter 1223, Statutes of 1991), and SB 503 (Chapter 512, Statutes of 1995), was designed as a first step in complying with Vehicle Code Section 27360 which requires local health departments to provide municipal courts with the listing of all local low-cost car seat programs."

Contact: (916) 509-3030

Website: <https://www.ots.ca.gov/whos-got-car-seat/>

Last Verified On: 01/13/2026



CHILD DEVELOPMENT RESOURCE

First 5

"The First 5 Plumas and partnering grantees work to ensure Plumas County children have the best start in their first 5 years of life."

Contact: (530) 394-7016

Location: 270 Hospital Rd Suite 206 Quincy, CA 95971

Website: www.first5plumas.org

Last Verified On: 01/13/2026

Plumas Stars - Plumas Rural Services

"Supports individuals and agencies providing early learning and care to children. Serves Plumas County residents. Provides resources on website including: Free online development screening - Ages and stages questionnaire Resources and links for parents and providers."

Contact: (530) 283-4453

Website: <http://www.plumasstars.org>

Last Verified On: 01/13/2026

Plumas Rural Services – Early Head Start Resource Center

"Service that provides resources and support to families with infants and toddlers age birth to three who are, or may be at risk, for disabilities or developmental delays."

Location: 711 East Main Street, Quincy, CA 95971

Website: <https://plumasruralservices.org/early-start>

Contact: (530) 283-2735

Last Verified On: 01/13/2026

Sierra Cascade Family Opportunities – Head Start

"Sierra Cascade Family Opportunities provides free high quality child development services."

Contact: (800) 404-1242

Website:

<https://www.facebook.com/headstart4u.org/>

Last Verified On: 01/13/2026

CHILDCARE RESOURCES

Plumas Rural Services – Child Care Resource & Referral

“This is a county-wide child care information and referral program.”

Location: 711 East Main Street, Quincy, CA 95971

Website: <https://plumasruralservices.org/Child-Care-Resource-Referral>

Contact: (530) 283-4453

Last Verified On: 01/13/2026

DIAPER RESOURCES

211 – California

“No matter the situation, the specialists at 211 listen, identify underlying problems, and connect people in need with resources and services in their community that improve their lives. In 2023, **2,500** 211 Call Specialist across the U.S. responded to more than 15 million requests for help averaging 42,000 calls, texts, emails, and web chats each day.”

Contact: Call 2-1-1 or (866) 916-3566

Website: <https://211.org/>

Last Verified: 01/20/2026

Plumas County Office of Education and Plumas Unified School District

“Mission: To collectively educate, nurture, prepare, and inspire all students every day.”

Location: 50 Church St., Quincy, CA 95971

Contact: (530) 283-6500

Website: <https://www.pcoe.k12.ca.us/>

Last Verified On: 01/11/2026

FAMILY RESOURCE CENTERS

Plumas Rural Services – Family Empowerment Center

“This service provides information, training, support and advocacy to parents and guardians of children and young adults with ANY disability in Lassen, Modoc, Plumas and Sierra Counties.”

Location: 711 East Main Street, Quincy, CA 95971

Website:

<https://plumasruralservices.org/Family-Empowerment-Center>

Contact: (530) 283-2735 ext. 880

Last Verified On: 01/13/2026

FINANCIAL ASSISTANCE RESOURCES

Andrew McDonough B+ Foundation Family Assistance Program

“Helping Families of Children under the age of 21 with cancer. The B+ Foundation Family Assistance Program gives qualified families money for expenses that are attributable to their child’s cancer diagnosis. The goal of the program is to lessen the financial burden so families can focus on helping their children get well.”

Contact: (302) 563-8389

Website: <https://bepositive.org/need-help/>

Last Verified On: 01/13/2026

California ALL

“If you have been financially affected by COVID-19, you may be eligible for: Unemployment Insurance, Eviction Protection, Mortgage Relief, Food Assistance and No credit score changes.”

Contact: (833) 422-4255

Website: <https://covid19.ca.gov/get-financial-help/>

Last Verified On: 01/13/2026

Plumas County Dept. of Social Services

“Our pledge is to provide services courteously and professionally. We will be respectful, compassionate, supportive, and impartial. Efficiency, integrity, and respect for individual dignity will govern how we deliver services to Plumas County citizens.”

