

SHASTA COUNTY CHILDREN & FAMILY RESOURCES

CAR SEAT PROGRAM

OTS - Who's Got Car Seats

"The following directory, mandated by SB 1073 (Chapter 1223, Statutes of 1991), and SB 503 (Chapter 512, Statutes of 1995), was designed as a first step in complying with Vehicle Code Section 27360 which requires local health departments to provide municipal courts with the listing of all local low-cost car seat programs."

Contact: (916) 509-3030

Website: <https://www.ots.ca.gov/whos-got-car-seat/>

Last Verified On: 01/13/2026



CHILD DEVELOPMENT RESOURCES

Help Me Grow Shasta County

"Help Me Grow is a free service for you and the families you serve with children from birth to age eight. Help Me Grow can assist you by locating the appropriate, non-medical services that meet the individualized needs of children and their families."

Contact: 2-1-1

Website: <https://www.helpmegrowshasta.com/>

Last Verified On: 01/13/2026

Shasta Head Start

Shasta Head Start is dedicated to making a positive difference in the lives of young children, one family at a time. We provide opportunities for education, parenting support and resources to families in our communities."

Website:

<https://www.shastahadstart.org/centers--sites.html>

Last Verified On: 01/13/2026

Rowell Family Empowerment

"Empowering people with diverse abilities, and their families, to successfully navigate the systems that serve them and to empower them to self-advocate, by providing support, information and training."

Location: 3330 Churn Creek Rd. Suite A-1
Redding, CA 96002

Contact: (530) 226-5129

Website: <https://rfenc.org/>

Last Verified On: 01/13/2026

CHILDCARE RESOURCES

Shasta County Office of Education – Resource and Referral

“Shasta County Resource and Referral is here to assist in your child care evaluation.”

Location: 43 Hilltop Drive
Redding, CA 96003

Contact: (530) 225-2999

Website:

<https://www.shastacoe.org/instructional-services-division/early-childhood-services-department/family-community-support-services/resource-and-referral>

Last Verified On: 01/13/2026

DIAPER RESOURCES

211 – California

“No matter the situation, the specialists at 211 listen, identify underlying problems, and connect people in need with resources and services in their community that improve their lives. In 2023, **2,500** 211 Call Specialist across the U.S. responded to more than 15 million requests for help averaging 42,000 calls, texts, emails, and web chats each day.”

Contact: Call 2-1-1 or (866) 916-3566

Website: <https://211.org/>

Last Verified: 01/20/2026

Shasta County Office of Education

“To be leaders in educational excellence, offering support to schools and community to ensure Shasta County students receive a quality education preparing them for high school graduation and success in career and college.”

Location: 1644 Magnolia Ave., Redding, CA 96001

Contact: (530) 225-0200

Website: <https://www.shastacoe.org/>

Last Verified On: 01/11/2026

SHASTA COUNTY CHILDREN & FAMILY RESOURCES

FAMILY RESOURCE CENTERS

Martin Luther King Jr. Center (MLK)

“Empowering youth through programs that cultivate moral, community and intellectual development.”

Location: 1815 Sheridan Street
Redding, CA 96001

Contact: (530) 225-4375

Website:

<https://www.cityofredding.org/departments/park-s-recreation/mlk-jr-center>

Last Verified On: 01/13/2026

Pathways to Hope for Children Parent Partner Program

“The Parent Partner Programs help link families with needed resources, support and advocacy.”

Location: 2280 Benton Drive, Building C
Redding, CA 96003

Contact: (530) 242-2020

Website: <https://hopeshasta.org/parent-partner-programs/>

Last Verified On: 01/13/2026

Tri County Community Network

“Dedicated to providing programs and services to help the people of Eastern Shasta County.”

Location: 37477 Main Street
Burney, CA 96013

Contact: (530) 335-4600

Website: <http://www.burneytccn.org/>

Last Verified On: 01/13/2026

Youth & Family Programs

“Provides programs for foster youth and their families. Services include: Foster care licensing, placement, and support services, an Independent Living Program for foster youth ages 16-21 and Transitional Housing Placement and support services for foster youth ages 18-21.”

Location: 2770 Pioneer Drive
Redding, CA 96001

Contact: (530) 365-9197

Toll Free: (888) 893-9197

Website: <https://www.ncyfp.org/>

Last Verified On: 01/13/2026

FINANCIAL ASSISTANCE RESOURCES

Andrew McDonough B+ Foundation Family Assistance Program

“Helping Families of Children under the age of 21 with cancer. The B+ Foundation Family Assistance Program gives qualified families money for expenses that are attributable to their child’s cancer diagnosis. The goal of the program is to lessen the financial burden so families can focus on helping their children get well.”

Contact: (302) 563-8389

Website: <https://bepositive.org/need-help/>

Last Verified On: 01/13/2026

California ALL

“If you have been financially affected by COVID-19, you may be eligible for: Unemployment Insurance, Eviction Protection, Mortgage Relief, Food Assistance and No credit score changes.”

Contact: (833) 422-4255

Website: <https://covid19.ca.gov/get-financial-help/>

Last Verified On: 01/13/2026



SHASTA COUNTY CHILDREN & FAMILY RESOURCES

FINANCIAL ASSISTANCE RESOURCES, Continued

CalKIDS

“The California Kids Investment and Development Savings Program (CalKIDS) was launched in 2022 by the State of California with a clear mission: make it easier for more children to save for their future education. Administered by the ScholarShare Investment Board, CalKIDS takes the initiative by automatically offering newborns and eligible low-income public school children in California an initial seed deposit, along with other potential financial incentives. This ensures that they can start their college and career savings journey right from the beginning.”

Contact: (888) 445-2377, Monday-Friday, 8:00am – 5:00pm PST

Website: <https://calkids.org/>

Confirm Eligibility: <https://calkids.org/get-started/>

Claim CalKIDS Account:

<https://calkids.outcometracker.app/p/CalKids/calkids/registration/>

Last Verified On: 01/13/2026

PG&E Medical Baseline Program

“Assistance program for residential customers who depend on power for certain medical and independent living needs.”

Contact: (800) 743-5000

Website:

<https://www.pge.com/medicalbaseline>

Last Verified On: 01/13/2026

MENTAL HEALTH RESOURCES

CalHOPE Warm Line

“Feeling stressed by Covid-19? Help is just a phone call away! CalHOPE builds community resiliency and helps people recover from disasters through free outreach, crisis counseling, and support services.”

Contact: (833) 317-HOPE (4673)

Website:

<https://www.calhope.org/pages/current-services.aspx>

Last Verified On: 01/13/2026

Carelon Behavioral Health

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 01/13/2026

NAMI Helpline

“Education, support and advocacy for families & individuals affected by the challenges of living with mental illness.”

Contact: (800) 950-6264

Text: NAMI to 741741

Website: <https://www.nami.org/>

Last Verified On: 02/06/2025



SHASTA COUNTY CHILDREN & FAMILY RESOURCES

FOSTER CARE & KINSHIP SUPPORT SERVICES

EA Family Services – Foster Family Agency

“We offer a variety of services and referrals to support and educate foster families and group home representatives, as well as the youth in their care.”

Location: 1138 Shasta Street
Redding, Ca. 96001

Contact: (530) 242-1115

Website: <https://www.ea.org/>

Last Verified On: 01/13/2026

Youth & Family Programs

“Provides programs for foster youth and their families. Services include:
Foster care licensing, placement, and support services, an Independent Living Program for foster youth ages 16-21.”

Location: 2770 Pioneer Drive
Redding, CA 96001

Contact: (530) 365-9197

Toll Free: (888) 893-9197

Website: <https://www.ncyfp.org/>

Last Verified On: 01/13/2026

HOME VISITING PROGRAMS

Healthy Families Shasta County

“Healthy Families Shasta is the nationally recognized, evidence-based home visiting program that builds a strong foundation for safe and secure relationships between caregiver and child, maximizing opportunities for all children to reach their full potential. Healthy Families Shasta can provide a home visitor to support any pregnant or parenting families who are NOT eligible for NFP.”

Contact: (530) 247-3312

Email: lharrison@nvcss.org

To Self-Refer: <https://nvcss.org/shasta-baby-steps-questionnaire/>

Website: <https://nvcss.org/programs/healthy-families-shasta/>

Last Verified On: 01/13/2026

Parent Partners

“Family Resource Parent Partners are available for home visiting and walk-in services for any family in Shasta County.”

Location: 2280 Benton Dr. Suite B
Redding, CA 96001

Contact: (530) 241-5816

Website: <https://hopeshasta.org/parent-partners-programs/>

Last Verified On: 01/13/2026

Nurse Family Partnership

“Nurse-Family Partnership is a free home visiting program that partners nurses with first-time moms early in their pregnancy.”

Contact: (530) 225-5394

Website: <https://www.shastacounty.gov/health-human-services/page/nurse-family-partnership-nfp>

Last Verified On: 01/13/2026

PET ASSISTANCE

Brown Dog Foundations

“The Brown Dog Foundation provides financial assistance to pet owners in temporary financial crisis whose pet faces a treatable, but life-threatening condition or illness.”