Location: 270 County Hospital Road Suite 207., Quincy, CA 95971

Contact: (530) 283-6350

Website:

<https://www.plumascounty.us/94/Social-Services>

Last Verified On: 01/13/2026

CaKIDS

“The California Kids Investment and Development Savings Program (CaKIDS) was launched in 2022 by the State of California with a clear mission: make it easier for more children to save for their future education. Administered by the ScholarShare Investment Board, CaKIDS takes the initiative by automatically offering newborns and eligible low-income public school children in California an initial seed deposit, along with other potential financial incentives. This ensures that they can start their college and career savings journey right from the beginning.”

Contact: (888) 445-2377, Monday-Friday, 8:00am – 5:00pm PST

Website: <https://calkids.org/>

Confirm Eligibility: <https://calkids.org/get-started/>

Claim CaKIDS Account:

<https://calkids.outcometracker.app/p/CalKids/calkids/registration/>

Last Verified On: 01/13/2026

FOSTER CARE & KINSHIP SUPPORT SERVICES

Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website: <https://www.cal-furs.org/>

(Spanish) Sitio Web:

<https://www.cdss.ca.gov/Portals/9/Child-Welfare-Programs/Foster-Care/FURs/FURS-Hotline-Flyer-Youth-SP.pdf>

Last Verified On: 01/13/2026

HOME VISITING PROGRAMS

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LEGAL SERVICES

Parentage Opportunity Program

“The Parentage Opportunity Program offers eligible parents the opportunity to establish a legal parent-child relationship free of charge by signing and filing a Voluntary Declaration of Parentage. The Program is only one of two ways to legally establish parentage, and the program significantly decreases the time and money required to establish legal parentage through the lengthy and expensive court process.”

Contact: (916) 464-1982

Website: <https://parentage.dcss.ca.gov/>

Last Verified On: 01/13/2026

MENTAL HEALTH RESOURCES

Carelon Behavioral Health (formerly Beacon)

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 01/13/2026

Cal HOPE Warm Line

“Feeling stressed by Covid-19? Help is just a phone call away! Cal HOPE builds community resiliency and helps people recover from disasters through free outreach, crisis counseling, and support services.”

Contact: (833) 317-HOPE (4673)

Website:

<https://www.calhope.org/pages/current-services.aspx>

Last Verified On: 01/13/2026

BrightLife Kids (CalHOPE)

“Our expert coaches help kids navigate everything from sleep to screen time to separation anxiety — and help boost your confidence with resources for parents, too.”

Contact: (888) 275-5357

Website: <https://www.hellobrightline.com/ca-families/>

Last Verified On: 01/13/2026



PLUMAS COUNTY CHILDREN & FAMILY RESOURCES

PET ASSISTANCE

Brown Dog Foundations

“The Brown Dog Foundation provides financial assistance to pet owners in temporary financial crisis whose pet faces a treatable, but life-threatening condition or illness.”

Contact: grants@browndogfoundation.org

Website: <http://www.browndogfoundation.org/>

Last Verified On: 01/13/2026

Canine Companions for Independence®

“We unite people with dogs in a powerful program that leads to greater independence and confidence.”

Contact: (800) 572-2275

Form: <http://www.cci.org/assistance-dogs/is-a-dog-right-for-you.html>

Email: info@cci.org

Website: <https://canine.org/>

Last Verified On: 01/13/2026

CDSS Assistance Dog Special Allowance Program

“The California Department of Social Services offers the Assistance Dog Special Allowance, which provides a monthly stipend of \$50 to eligible people who use a guide, service, or signal dog. The allowance is to help cover the food, grooming, and health costs of the dog.”

Contact: 916-657-2628

Website:

<https://www.cdss.ca.gov/cdssweb/entres/forms/english/pub294.pdf>

Last Verified On: 01/13/2026

WOMEN, INFANTS, & CHILDREN PROGRAM (WIC)

Plumas County WIC – Quincy

“WIC provides benefits to access healthy foods, nutrition education and tips, breastfeeding support, health care referrals and community information. WIC helps your family eat well, be active, and stay healthy.”

Location: 711 E Main St, Quincy, CA 95971

Contact: (530) 283-4093

Website:

<https://plumasruralservices.org/women-infants-children>

State Website:

<https://www.myfamily.wic.ca.gov/>

Last Verified On: 01/13/2026