Contact: Email

grants@browndogfoundation.org

Website: <http://www.browndogfoundation.org/>

Last Verified On: 01/13/2026

Canine Companions for Independence®

“We unite people with dogs in a powerful program that leads to greater independence and confidence.”

Contact: (800) 572-2275

Form: <http://www.cci.org/assistance-dogs/is-a-dog-right-for-you.html>

Email: info@cci.org

Website: <https://canine.org/>

Last Verified On: 01/13/2026

CDSS Assistance Dog Special Allowance Program

“The California Department of Social Services offers the Assistance Dog Special Allowance, which provides a monthly stipend of \$50 to eligible people who use a guide, service, or signal dog. The allowance is to help cover the food, grooming, and health costs of the dog.”

Contact: 916-657-2628

Website:

<https://www.cdss.ca.gov/cdssweb/entres/forms/english/pub294.pdf>

Last Verified On: 01/13/2026

SUPPORT SERVICES

Bridges to Success

“Bridges to Success has created several, free online groups to help ease tension and make parenting easier during Shelter in Place..”

Contact: (530) 225-0350

Website:

<https://www.shastacoe.org/programs-services/bridges-to-success>

Last Verified On: 01/13/2026

Family Dynamics

“Provides positive parent education and interventions; to help strengthen the bonds between parents and children.”

Location: 3657 Ricardo Ave.

Redding, CA 96002

Contact: (530) 242-9007

Website: <https://familydynamics.info/>

Last Verified On: 01/13/2026

Rowell Family Empowerment

“Empowering people with diverse abilities, and their families, to successfully navigate the systems that serve them and to empower them to self-advocate, by providing support, information and training to parents so they can make informed decisions to support their child.”

Location: 3330 Churn Creek Rd. Suite A-1

Redding, CA 96002

Contact: (530) 226-5129

Website: <https://rfenc.org/>

Last Verified On: 01/13/2026

TAPP Teen Pregnancy & Parenting Program

“The program helps you see what is positive in your life. Working with your case manager, you will focus on your strengths, explore your values and set goals for your life. The program offers challenging and interesting activities where you explore what is important to you.”

North Valley Catholic Social Services

Location: 2400 Washington Avenue

Redding, CA 96001

Contact: (530) 247-3329

Website: <https://nvcss.org/programs/tapp-teen-services/>

Last Verified On: 01/13/2026

Parentage Opportunity Program

“The Parentage Opportunity Program offers eligible parents the opportunity to establish a legal parent-child relationship free of charge by signing and filing a Voluntary Declaration of Parentage. The Program is only one of two ways to legally establish parentage, and the program significantly decreases the time and money required to establish legal parentage through the lengthy and expensive court process.”

Contact: (916) 464-1982

Website: <https://parentage.dcss.ca.gov/>

Last Verified On: 01/13/2026

BrightLife Kids (CalHOPE)

“Personalized support for California families. Kids ages 0–12 get free, expert coaching for sleep issues, worry, social skills, and more. Live, 1:1 video sessions, secure chat, on-demand content, and more.”

Contact: (888)275-5357

Website:

<https://www.hellobrightline.com/brightlifekids/>

Last Verified On: 01/13/2026

WOMEN, INFANTS, & CHILDREN PROGRAM (WIC)

Shasta County WIC

“The Shasta County WIC program helps families eat well, stay healthy, and be active. If you are pregnant or have a child under 5, you may be eligible to receive: healthy, no cost foods, nutrition education for you and your family, referrals to community services, breastfeeding information and support.”

Contact: (530) 225-5168, or (530) 224-4200

Text: (888) 424-6499

Email: shastawic@shastacounty.gov

Website: <https://www.shastacounty.gov/health-human-services/page/women-infants-children-wic>

State Website: <https://www.myfamily.wic.ca.gov/>

Last Verified On: 01/13/2026

Redding WIC Office

Location: 2757 Churn Creek Road, Suite C
Redding, CA 96002

Contact: (530) 224-4200

Last Verified On: 01/13/2026

Anderson WIC Office

Location: 2889 East Center Street, Suite 102,
Anderson, CA 96007

Contact: (530) 225-5168, or (530) 225-3715

Last Verified On: 01/13/2026

Burney WIC Office

Location: 36911 Main Street, Burney, CA
96013

Contact: (530) 335-5576

Last Verified On: 01/13/2026